



Kol Nidre Campaign 5785

There is nothing more ubiquitous in Jewish tradition than the mezuzah, marking the doorpost of a Jewish home. In our comings and goings, it reminds us daily of the covenant we have with G-d and that G-d watches over, protects, and blesses us.

In addition to the mezuzot on the doorposts of the Forest Hills Jewish Center, above our main doors is the verse, וְעָשׂוּ לִי מִקְדָּשׁ וְשָׁכַנְתִּי בְתוֹכָם, G-d's commandment that we build for G-d a sanctuary and G-d will dwell among us.

Our shul and this community, which we and generations before us built and sustain, have been and continue to be a place where G-d dwells – where our prayers ascend to Heaven and where we are blessed by the embrace of a caring community.

Like the mezuzah, we, too, can be a source of blessings for our families, friends, and neighbors by strengthening FHJC so that it can continue to serve our spiritual, social, and educational needs and be a place where G-d dwells among us and within us.

Please give generously to the Kol Nidre Appeal.

We wish you all a sweet new year and the blessings of good health, happiness, prosperity, and peace.

שנה טובה ומתוקה

Gary Kerzner, President

And the members of the Executive Board:

Debra Bochner, Preston Forman, Mitchell Frank, Howard Pollack, and Suzanne Vick, and Zach Wichter

FHJC Kol Nidre Appeal

 Donate with PayPal

Donate with Debit or Credit Card

DAVEN AND DINE FRIDAY, SEPTEMBER 13

Join your FHJC family and friends as we welcome Shabbat together. Then enjoy a chicken 'n' fixin's dinner, followed by sweets and songs!

Cost: \$30/adults; \$20/child (ages 6-18);

Children up to age 5 – free!

Maximum Family Charge: \$75

RSVP by September 8

RSVP

Questions? Email

Debra Weil



FROM THE RABBI'S STUDY

Rabbi Daniel Graber

Get ready, 'cause here it comes!

Shalom friends,

Judaism has a lot of books! These include of course the Torah, the Talmud, the works of midrash, and codes of *halakha* (Jewish law). The Jewish books we hold most often, though, are our prayer books. The prayer book we use day to day and week to week is the Siddur, whose name derives from the order (*seider*) that the prayers have been carefully arranged into for regular use. As we head into Autumn and the approaching High Holidays that start the Jewish year, we will take out the Machzor, our prayer book specifically for these important days.

The word *Machzor* means "cycle" and comes from the Hebrew root ח-ז-ח, which means "to return." Originally, *machzorim* included services for every day of the year's calendrical cycle, which is the source of their name. There are machzorim for Pesach and Sukkot, but the Rosh Hashanah and Yom Kippur prayer book is the one that has earned the title *Machzor* in the popular imagination. It may be due to the Hebrew calendar starting at Rosh Hashanah setting off the cycle of the year, but I think there's a deeper connection.

In another important Jewish book, the *Shulchan Aruch*, it states that one should review the prayers before the holidays so that they will be fluent on your tongue (O.H. 100). "To review" comes from the same Hebrew root as machzor. It's not hard to understand why one needed to brush up on the prayers said only once a year in a world with few printed books and most prayers recited from memory. By spending some time before the holiday itself preparing, the words will be easier to remember and the Jew-with-review will hopefully have a strong connection on Yom Kippur.

Still, more than just a reminder of the words on the page, turning back to review the ideas of repentance and sacred reflection are core themes of our holiest days. We look back at the year and evaluate where we succeeded in being our best selves, and where we missed the mark. We review who we aim to be, where we are on our path to get there, and return our focus and commitment to necessary self-refinement. By doing so, we are *chozrim biTshuvah*, those who return through repentance.

While we no longer require the time to review the liturgy thanks to the printing press, there is still a need and benefit to putting in some prep time for the holidays, even when you're not the rabbi. The spiritual uplift and moral course-correction which we strive for this time of year is aided by the Hazzan's powerful melodies, the Rabbi's sermon, and the sounding of the shofar, but there is only so much that can be done from the outside when the process is internal. That is why many take time before Rosh Hashanah to contact friends, family, and even enemies to apologize and make amends. It is why I encourage the soul-searching process or *cheshbon hanefesh*, which can include choosing character traits to focus on building or removing in the next year. It can be as simple as sitting and thinking, so long as we actually take the time to do it.

May the year ahead of us be one of peace for the Jewish people and the world! My children and I wish you a happy, healthy, and sweet new year!

Bivrachah - with blessings,
Rabbi Daniel A. Graber



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NOTES FROM THE HAZZAN

Hazzan Randall Levin

The most beloved liturgical poem of the High Holiday liturgy is without a doubt the well-known *Unetaneh Tokef* prayer, with its dramatic depiction of the Heavenly Court, with the Almighty serving as judge, arbiter, witness and scribe. Scholars note that this allegory reflects the three major themes of Rosh Hashanah liturgy: *Malchuyot*, *Zichronot*, and *Shofarot*, which are also the names of the three additional prayer structures that form the core of the Rosh Hashanah Musaf Amidah. These monumental collections of biblical verses and their surrounding benedictions are referred to collectively as Tekiata d'Rav, so-named after their author, the Talmudic sage "Rav" Abba Arikha. Though hearing the Shofar is most certainly a type of worship in and of itself, the "Blasts of Rav" offer another paradigm of worship. Within each of these additions there are three distinct forms of religious expression: the biblical verses themselves, opening and closing benedictions, and the piyyutim, or poetic verses, repeated at the end of each service. The theological explanations for these additions are commonly framed as three distinct ways to imagine God.

Inspired by my teacher Zvi Zahavy's book, *God's Favorite Prayers* (pun intended), I began to imagine these prayers as not only representative of God's divine attributes, but also as a representation of how we imagine ourselves and our relationship to God and to the Jewish people (In my recent studies I was pleased to learn that the medieval author Isaac Arama viewed the different shofar blasts themselves as representing different types of people!).

Within each of these miniature "services" are a myriad of opportunities for every "Jew in the pew" to approach God and Judaism. The opening

benedictions, *Alenu*, *Ata Zocher*, and *Ata Nigleta*, each provide a distinct portal to our Jewish identity. The first, *Malchuyot*, speaks for those whose relationship to Judaism is first and foremost theological in nature. The biblical verses of *Malchuyot* are preceded by *Alenu*, during which we prostrate ourselves to the one true God. The biblical verses themselves culminate with the ultimate expression of Jewish revelation, the *Sh'ma*, followed by a blessing that contains within it a formula that identifies this section as "*Kedushat Hayom*," the sanctification of the day, and concluding with "*melech al kol Ha'aretz, m'kadesh Yisrael v'yom HaZiKaron*," "King over all (of) the land who sanctifies Israel and the Day of Remembrance."

The second addition, *Zichronot*, has broad appeal for the observant and the cultural Jew. Its introduction, *Ata Zocher*, is an expansive exposition of the *Zichronot* verses, and for the High Holiday season as a whole. Remembrance here, though, foreshadows the upcoming Yom Kippur, and its associated rituals. This theme of remembering is indeed powerful, serving as a way in which we keep those we love, both living and deceased, close to us. We remember our fathers, mothers, grandparents, favorite aunts and childhood friends. We want our children to remember them, too. Jewishness is, for most of us, inextricably linked to our inner essence. Some of us also relate strongly through our personal and home observances, such as kashrut, and study -- those things that bind us to our ancestors. We also relate to Judaism through family simchas, food, books, and movies. The summation of the verses contained in the concluding benediction of

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JOIN US FOR TASHLIKH - Thursday, October 3

Please join your Forest Hills family and friends in the Rosh Hashanah tradition of *Tashlikh* in the late afternoon after services on the first day of Rosh Hashanah, Thursday, October 3rd at 5:15 PM.

Tashlikh takes us outdoors into the realm of nature as we take part in the symbolic ritual of casting off our regrets from the previous year and looking forward to the New Year. *Tashlikh* takes place by a body of water where we throw away breadcrumbs to symbolize our sins.

We will meet at Flushing Meadows Park, right off Jewel Avenue. This is a wonderful event for all ages and especially for families.



FROM THE PRESIDENT

Gary Kerzner

The year 5784 was very eventful for us Jews – many would say too eventful – and there's a great deal of anxiety as we prepare for 5785. Rae and I were fortunate to be able to visit family and friends in Israel in July and we heard and felt some of the trauma the country is experiencing. On the one hand, while walking through Jerusalem, there was little to indicate a war was being fought not far away. Shops were open, plenty of people were on the streets, in buses and on the light rail, museums and tourist sites were busy. On the other hand, posters of the captives were everywhere, along with what seems to be the new national slogan: **יחד ננצח** – together we will win. It's a wonderful concept and applies equally well for American Jews.

My nephews live in Tel Aviv. Rae's college buddies live in Haifa, Jerusalem and Ma'ale Adumim. Yet Israel is a small country, and everyone knows someone who's on active duty or has just returned from duty. Everyone also knows someone who was caught up in the horror Hamas brought about in October. Their heartbreak is intense and enduring and will not have any measure of relief until every last captive has been brought home. I regret that we weren't able to visit some of the organizations that are doing so much to help ease the suffering of families who lost loved ones, such as OneFamily and Zaka, but we were given a tour of Magen

David Adom's new National Blood Center in Ramla. The word impressive doesn't do justice to this incredible national asset that stores a huge number of units of whole blood, platelets and serum of many different types, along with associated medical supplies, deep underground, for emergencies.

The need to prepare for eventual war with Hezbollah while assisting the many people who had to abandon their homes in the north is a very perceptible undercurrent in Israeli society and causes much pain and uncertainty. The solidarity of the nation is being tested as never before but will triumph.

Going into this High Holiday season we have especially poignant reasons to pray – for ourselves and all our family in Israel. And we have an equally urgent need to make peace between us, remove any divisions and resolve petty issues. Let us continue to make the Forest Hills Jewish Center a true center where all Jews are welcomed warmly and made to feel part of the community so that we, too, can say **יחד ננצח**!

I look forward to greeting each of you and wishing you a Shanah Tova, a year of peace and good health, in which all of our prayers are answered.

Gary Kerzner
FHJC President



Happy, healthy and sweet
NEW YEAR 5785



Rabbi Daniel Graber, Zev & Sivan

Hazzan Randall and Emily Levin,
Henry & Michael

Rabbi Gerald and Robin Skolnik,
Rabbi Hillel and Rabbi Sharon Barr Skolnik,
and Dafna, Liav and Hadar,
Rabbi Yonatan Warren and Leora Skolnik,
and Calanit and Meirav,
Talya Skolnik and Adam Dicterow,
Matan Skolnik

Anna Grosz, Michelle, Alan, Rachel and
Daniel and Diane and Michael, Max,
Rebecca, Nathan and Noah
and Kenneth, Andrea and Lauren



President: Gary and Rae Kerzner

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Gregor, Dan, Rachel, Violet and Miri

Director Religious School: Silvia and Rabbi
Manes Kogan, Daniela, Ilan & Abby

Director of Early Childhood Education: Lynn
and Michael Fisher, Zoe and Zachary

Office Manager: Laurie and Roy Worthman,
Michael, Courtney and Miles



RELIGIOUS SCHOOL UPDATES

Silvia Kogan

I am thrilled to be joining The Forest Hills Jewish Center community as the incoming Director of its Religious School. This past July marked 18 years since my family and I arrived in NY and settled in Jamaica Estates. After working 17 years in Long Island, I can say I'm coming back home!

I bring with me more than 30 years of experience in educational leadership, having previously served as an educator in Jewish Day Schools, early childhood, religious schools and community/family engagement settings. Throughout my career, I have been dedicated to building and maintaining a vibrant and engaged community rooted in Jewish values, project-based learning, integrating Torah values into daily life along with a deep love and commitment to Israel, the Hebrew language, and the Jewish people. What constitutes a quality education? In an AI era, where we can find all our answers, literally, in the palm of our hand, what will be the goal of the school?

If we define a school and its educators only as a way to teach facts and information, that type of school and those types of educators have already been replaced by robots. If instead, we think of the school and its educators as a vehicle by which we can develop relationships and conduct interactive experiences, no AI robot will be able to replace them!

One of the things we learned from the past years of COVID and its mandatory Zoom classes, is that all 5 senses are critical parts of human relationships and experiences and it's impossible to replicate the sensory environment of a classroom using just vision and hearing. The senses not only play a role in how we experience the world; they are also linked to memory and retention. To reach this goal, we plan, as always, a year full of hands-on experiences and project-based learning.

As we are about to start a new journey together at FHJC, I would like to emphasize that the ever-important goal of the school in the twenty-first century is to guide and help the children to build their identity, their sense of self and to foster a school atmosphere that ignites a desire to learn and explore Judaism in all its forms. Partnership between school and home is a key success for an impactful Jewish education.

One of our greatest teachers, Rabbi Samson Raphael Hirsch said: "The home can do little without the school, but the school can do nothing without the home."

It takes a community to provide our children with a meaningful Jewish education that connects them to the rich tapestry of Jewish tradition. By choosing to give your children the gift of Jewish education at FHJC, you have made the significant decision to be part of a vibrant, collaborative community. Here, Judaism becomes more than just a tradition—it becomes an integral part of your family's unfolding story, enriched by the connections and shared experiences of our community. I look forward to working with each of you to continue fostering a nurturing, innovative, and academically excellent Jewish environment for our students.

Please feel free to reach out to me directly at skogan@fhjc.org with any questions, concerns, or simply to introduce yourself.

Thank you for welcoming me into the FHJC family. I'm looking forward to starting this journey with you.

Have a healthy and sweet New Year!
L'Shana Tova u'metuka

Silvia Kogan
FHJC Religious School Director



FHJC BIKUR CHOLIM

Bikur Cholim is very busy making phone calls, visiting some members in hospitals and rehabs, emailing and sending cards. If you feel someone needs to get a call from me or our clergy or a committee member let me know.

Debbie Bochner, Committee Chair Debbiebochner@gmail.com
If you would like to have someone on the misheberach list please call Laurie Worthman in the Center office 718-263-7000





NEWS FROM NURSERY SCHOOL

Lynn Fisher

As we are on the cusp of a new school year, and with the Jewish New Year approaching, I find myself reflecting on the incredible journey that lies ahead for our littlest learners. The start of a new school year always brings a sense of renewal and excitement, much like the anticipation of Rosh Hashanah. It's a time for fresh beginnings, new opportunities, and the chance to grow in so many ways.

In our Early Childhood program, we place a significant emphasis on social-emotional development, which I believe is just as critical as academic growth. As our littlest learners navigate their first experiences in a structured educational environment, they are not just learning colors and shapes—they are learning how to be kind, how to share, how to express their feelings, and how to be resilient in the face of challenges. These skills are the foundation upon which their future success is built.

One of the unique aspects of our program is the opportunity for children to grow as leaders within their peer group. The role of a leader is incredibly beneficial, as it allows the child to thrive by guiding and helping their peers while learning the importance of empathy, responsibility, and teamwork—values that are deeply rooted in our Jewish tradition.

Our incredible educators are committed to fostering a lifelong love of learning in each child. Our approach is holistic, focusing not just on what children learn but also on how they learn to navigate relationships, build resilience, and develop a strong sense of self. These early years are critical in shaping who they will become, and our program is designed to support them every step of the way.

As we prepare for the Jewish New Year, I encourage you to think about our early childhood educators as they support our children in their growth. As we engage in reflection and renewal during Rosh Hashanah, we also help our children reflect on their own experiences, learn from them, and grow. Together, as a community, we can nurture our children's spirits, minds, and hearts.

I am excited for the year ahead and the many opportunities it will bring for our staff, children, and families to reflect on our shared experiences, grow together, and continue building a strong, supportive community.

Shanah Tovah.

Lynn Fisher

Director of Early Childhood Education

SCHEDULE OF SERVICES

CHAGGIM

THE HIGH HOLIDAYS

ROSH HASHANAH:

Erev Rosh Hashanah, Wednesday evening, October 2:

6:00 PM, Little Synagogue

Rosh Hashanah Day One, Thursday, October 3:

8:30 AM, Main Sanctuary; 5:15 PM Tashlikh (Jewel Ave.)

6:45 PM, Minha; 7:15 PM Ma'ariv

Rosh Hashanah Day Two, Friday, October 4

8:30 AM, Main Sanctuary;

6:14 PM Shabbat Candles; 5:45 PM Minha/ Kabbalat Shabbat

KOL NIDRE AND YOM KIPPUR:

2:00 PM, Mincha; Little Synagogue

Kol Nidre, Friday October 11:

5:45 PM, Main Sanctuary

Yom Kippur, Shabbat, October 12:

9:00 AM; 4:10 PM, Main Sanctuary

Erev Sukkot

Wednesday, October 16

5:30 PM, Little Synagogue

First Day Sukkot

Thursday, October 17

9:00 AM, Main Sanctuary

6:30 PM, Little Synagogue

Second Day Sukkot

Friday, October 18

9:00 AM, Main Sanctuary

5:30pm Minha & Maariv/Shabbat

Hoshanah Rabbah

Wednesday, October 23

6:30 AM, Little Synagogue

Erev Shmini Atzeret

Wednesday, October 23

5:30 PM, Little Synagogue

Shmini Atzeret

Thursday, October 24

9:00 AM, Main Sanctuary (with Yizkor)

6:30 PM Minha

Erev Simchat Torah

Thursday, October 24

7:00 PM, Outdoor Hakkafot

Simchat Torah

Friday, October 25

9:00 AM, Main Sanctuary

5:30 PM, Minha / Kabbalat Shabbat



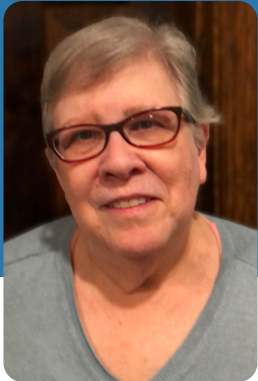
Debra Bochner, VP Education

On September 8th at 9 AM there will be a Meet and Greet bagel breakfast to meet Silvia Kogan and an opportunity to also meet Rabbi Graber.

Our Early Childhood families will gather at Cunningham Park from 3 -5 PM for the Annual Back to School Picnic, Lynn Fisher, Director of Early Childhood, and her amazing staff have planned wonderful, fun programs for everyone.

We also have terrific shul programs for children, monthly on Friday evenings and every Shabbat morning. See our website www.fhjc.org and e-shabbat shalom for more information and please join us.

Debbie Bochner
VP of Education



ADULT EDUCATION

Judy Gostl
Azi Graeber
David Snyder

The Adult Education Committee at FHJC has been busy reaching out to members who enjoy teaching. We're excited to announce that we now have up to ten classes planned for this year, covering a wide range of topics. There's something for everyone! David, Azi, and Judy are finalizing the complete schedule which will be published in the next issue of the *Message* after the Yomim Tovim.

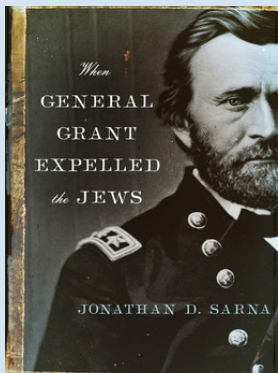
The History Readers Book Group will kick off the year with a discussion of *When General Grant Expelled the Jews* by Jonathan Sarna on Thursday, September 5, 2024, at 8:00 PM via Zoom. This group was formed based on suggestions from our members, so if you have any ideas, please reach out to us. We always welcome new ideas at FHJC Adult Education.

Additionally, Mitchell Frank has informed us that he will begin the year of study for the Hebrew Literature Group before the Yomim Tovim with a session on Thursday, September 19, at 5:00 PM. Keep an eye out for the flyer.

We wish everyone a happy, healthy, and sweet new year filled with learning at FHJC, and we pray for peace and the safe return of the hostages.

History Readers Book Club

Thursday, September 5, 2024 | 8:00 PM (ZOOM)



How General Grant Expelled the Jews by Jonathan Sarna

On December 17, 1862, just weeks before Lincoln announced the Emancipation Proclamation, General Grant issued the most notorious anti-Jewish order by a government official in American history.

Jonathan D. Sarna gives us the first complete account of this little-known episode.

Click [here](#) to receive the Zoom link.

SISTERHOOD

Debra Weil, Presiding Officer, September-October



"Summertime - and the living is easy" (as sung in George Gershwin's *Porgy and Bess*) - your FHJC Sisterhood doesn't DO easy! We have had a busy summer with our on-going Yoga and Pilates classes, Daytime Readers, and a trip to the Brooklyn Seltzer Museum (complete with egg creams!). We have also been busy planning for the upcoming year filled with programs for all ages and all interests. To start the new year please join us on Saturday morning, **September 7th** where our Sisterhood Board Members will have a Aliyah to celebrate the installation of our 5785 Board. Later that week, on **September 11th** join us in person or on-line for our annual Book Discussion facilitated by Gail Port. This year we are reading *The Matchmaker's Gift: A Novel* by Lynda Cohen Loigman. Do you worry about identity fraud and gift card scams? Robin Eichen will be presenting an informational program on **September 24** on Consumer Fraud: How to Recognize It and What To Do About It.

Daytime Readers returns on September 26th to discuss *The Women* by Kristen Hannah. Please look for information and sign-up information in our monthly Rosh Hodesh newsletter *The Blast*.

On October 4, 2023 at the Women's League International Board Meeting board members voted on our Torah Fund campaign theme for the 2024-2025 year - **Am Yisrael Chai**. How were we to know that just 3 days later, on October 7th, that theme would resonate for Jews all over the world. As we approach the beginning of this year's Torah Fund Campaign our new Am Yisrael Chai Torah Fund Pins will be arriving soon. These pins, designed and manufactured in Israel, are a perfect way to show support for Israel, for Torah Fund and all the important charitable work that Torah Fund supports. If you have donated at the Pin Level in the past (minimum \$180 - can be paid over time!) Sisterhood looks forward to your continued support; we will be distributing pins before Rosh Hashanah. For those who have not been Pin Recipients in the past - this is the year to show your support of Israel with this lovely pin. Please contact Debra Weil at Sisterhood@fhjc.org for information and to make sure we have a pin for you.



Sisterhood Book Discussion

**Wednesday, September 11, 2024
8:00 PM (In Person & ZOOM)**

Gail Port, Facilitator

Join us for a discussion of *The Matchmaker's Gift*, by Lynda Cohen Loigman. Is a granddaughter obligated to honor a grandmother's promises? Should she sacrifice a successful career to do so? And, is there really love at first sight?

This is a paid-up Sisterhood membership event. Guests: \$10.00 **Click [here](#) to RSVP.**



Let's share a Shabbat experience for tots - seven year-olds and families.

Songs, stories and tools to manage stress, build focus and foster gratitude with a goal to growing resilience and optimism in your child and your family.

**11:00 AM-12:00 PM
September 21, October 19
November 2, 16**

**Come Celebrate with Friends
Singing, dancing, praying & story telling with
Morah Riki.**

Shabbat treats and grape juice for all!

**11:00 AM-12:00 PM
September 14, 28, October 26
November 9, 23, December 14**



HEBREW LITERATURE GROUP

Mitchell Frank

The Hebrew Literature Group will resume meeting on Thursday, September 19th, at 5 pm on Zoom (link to be announced on listserv). In 5784 we responded to the events of October 7, 2023 with the theme, Hebrew Songs of Resistance and Hope, and looked at poems about the founding of modern Israel. In continuing to respond to the ongoing war, the theme for 5785 will be: Israeli Poems Written in Response to the Events of October 7th.

In the Hebrew Literature Group texts are read in Hebrew with English translation, and discussion is in English. Join us!

Mitchell Frank

Ohr-Li Judaica AT FHJC

Are you looking for the perfect wedding gift, engagement gift or something new for your Shabbat table?

Our very own **Ohr-Li Judaica Gift Shop** has just the right thing and now **EVERYTHING IS 50% OFF**

To purchase or for any questions, contact:
Debbie Bochner: debbiebochner@gmail.com



Join the Forest Hills Jewish Center Men's Club

for a fun-filled afternoon

Batting Cage & 18-Hole Mini-Golf

Sunday, September 22, 2024

1:30 PM

Five Towns Mini-Golf & Batting Range
Lawrence, NY

\$22/person (Max for a family - \$60)
Price includes pizza & water



Contact: Gary Weil
geedubs1953@gmail.com
646.206.8316

Hazzan, continued from page 3

Zichronot reference our ancestors coming out of slavery in Egypt. The closing section is a special b'racha to a God who, like us, remembers the covenant.

The opening of *Shofarot, Ata Nigleta*, also conjures up communal memory, peering far back into our past, recalling revelation at Sinai. In *Shofarot*, though, we are no longer considering only the past, but rather turning our gaze to the future. During much of the Diaspora, this was said to be the most popular of the three additions, as it related to freedom and the eventual return to the Promised Land, expressing a culmination of the two previous *Tekiatot*, and of our eventual salvation and redemption from exile. Now that a Jewish homeland has been realized, these verses are infused with new meaning, and these verses relate to our strong personal relationship with Israel, and our sense of Jewish unity. Being a "*Shofarot Jew*" does not limit our identity to the cause of Israel. *Shofarot* calls upon us to take action, both in our community and also in the world at large; a clarion call to right the injustices of the world, and to stand up for those who cannot stand up for themselves, including our brethren here at home and in Israel. The uplifting nature of *Shofarot* culminates with a blessing not only to a God who hears our *Shofar*, but one who hears our *Shofar*, *b'rachamim*, in mercy.

Whether your connection to Judaism is theological, cultural, or redemptive, ultimately, we may be called upon at any moment to embrace any (or all of) the three. May the coming season be a time of reflection, transformation, and joy for us all.

Emily, Henry, Michael and I wish you a *Shana Tova Umetukah*, a happy and sweet New Year!

Hazzan Randall Levin



Selichot

Join FHJC on Saturday night,
September 28th, at 9:30pm
for Havdalah, learning with Rabbi Graber,
and the Selichot service

The Selichot service inaugurates the High Holiday season in the spirit of introspection and *t'shuvah*.

Please join us for this essential, beautiful, and meaningful opening of the High Holiday season.

ORDER YOUR ETROG AND LULAV



Deluxe \$55/ Standard \$45

Name _____

of Deluxe Sets @ \$55 _____

of Standard Sets @ \$45 _____

Total \$ _____

Check enclosed _____ Bill my account _____

Credit Card # _____ (3% will be added)

Expiration _____

Place your order by October 7, 2024

email dgregor@fhjc.org

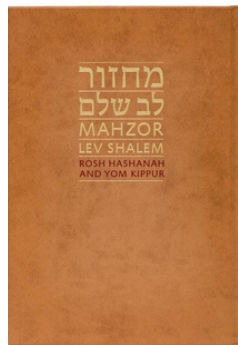
New Year's Greetings 5785



There's still time to add your family's name to the New Year's Greetings. Each listing is \$25.

Please contact Laurie Worthman if you'd like to add your listing.
lworthman@fhjc.org
or 718.263.7000 x203.

Borrow a Mahzor for the High Holidays



Are you planning to join our High Holiday service virtually on Zoom? We will again be lending out the *Mahzor Lev Shalem* to help you Zoom along with us this Rosh Hashanah and Yom Kippur.

Reserve one by Friday, September 23 by clicking on the link below. Pick-up from FHJC will be the week before Rosh Hashanah, the week of September 11, from the security guard.

Mahzorim must be returned to FHJC by Monday, October 21, or you will be charged \$70 to cover replacement plus shipping. (Non-members of FHJC must provide credit card information when borrowing but you will not be charged unless you don't return the mahzor.)

REGISTER HERE no later than Friday, September 23.

High Holiday Programs for Children & Teens

FHJC is again happy to announce THREE DIFFERENT High Holiday Programs especially for your children. These programs are designed to give your children a meaningful holiday experience geared just for them:

Young Kids Yom Tov For ages 2 - 2nd grade

A musical and joyful mini-service focusing on the unique melodies and themes of the holidays.

9:30 - 10:30 am, in the Heller Ballroom.

(At least one adult must accompany your child(ren))

Rosh Hashanah - Thursday, October 3

Rosh Hashanah - Friday, October 4

Yom Kippur - Saturday, October 12

[Register here](#)

Junior Congregation For grades 3-8

A fast-paced and participatory service, games and discussion.

10:30 - 12 noon in the Crystal Room.

Adults with child(ren) are welcome, but not required.

Rosh Hashanah - Thursday, October 3

Rosh Hashanah - Friday, October 4

Yom Kippur - Saturday, October 12

[Register here](#)

Teen Program For teens only

Teen High Holiday program in the FHJC Youth Lounge.

Rosh Hashanah - Thursday, October 3

Yom Kippur - Saturday, October 12

[Register here](#)

You will receive an email immediately after registering that will serve as your ticket. These programs are available in person only and will not be available via Zoom. **We look forward to seeing you and your children on the High Holidays.**

While there is no charge to join our High Holiday Youth programs, please help support FHJC Youth Activities with a donation, by clicking [here](#). Once at the PayPal page, scroll through the drop down box and click on Youth Activities to direct your donation.



MEN'S CLUB

Stephen Markowitz, Men's Club Presiding Officer, September-October

We thank Hal Berkowitz, our past president, for his leadership and many years of dedicated service to the Men's Club. Hal has decided to devote more time to his responsibilities as an officer of the New York Metro region of the Federation of Jewish Men's Clubs as well as to the many other programs he is committed to at FHJC. The good news is that Hal will continue greeting you at the door for Shabbat services.

The Men's Club is now led by four members sharing leadership of the Club. We will rotate the role of presiding officer every two months: Stephen Markowitz, David Snyder, Peter Taub, and Mark Weinblatt.

We are currently busy planning the many programs that the FHJC Men's Club is known for -

- **Sunday, September 22nd**, join us for a **miniature golf & batting cages outing**, chaired by Gary Weil. Details will be coming shortly.
- **Sunday, September 29th**, FHJC hosts the Queens Jewish Community Council's (QJCC) annual **High Holiday food distribution**, supported by the Met Council. Join us in preparing and distributing food packages to approximately 300 families for the High Holidays. Sarah & Stephen Markowitz are the chairpersons for this joint Chesed project of FHJC and the Men's Club. Details about this volunteer opportunity will be coming shortly.
- **Thursday, October 3rd**, the first day of Rosh Hashanah, following services the Men's Club will be handing out **chocolate bars** for a sweet New Year. Jason Dunkel is chairing this effort.
- **Sunday-Tuesday, October 13th - 15th**, join the Men's Club, Sisterhood, and Religious School in decorating the **FHJC Sukkah**.
- **Sunday, October 20th**, the Men's Club will hold our annual **Sukkah Barbecue**, chaired by Mark Weinblatt. Details to come.

We hope to see you and your family at these programs. Other programs are being planned for later in the year. We would appreciate any suggestions you might have for future projects. Please contact us at MensClub@FHJC.org with your ideas.

If you're interested in joining the Men's Club or renewing your membership for the new year, please contact Mark Weinblatt at MensClub@FHJC.org.

We wish everyone a Shanah Tovah!
Stephen Markowitz, David Snyder, Peter Taub, Mark Weinblatt

MensClub@FHJC.org



VOLUNTEERS NEEDED



High Holiday Food Distribution at FHJC

Queens Jewish Community Council's (QJCC)
High Holiday food distribution will take
place at FHJC from 9:30am - 2:30pm
on Sunday, September 29th. Volunteers will be organized in three separate shifts to
prepare packages of food and distribute them to QJCC's clients.

Details about this Chesed project will be coming shortly.

If you have any questions,
please contact Sarah or Stephen Markowitz
at StephenMarkowitz15@gmail.com

Acknowledgements

PULPIT FUND

Steven Goffner – in gratitude to **Judy Beizer** for honors received
Risa Doherty – in memory of **Al Kingsley**
Teri & Steven Goffner – in memory of **Al Kingsley**
Rita Sherman & Jeffrey Seward – in memory of **William Cimbol Tikva, Zahava, Hanna & Dorothy Mahlab** – in memory of **Jeff Bochner's** mother, **Marilyn Bochner**
Toby & Allan Silvera – in memory of **Arnold Weg's** mother, **Betty Weg**
Marcia Kane Hittner & Ellis Hittner – in memory of **Arnold Weg's** mother, **Betty Weg**
Marcia Kane Hittner & Ellis Hittner – in memory of **Roy Rosenthal's** son, **David Rosenthal**

HAZZAN'S MUSIC FUND

Marcia Kane Hittner – in memory of her father, **Howard Kane** (yahrzeit)

YOUTH ACTIVITIES

Bonnie & Keith Chernin – in honor of **Deborah Ball Witlin**
Bonnie & Keith Chernin – in honor of **Dorrie & Hal Berkowitz & Carol & Norman Guttman** on their life milestones
Mollie Mandel & Josh Lowy – in honor of the graduation of the following people:
Allison Abrams
Joshua Altman
Joshua Leeman
Yael Beer
Nurit Buitron
Sarah Zipkowitz
Max Amram

Monica Lagnado – in gratitude to **Judy Beizer** for honors received
Pauline & Mark Raphael – in memory of **Teri Goffner's** brother, **Fernando Grad**
Pauline & Mark Raphael – in memory of **Arnold Weg's** mother, **Betty Weg**
Drazen Family – in memory of **Al Kingsley**
Cheryl & Steven Topal – in memory of **Arnold Weg's** mother, **Betty Weg**
Cheryl & Steven Topal – in memory of **Jeff Bochner's** mother, **Marilyn Bochner**

RITA BERGER MEMORIAL FUND

Berger/Friedenberg Family – in memory of **Al Kingsley**
Berger/Friedenberg Family – in memory of **Rebekah Fassler's** brother, **David Mendelson**

KIDDUSH FUND

Roz Okun – in honor of **Dorrie & Hal Berkowitz's** 50th wedding anniversary
Roz Okun – in honor of **Carol & Norman Guttman's** 60th wedding anniversary and **Carol's** special birthday
Roz Okun – in honor of **Galor Roth Kedar's** 18th birthday
Marcia Kane Hittner & Ellis Hittner – in honor of the birth of **Mr. & Mrs. Marvin Schuman's** great grandson, **Benjamin Evan Schuman**
Teri & Steve Goffner – in honor of **Deborah Witlin's** continued hard work at FHJC
Monica Lagnado – in gratitude to **Judy Beizer** for honors received
Ezra Lagnado – in gratitude to **Norman Gursen** for honors received
Nancy & Richard Chase – in memory of **Teri Goffner's** brother **Fernando Grad**
Esther Feldman – in memory of **Jeff Bochner's** mother, **Marilyn Bochner**
Roz Okun – in memory of **Jeff Bochner's** mother, **Marilyn Bochner**
Monica, Ezra, Caroline & Evelyn Lagnado – in memory of **Lucette Lagnado** (5th yahrzeit)

KIDDUSH SPONSORSHIPS

Thank you to the following individuals for sponsoring a congregational Shabbat Kiddush this summer:

June 29, 2024

Dorrie & Harold Berkowitz
Carol & Norman Guttman
Deborah & Andrew Witlin

August 3, 2024– Simcha Kiddush

Stephanie & Jonathan Kastin
Laurie Lax & Eric Kober
Pauline & Mark Raphael
Rae & Gary Kerzner
Maureen & Jason Dunkel
Sarah & Stephen Markowitz
Ilana Altman
Trudy Emanuel
Yonah & Jason Kirschner
Debra & Gary Weil
Bonnie Dassa
Emily & Hazzan Randall Levin
Larry Warmflash

August 10, 2024

Penny Steinitz

(Please see the previous issue of *The Message* for Kiddush sponsors through June 22, 2024.)

Mazal Tov מזל טוב

...to those in our Center family who are celebrating a simcha:
to Carol Braham & Howard Hankin on the birth of their grandson,
Ethan Robert Shapiro

to Laurie Lax & Eric Kober on the marriage of their daughter
Dr. Hannah Kober to Rabbi Josh Pernick

Hamakom Y'nahem המקום ינחם

...may God grant comfort and consolation to those
who have lost a loved one.

to Teri Goffner on the loss of her dear brother Fernando Grad
to Fred Levine on the loss of his dear sister, Linnette Levine
to Jeff Bochner on the loss of his dear mother, Marilyn Bochner
to Arnold Weg on the loss of his dear mother, Betty Weg

May their memory be for a blessing.

**Save the Date:
February 8, 2025**

Coffee house

ATTENTION SINGERS, DANCERS, MUSICIANS! **FHJC Coffee House 2025** **Performers Wanted**

Hey Performers! Are you ready?

Registration deadline is October 30

Performance slots are limited, so this deadline is firm!

Click [here](#) for the 2025 performer registration.

Shabbat Kiddushim are Back!

I'm excited to reintroduce myself as Frank Caisaguano, your Programs and Events Coordinator. I'm also the go-to person for all Kiddush-related matters. Whether you're planning to sponsor a Kiddush or need assistance with any aspect of the event, I'm here to help make each gathering a success. From coordinating details to ensuring everything runs smoothly, my role is to support you and our community in creating meaningful and joyous gatherings.

Support the Kiddush Fund - Our weekly Kiddush is a cherished tradition, and it's made possible by the generosity of our community. Contributing to the Kiddush Fund is a wonderful way to ensure these special gatherings continue. Your donations help cover the costs of food, drinks, and other essentials, allowing us to keep this tradition alive week after week. Every contribution, big or small, makes a difference.

Join the Kiddush Committee - We're currently looking for new members to join the Kiddush Committee! Volunteering is a fantastic way to get involved, meet new people, and make a positive impact. Whether you have a little time or a lot, your help is greatly appreciated. Being part of the committee allows you to contribute to the community in a meaningful way, and it's a rewarding experience that fosters strong connections with others.

Donate [Here](#) | Signup [Here](#)

Email: fcaisaguano@fhjc.org | Phone: (347)-671-4305



JOIN US

**Save the Date:
Fall Simcha Kiddush
September 21st**

We're thrilled to announce our Fall Simcha Kiddush on September 21st! This special Kiddush will celebrate all the Mazel Tovs and milestones from September and October. It's the perfect opportunity to come together and recognize the joyful moments in our community. If you'd like to participate, either by sharing your Simcha or contributing to the event, please reach out to Frank.

**Dolly Mae Newman's Baby Naming -
September 28**

Please join the Newman & Bochner Families as Dolly Mae is given her Hebrew name
Saturday, September 28
Kiddush Luncheon following services

Book of Remembrance

On all designated holidays when Yizkor is recited, Rabbi Graber will read the names of those inscribed in the Book of Remembrance.

Davora Abraham	Randy Fox	Arthur Heller	Elayne Leef	Stephen Reich
Yakov Hassid Abraham	Sam Fox	Jesse Heller	Larry Leef	Feiga Remetier
David Abrahams	Stella Frank	Morris Heller	Mark Leef	Frank E. Riesenfeld
Madeline Abrahams	Cynthia Friedenberg	Albert Hirsch	Rabbi Albert Leeman	Sylvia Rolnick
Barney W. Adler	Peter Friedenberg	Herta Hirsch	Lillian Gutman Leeman	William Rolnick
Henrietta K. Adler	John Steven Fuchs	Sybil Hyman	Edward Lehem	Carla Rosenblum Bromberg
Esther Anapolsky	Josef Samuel Fuchs	Nathan Hyman	Fortuna Lehem	Carolyn Rosenblum Lubin
Samuel Anapolsky	Rosalie Fuchsberg	Eva Lea Jaari	Marco Lehem	Howard Rosenblum
Arthur Ball	Meyer Fuchsberg	Lochem Avichai Jaari	Palomba Lehem	Jonathan Rosenblum
Otto Josef Baruch	Dr. J. Savin Garber	Julius D. Kahn	Sol Lehem	Dr. Louis Rosenblum
Berthold Bear	Syd Garber	Kate Kahn	Charles Leibler	Lillian Rosenthal
Lisa Bear	Faith Garfield	Frances Kalikow	Frieda Leibler	Seymour Rosenthal
Martin Bear	Philip Garfield	Morris Kalikow	Abraham Lerner	Sidney Roth
Toni Bear	Benedicto Geber	Nathaniel Saul Kane	Clara Lerner	George Rozsa
Victoria Benghiat	Marta Geber	Benjamin B. Katz	Maurice Lerner	Toni Pernitz Ruda
Ida Benghiat	Feiga Rosa Ginsburg	Haskel Katz	Joseph Lestz	Sabina Safier
Edwin Berger	Albert Glazer	Helen F. Katz	Leon Levin	Simon A. Safier
Julie Berger	Cecelia Glazer	Miriam Katz	Charles Levy	Gladys Salup
Rita Berger	Clara Glazer	Morris M. Katz	Pearl Levy	Abraham Salzmann
Sol Berley	David Glazer	Fred E. Katzner	Ludwig Loewenstein	Elizabeth Samuel
Sydell Berley	Gussie Glazer	Gladys Kenner	Margaret Loewenstein	Siegfried Samuel
Jean Roberta Biegelson	Arnold Glick	Max Kenner	Dr. Jack London	Irving Savitz
Sidney Biegelson	Fannie Glick	Herman Kingsley	Dr. Edward Mahlab	Ruth Savitz
Edward Birnbaum	Irving Glick	Marion Kingsley	Suzette Mahlab	Jack Schaeffer
Evelyn Blum	Max Glick	Henry Kletter	Lionel Malamed	Lillian Schaeffer
Robert Blum	Ruth Rhoda Glick	Sophie Kohn	David Maryasin	Leo Schain
Abe Blumstein	Helen Goldenberg	Louis Kohn	Leopold Lipot Mayer	Martha Schain
Rabbi Baruch Micah Bokser	Sherry Sue Goldenberg	Aaron Korn	Rose Guttman Mayer	Harold Schantz
Kallia Bokser	Martin Goldman	Lillian Korn	Theodore Mayer	Elias Segal
Rabbi Ben Zion Bokser	Lola Joy Goldman	Fortuna Kovalsky	Michael Mayorowitz	Mildred Segal
Aaron Broder	Celia Goldman	Max Kovolick	Gertrude Mayorowitz Lukacs	Irwin Seitenbach
Jennie Broder	Norman Peter Goldman	Leo Kra	Harry Mesard	Malvin Sevin
Sylvia Broder	Abraham Goldsmith	Adolph G. Kraus	Lily R. Mesard	Albert Shaw
Milton Bruck	Harold Goldsmith	Samuel Kravitz	Rabbi Amos W. Miller	Ruth Shulim
Ruth Bruck	Mary Goldsmith	Melanie Krieger	Hannah B. Miller	Annette Silberman
Henry Burger	Benjamin Goldstein	Abraham Krumbein	Chaskel Morgenstern	Ruby Silberman
Dora Butnick	Carl Goldstein	Sarah Krumbein	Irene Morgenstern	David Skolnik
Milton Butnick	Dave Goldstein	Benjamin Krumholz	Carl J. Moskowitz	Lillian Skolnik
Irving Cahn	Herb Goldstein	Henry Krumholz	Charlotte Moskowitz	Edward Skornicki
Hugo N. Cahnman	Nettie Goldstein	Jack Krumholz	George Moss	Natalie Skornicki
Elaine Charap	Rita Goldstein	Mera Krumholz	Irving Moss	Mildred F. Smith
Hyman Sid Citron	Cantor Isaac Gorsky	Rose Krumholz	Jack Nelson	Agnes Sobel
George DePinna	Sylvia Gould	David Kule	Ruth Nelson	Irene Sobel
Marcia DePinna	Ann Grossman	Eugene Kule	Abraham Okun	Ivan Sobel
Abram Dykerman	Cantor Erno Grosz	Geraldine Kule	Celia Okun	William Sobel
Alfred Dykerman	Gertrude B. Gruenberg	Philip Kule	Theodore Okun	Deena Soloway
Erna Dykerman	Jascha Gurewitz	Isidore Kulichfsky	Harvey L. Perlstein	Joseph Stark
Herman Dykerman	Bella Hahn	Jennie Kulichfsky	Jeanne S. Perlstein	Katalin Stark
Ester Dylewski	Fred Hahn	Barbara Kupferberg	Isidore Platkin	Pearl Strauss
Lola Eckstein	Celia Haims	Herbert Kupferberg	Shep Porter	Amy Lisa Sturm
Helene Falik	George Haims	Cantor David Kusevitsky	Taub Potik	Judith Susan Sturm
Estelle Feiner	Joseph Haupt	Elaine Kusevitsky	Yefim Potik	Ida Sumerfeld
Sonia Gurewitz Fink	Celia F. Heiferman	Patricia Lily Kusevitsky	Perla Raphael	Meyer Sumerfeld
Abraham Obiedzinski Fink	Cookie Heiferman	Harry B. Lader	Raphael Raphael	Sally Tenenbaum
Philip Fogelman	(Esther Rose Signet)	Helen J. Lader	Irwin Reich	
Rose Fogelman	Solomon G. Heiferman	Murray Landau		
Pauline Fox	Jean Claude Heilberg	Dorothy Lapin		
	Ray F. Heitner	Samuel Lapin		
	Solomon Heitner			
	Anna Heller			

continued on next page.

Book of Remembrance Continued

Fred Theise
Leslie Ticker
Marvin Ticker
Max Troper
Elaine Vogel
Jack Vogel
Norman Vogel
Laura Vogel
Bessie Walker
Ellen Bea Walker
Joseph Walker
Leon Walker
Marie M. Walker
Robert Walker
Rose Walker
Jacob Wallach
Raoul Wallenberg

Stanley Weg
Alfred A. Weinberg
Selma Weinberg
Anna Weiner
Morris Weiner
Isidore Weinkselbaum
Jennie Weinkselbaum
Jerry Weinkselbaum
Walter Weintraub
Herbert Weiser
Milton Winograd
Estelle Zafran
Ira Zalbe
Frieda Zielonka
Harry Zielonka
Abraham Zwick
Dora Feldman Zwick

ONGOING EVENTS

Sundays at 9:25AM: Yoga with Lorain. Email Lorain for details at LLSW@AOL.COM.

Monday at 8:00PM: Parasha Study with Rabbi Graber

Wednesdays at 8:00PM: The FHJC Watch Party - We are watching Season Three of the award-winning series, The Bear

Wednesdays at 6:25PM: Yoga with Lorain. Email Lorain for details.

Friday morning — Pilates: 9:30 mat class (bring your own mat); 10:40 chair class. Both sessions meet in the Heller Family Ballroom.

Once a Month on Tuesdays at 8:00PM: Yiddish Conversation Group. Join us for a bit of *mameh loshen*.

See the FHJC Calendar for links to these events.



FHJC President Gary Kerzner accepts an award on behalf of the Forest Hills Jewish Center, from Heidi Harrison Chain, President of the 112th Precinct Community Council, and Captain David Cordano of the 112th precinct at the Night Out Against Crime on August 6, 2024. The event was held in the FHJC Crystal Room instead of MacDonald Park due to inclement weather.

FHJC members joined the Sisterhood-sponsored trip to the Brooklyn Seltzer Boys this past month. In addition to getting an education on the origins, the health benefits and technique of manufacturing this refreshing beverage, each participant got a hand-made chocolate egg cream! Delicious!!!!



It's more than Hebrew School

Innovative
Outstanding,
Fun!



Contact Silvia Kogan at skogan@fhjc for information

Register Now

Find out about our Jewish learning community -
<https://fhjc.org/learn/religious-school/>



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