



המרכז היהודי ד'פורסט הילס

Message

FOREST HILLS JEWISH CENTER

November-December 2024 / Tishrei-Heshvan-Kislev 5785 / Vol. LXXX No. 2

The Forest Hills Jewish Center presents

December 15, 2024 | 4:00 PM

Mysteries
Memories
Miracles &



Hazzan Benjamin
Warschawski

Hazzan Randall Levin

Emily Levin,
mezzo-soprano

Lauren Simhon,
soprano

Scott Stein, piano

A Concert of Jewish Music With special guests, The Nagilah Choir
Heidi Nelson Rolnick, Director

Watch for details coming soon...



Forest Hills Interfaith Thanksgiving Service

SUNDAY, NOVEMBER 24, 4:00PM

Join family, friends, and neighbors at the
Community House of The Church in the Gardens,

15 Borage Place, Forest Hills.

Feel the joy of being together.

FHJC's Nagilah and Youth Choir will be singing!

Reception to follow.





FROM THE RABBI'S STUDY

Rabbi Daniel Graber

How Jews Hibernate

Shalom friends,

As the pace of winter settles in after the fall chagim, many of us feel the mounting demands of busy schedules, family commitments, and everyday pressures. The constant movement of our lives—whether it's rushing to finish work tasks, managing carpools, or planning for the week ahead—can make true rest feel elusive. Yet each week, Shabbat offers us a simple yet profound invitation to pause, refocus, and rejuvenate—a sanctuary in time that invites us to slow down, reflect, and reconnect.

Shabbat is more than a day off from our responsibilities; it's a unique opportunity to step back and immerse ourselves in a different rhythm. It calls us to set aside our work, turn off our screens, and let go of our to-do lists. In doing so, we open space for what truly matters: deepening relationships, savoring quiet moments, and experiencing gratitude for the present. This pause is not just restful—it's sacred. Shabbat encourages us to remember that our worth is not defined by productivity but by our essence, our relationships, and our connection to something greater.

Shabbat also offers us the opportunity to share that sense of rest and connection with others. The mitzvah of welcoming guests, *hachnasat orchim*, is

a beautiful way to bring Shabbat's warmth and light to friends, family, or even neighbors who may be new to Shabbat. Inviting others to join for a meal or gathering encourages us to shift our focus from work or technology to meaningful time spent together. Meals prepared in advance allow everyone to be fully present, savoring the blessings of food, conversation, and the joy of each other's company.

Beyond meals, Shabbat opens the door to simple ways to connect that help us savor being present in the moment. A walk outside, an afternoon spent playing games, or joining together at shul can turn Shabbat into a restorative celebration of togetherness. When we come to shul as a group, we are part of a wider community, grounding ourselves in tradition, prayer, and song. I especially recommend coming with a friend to our melodious Kabbalat Shabbat on Friday evenings. It will pair well with whatever you're having for dinner!

As the days get shorter and the weather chills, I look forward to sharing the warmth of Shabbatot together. May its weekly break from the demands of the everyday be a time of joy, rest, and renewal for us all!

Rabbi Graber



PARSHAT HASHAVUAH

STUDY THE WEEKLY
TORAH PORTION
WITH RABBI GRABER

Every Monday
6:30 PM to 7:30 PM
In Person & Zoom

Blood Drive



Forest Hills Jewish Center
Sunday, November 24
10-2:30 PM
Crystal Room
Click [here](#) to sign up.

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NOTES FROM THE HAZZAN

Hazzan Randall Levin

We have transitioned out of another beautiful *z'man simchateinu*, season of rejoicing, moving from our High Holidays, which pertain primarily to the salvation of our souls, and the festival of Sukkot, Hoshana Rabbah and Shemini Atzeret. Shemini Atzeret, however, serves as a pivotal point in our liturgical calendar, transitioning gently from a season focused on spiritual redemption into a day of "assembly," (combined with the later rabbinic innovation of Simchat Torah) when we metaphorically coalesce as a nation, with a shared history and memory. The ensuing holidays of the year, including additional holidays added throughout the ages, are decidedly more historical in nature.

Alongside our holidays and sacred texts, our journey as a nation is simultaneously, and beautifully communicated through our music. As Rabbi Jonathan Sacks writes "The history of the Jewish spirit is written in its songs." In biblical times, Jews found musical expression through the singing of psalms and playing musical instruments in praise of God. The Temple featured glorious music performed by the orchestras and choral ensembles of the Levites. Beginning in the 7th century, the cantorial artform of hazzanut began to take hold, establishing vocal musical expression as the predominant form of Jewish spirituality in synagogue. Simultaneous to the rise of hazzanut, other musical traditions emerged, notably the Sephardic song tradition, the songs and art music of 19th and 20th century Europe, and Israeli music corresponding to the emergence of Zionism and the creation of a Jewish state. Though each of

these musical expressions represents an important component of Jewish identity, Jewish song is more than mere historical memory, but also fundamentally about expressing our universal values, family, nature, homeland, and truth. As musicologist Matthew Austerklein notes, "The plight of the Jew is knowing that history, even tragically, repeats itself. We've experienced these beautiful and painful cycles for four thousand years. Yet we also know that *gam ze ya'avur* — that this too shall pass... The story of our suffering exists alongside the redemptive story of our music. This reminds us that our song and strength are always rising up amidst our faith, our solidarity, and from our global affirmation of human dignity and love."

It is in this spirit that I am delighted to announce **Mysteries, Memories, and Miracles: an afternoon celebrating Jewish music.** On **December 15th**, I have invited my talented colleague, Cantor Benjamin Warschawski, to join me and a collection of other wonderful musical artists in presenting the story of the Jewish people as told through music and song. We hope that this music will be both reflective and restorative, and I pray that our songs will be received by the Almighty, and by you, beloved members and friends of The Forest Hills Jewish Center, during a season of light and miracles.

B'shira uv'shalom,

Hazzan Randall Levin



Volunteers gathered together for some snacks after decorating the FHJC Sukkah

MITZVAH of the MONTH

Thanksgiving is right around the corner. Join us in supporting our local NYC community!

November 3rd-17th



Bring nonperishable food items to FHJC. The collection bin will be set up by the security entrance.

Let's contribute to City Harvest food bank during this season.



FROM THE PRESIDENT

Gary Kerzner

The People of Hope

The People of Hope, it's a wonderful description of who we are. Forever hoping to be remembered in the Book of Life, hoping to be inscribed for a sweet new year, hoping to be allowed to live in peace. The national anthem we sing so proudly, HaTikvah, speaks of the hope to be a free people in our land, the land of Zion and Jerusalem. Those famous words were penned by Naftali Imber almost 140 years ago and given a melody by Samuel Cohen, based on a musical theme from Bedrich Smetana's "Moldau." And they are as true today as when they were first sung.

During Rosh HaShanah and Yom Kippur, while we stood praying in shul, asking God for blessings and begging Him to show mercy and forgive our sins, we also prayed for our brothers and sisters who have been held captive in Gaza an entire year. We hoped with all our hearts to see them set free and speedily reunited with their families. And we prayed fervently that the members of Israel's Defense Forces who are fighting in Lebanon as well as Gaza will soon be able to return to their families.

If Imber could write in the 19th century "Our hope is not yet lost, the hope that is two thousand years old" surely, we should give thanks for being privileged to see the rebirth of the Jewish state and the fulfillment of that cherished hope. Our lives may not be tranquil, and we face resurgent antisemitism and haters who torment us in the media, in politics and universities, yet we can still take great pride that The Hope has been realized in the land of Israel. And there are many ways to express that pride – support Jewish causes, write letters to the editor, educate our politicians, imbue our children with love of the Jewish people and Israel. Most importantly, spend time in Israel. See firsthand the realization of Imber's hope and luxuriate in the feeling that you are home. I urge you to consider joining the JNF Mission being planned for this spring, which will help rebuild destroyed communities. Build Up Israel and You, Too, Shall be Built Up.

We're all pieces of the big puzzle, and our unique pieces complete the picture.

We are grateful you are a part of our puzzle and we want to say

Thank You!

Please join us as we celebrate YOU, our parents, and show you our appreciation for being a part of our school community.

FHJC NIGHT OF GRATITUDE

THURSDAY, NOVEMBER 14
8-9:30PM

WINE & DESSERTS

RSVP **HERE** BY 11/11

FHJC

DAVEN AND DINE



FRIDAY, DECEMBER 13 | 5:30 PM

Join your FHJC family and friends as we welcome Shabbat together. Then enjoy a chicken 'n' fixin's dinner, followed by sweets and songs!

Cost: \$30/adults; \$20/child (ages 6-18);

Children up to age 5 - free!

Maximum Family Charge: \$75

Watch for details & RSVP!





RELIGIOUS SCHOOL UPDATES

Silvia Kogan

As I write this article, the Jewish world gathers together from all four corners of the earth to commemorate one year since the October 7th tragic events.

Healing is a collective effort. We came together as a community after a season of an unfathomable hardship. During this past year we learned to lean on each other for strength and love.

That is what it means to be a part of a community. We stand with each other and connect through common humanity, uniting against all types of hate. And, despite all this, we continue to have faith.

While many might concentrate on grieving those we've lost, the struggles of the hostages, and the increase in antisemitism, this moment also invites a different kind of contemplation – a conversation about strength, resilience, the obligation to confront evil and what both diaspora Jews and Israelis must learn from the past year. It will take us many years to process and understand what we went through and what we are still going through. Sadly, during 3000 years of Jewish history we went through many other similar episodes. And despite all that, we are still here. Am Yisrael Chai.

The topic of war, particularly in the context of Israel, can evoke strong emotions and resonate deeply with the themes of the upcoming holiday of Hanukkah, which celebrates resilience, hope, and the struggle for our people's right to be sovereign in our own land.

During Hanukkah, we remember the Maccabean Revolt and the miracle of the oil that lasted eight days, symbolizing perseverance in the face of adversity.

One of its main themes is the importance of unity, hope, and the desire for peace, especially during difficult times marked by conflict.

How can we make sure we keep transmitting this message to the next generation?

- **Prayer and Reflection:** Incorporate prayers for peace and the safe return of hostages into your Hanukkah celebrations.
- **Look for community support:** Engage with FHJC and other local organizations that support those affected by conflict or hostilities, perhaps through volunteering or fundraising efforts.
- **Education:** Use the holiday as an opportunity to educate others about the current situation, its historical context, and the importance of dialogue and understanding.
- **Candle Lighting:** As you light the menorah, dedicate each night to specific thoughts or prayers for peace and safety, fostering a sense of hope amidst hardship.

As the famous Israeli singer Sholomo Artzi said on stage at the Bereaved Families October 7th Memorial Ceremony at Tel Aviv's HaYarkon Park, "We can't make the darkness smaller, but we can enlarge the light."

May you draw strength from the Hanukkah lights to overcome these dark times.

From my heart,
Silvia Kogan
Religious School Director



FHJC BIKUR CHOLIM

Bikur Cholim is very busy making phone calls, visiting some members in hospitals and rehabs, emailing and sending cards. If you feel someone needs to get a call from me or our clergy or a committee member let me know.

Debbie Bochner, Committee Chair Debbiebochner@gmail.com

If you would like to have someone on the misheberach list please call Laurie Worthman in the Center office 718-263-7000

SHIR L'SHABBAT
Mindfulness, Stories, & Songs
SATURDAYS
11:00 AM - 12:00 PM
in the Little Synagogue
All families welcome!
Looking forward to seeing you at our next meet-up.
November 2, 16
December 7, 21

NEWS FROM NURSERY SCHOOL

Lynn Fisher

The day before a significant event—whether it's the start of school, a holiday, or Shabbat—can be a whirlwind of emotions, especially for young children. For 2-, 3-, and 4-year-olds and their families, these moments are filled with a unique blend of excitement and anxiety, reflecting both the children's developmental milestones and the family's apprehensions about what lies ahead.

On “the day before,” parents often experience a mix of eagerness and trepidation as children are just beginning to grasp routines and transitions. The thought of new teachers, classmates, and activities can be thrilling and daunting. Children may express their excitement through questions about what to expect, revealing their innate curiosity and desire for social connections. Anxiety can also surface as children worry about separating from family or the unknown aspects of upcoming holidays, showcasing their developing independence.

When we prepare for Shabbat or a holiday in the ECP, the classrooms become a whirlwind of activity, reflecting our deep-rooted traditions and the joy of community gatherings. Children and educators alike buzz with energy, discussing what Shabbat means to them. The hands of our littlest learners are busy with art projects as they create colorful challah covers and hand-painted candlesticks to adorn our tables. This excitement is tied to the children's growing understanding of traditions and the joy of shared experiences. However, the preparations can create a sense of overwhelm, highlighting their still-developing ability to cope with change.

As our littlest learners sense the shift in routine and the importance of the occasion, they engage in

meaningful activities that nurture their sense of belonging. Just like before holidays or school, they may feel anxious about unfamiliar rituals or family expectations. These emotional responses are natural as children navigate their developmental milestones. At ages 2, 3, and 4, they begin to identify their feelings, understand social cues, and express their thoughts. The blend of excitement and anxiety teaches them valuable lessons about anticipation, coping strategies, and the importance of community.

As educators, we can support these feelings by acknowledging emotions, providing reassurance, and emphasizing the joy of what lies ahead. This helps children develop resilience and a positive outlook, transforming pre-event anxiety into a celebration of connection and growth. It's essential for families to breathe, embrace imperfections, and focus on the future. Families play a crucial role in supporting their learner's journey by trusting their child and the educators around them.

By engaging in open communication and sharing in the excitement, families can help their little ones transition with confidence, ensuring that “the day before” is not just a moment of anxiety, but an opportunity for bonding and joy. Together, we create a sense of anticipation that celebrates both the challenges and triumphs of growth, making each milestone a cherished memory. Ultimately, these moments remind us of the essence of connection, love, and shared traditions.

Lynn Fisher
Director of Early Childhood Education

Debra Bochner, VP Education

As I observed the children's service over the High Holidays the room was filled with families made up of children, parents and grandparents. The room was filled with music and singing, praying and noise from young children.

How wonderful hearing Marcy Mirkin leading the families in prayer and song. It's amazing to see so many generations together. The young ones are our future. Let's come together for all holidays and events. There are so many things going on from our Nursery School events to Religious School events to all the Shabbat morning programs for the children and our once a month Friday night PJ Shabbat with Rabbi Graber.

At the end of Shabbat services it's magical hearing the children singing Adon Olam with the Hazzan. On Tuesday afternoons and Sunday mornings our Religious School is bursting with children of all ages learning, reading, singing and playing games to help them learn the curriculum. Silvia and her staff are enjoying teaching all our children.

Our Nursery & Early Childhood program is filled with happy and smiling little faces in their classrooms and at music, library and yoga and all the special activities Lynn and her staff has planned for them.

Let's carry on from Generation to Generation. L'Dor V Dor.
Debbie Bochner, Vice President of Education



ADULT EDUCATION

Judy Gostl

Azi Graeber

David Snyder

FHJC 2024-2025 SHABBATON FROM HOME and SHUL

Shabbaton at Home & at Shul offers a wide range of events and classes, with the possibility of additional activities being added to the spring schedule. Following the strong turnout for Matt Beizer's presentation on October 8th, which did not require an RSVP to access the Zoom link, Adult Education programming will continue to use the open FHJC Zoom link for future sessions.

The Hebrew Literature group similarly provides an open Zoom link on its flyers without requiring an RSVP. **The next session is on November 21st at 5:00PM**

Shabbaton at Home programming will continue with Jonathan Katin's presentation of **Arguments for and Against the Existence of God** on **Monday, November 11th at 8:00PM** on Zoom.

Dr. Josh Lowy is our next presenter on **November 16** after Shabbat Kiddush. His topic is **Happiness: What is it really?** Thoughts from Jewish, secular & scientific perspectives. Taking last year's discussion on Human Consciousness and Artificial Intelligence to the next level, Josh will look at the specific quality that uniquely differentiates humans from A.I. machines, that is, emotion and feeling. The focus will be on the specific human emotion of happiness, with insights from Jewish, secular and scientific perspectives.

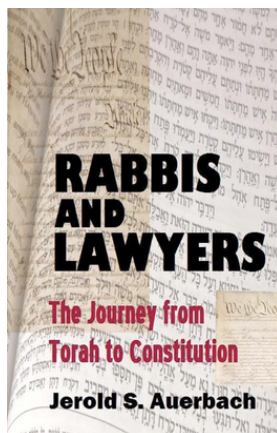
Mitchell Frank was privileged to have an essay published in the Winter, 2024 edition of Masorti, the scholarly journal of JTS and its affiliate colleges. The article focuses on the personal experience that underlies religious belief, often referred to as spirituality. His essay in Masorti, called *Lenegdi - Being in Relation*, argues for an understanding of spiritual experience rooted in Martin Buber's philosophy of I and Thou, as well as an aspect of the Hasidic teaching of Reb Nachman of Bratzlav, and supported by research and theory in psychology. In this Adult Ed program Mitchell will summarize his article and discuss what it tells us about our potential for personal spiritual experience. Join in after Kiddush on **Shabbat, December 21**.

Rabbi Chana Thompson-Shor has chosen to teach after Havdalah on **Shabbat, December 14**. Please join us at the announced Havdalah time and stay for her presentation. She will discuss **The Two Ancient Kingdoms, Israel and Judah**, and their differing religious approach. Always two different countries, Israel was focused on the "Torah", and Moses the lawgiver and Teacher, whereas Judah's focus was the Davidic King and the Temple. An exploration of how their two different concepts of Covenant with God were interlaced during the Babylonian Exile to form what we call Judaism (and are still discernable today).

On **Tuesday, January 28**, our own media critic, Nora Mandel, will discuss **The Chosen TV series - Is It Good or Bad For the Jews**. This drama is based on the adult life of Jesus.

David Zipkowitz will take us in an entirely different direction. After Kiddush on **Shabbat February 22**, he will do a **Deep Dive into Ashrei**, a prayer we recite multiple times in our liturgy.

Azi Graber will present on Zoom on **Tuesday, March 18**. He will continue last year's **Survey of Rabbinical Feuds and Controversies** that was so well received.



History Readers Book Group is reading **Rabbis & Lawyers: The Journey from Torah to Constitution** by Jerome Auerbach. They will discuss it on **Tuesday, December 10 at 8:00PM** on the FHJC Zoom. Renowned legal historian Jerold S. Auerbach examines the special contributions of rabbis and lawyers to American Jewish acculturation. Based on extensive research in U.S. and Israeli archives, his analysis of how lawyers displaced rabbis as community leaders at the beginning of the twentieth century illuminates a decisive moment in history.

We are still planning for April, May, and June. There are several more members working on ideas for this year. This is a wide-ranging series of presentations, and I hope that many of you will find something of interest



SISTERHOOD

Laurie Lax, Presiding Officer, November-December

As I write this we are in the “thick” of the Chagim, which fall later this year, and also happens to be October 7 today, the one-year anniversary of the Hamas attack on Israel. It has been a difficult year for Jews in Israel and throughout the world. We need our community now more than ever. Our shul and our Sisterhood have been here for us.

Sisterhood has been very active providing programming for our members and the FHJC community at large. We welcomed three new members to our Sisterhood Board at our installation ceremony/Aliyah in early September. Gail Port led a stimulating discussion of **The Matchmaker’s Gift: A Novel**. We had a very informative and well-attended session conducted by Robin Eichen on consumer fraud, entitled “Don’t Become a Victim.” At the BQLI Region level, we partook in a Zoom with our sister congregation in Israel, Kehilah Ma’ayanot, which was very moving.

We have many exciting programs in the coming months, including a program with **Israel’s Magen David Adom** on **December 3**, and a **Carnegie Hall private tour** (date to be determined). **Sisterhood Shabbat** will be on **Shabbat Bo, February 1**, and we hope to encourage new participants from Sisterhood to be a part of the Shabbat service. We also anticipate a program with Sephardic artist Camille Eskell.

Our ongoing programs include Sisterhood Daytime Readers, discussing Leigh Bardugo’s **The Familiar** on November 7. We are continuing with our popular Yoga and Pilates classes.

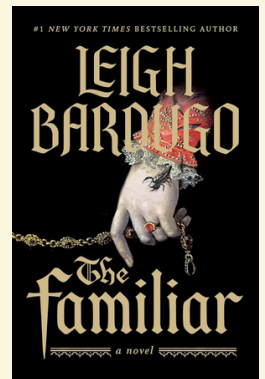
Finally, we have begun this year’s Torah Fund Campaign with our new Am Yisrael Chai Torah Fund Pins. Show your support for Israel and JTS with a donation at the Benefactor Level (\$180) and you get to proudly display this pin/necklace pendant. Contact Debra Weil at Sisterhood@fhjc.org for more information.

Sisterhood Book Discussion:

The Familiar, by Leigh Bardugo

Thursday, November 7 | 1:00 PM (In Person & ZOOM)

Determined to seize this one chance to better her fortunes, Luzia plunges into a world of seers and alchemists, holy men and hucksters, where the lines between magic, science, and fraud are never certain. But as her notoriety grows, so does the danger that her Jewish blood will doom her to the Inquisition’s wrath. She will have to use every bit of her wit and will to survive—even if that means enlisting the help of Guillén Santángel, an embittered immortal familiar whose own secrets could prove deadly for them both. **Click [here](#) to RSVP.**



TUESDAY, DECEMBER 3 | 8:00PM on Zoom **MAGEN DAVID ADOM:** **SAVING LIVES IN ISRAEL**

Join us to learn how Magen David Adom responds to crises, especially in this last year. You will see and meet special speakers as well as view a video about the Human Milk Bank run by Magen David Adom. There is no charge for this event. Click [here](#) to register.



KIDS KONGREGATION

For tots - seven year-olds and families.

Come Celebrate with Friends
Singing, dancing, praying & story telling with
Morah Riki.

Shabbat treats and grape juice for all!
11:00 AM-12:00 PM
November 9, 23, December 14



HEBREW LITERATURE GROUP

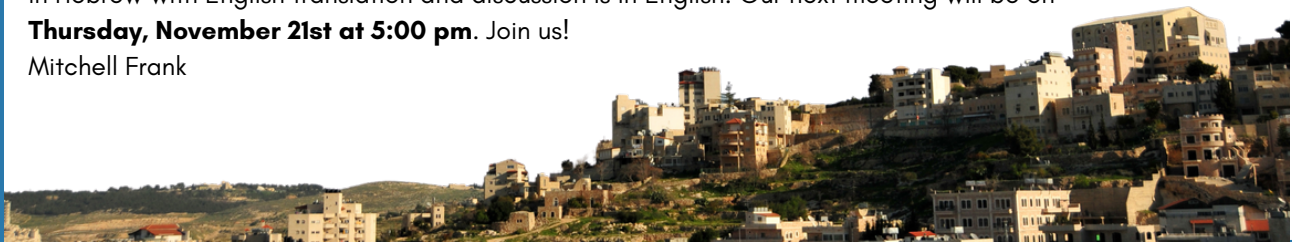
Mitchell Frank

The Hebrew Literature Group had its first meeting of the year 5785 on September 19th. Our theme for the year is Israeli poetry post October 7th. A year ago Hamas' pogrom led us to suddenly change our initially planned theme to Hebrew Poems of Resistance and Hope. We focused on texts from the pre-state and early state era. Many have said that the current war is akin to a second War of Independence, with a country-wide sense of desperation accompanied by painful sacrifice. It seemed only logical to assume that this would find expression in new Israeli poetry, and so we declared the theme for the year to come without knowing if the new poetry was actually there. No surprise, it is! Lots and lots of poetry, some of the highest literary quality and deeply moving. Come join us as, together, we discover this new writing.

The Hebrew Literature Group meets via Zoom (the Zoom link will appear on listserv notices). Texts are read in Hebrew with English translation and discussion is in English. Our next meeting will be on

Thursday, November 21st at 5:00 pm. Join us!

Mitchell Frank



OHR-LI JUDAICA

EVERYTHING IS

50% OFF

Beautiful
Hanukkah &
Shabbat Gifts!



To purchase, or for any questions,
contact: Debbie Bochner: debbiebochner@gmail.com

FHJC Sisterhood Annual Holiday / Toy Drive for Transition Center Monday & Tuesday, December 9 & 10

Transition Center has specifically requested:
Unwrapped new toys and gift cards for all ages/genders and abilities/needs.

We also need gift wrapping paper, ribbons, stickers, shopping carts, and umbrellas.

New and/or gently used and cleaned winter clothes for all ages/genders and sizes including "Dress For the Holidays" and Casual Friday attire.

Items that are always needed for all ages: winter socks, undergarments, thermals/"Long Johns", white t/under-shirts, hats, gloves, toiletries, laundry detergent especially for sensitive or babies or "free/clear". Gift cards/holiday cards.

**DROP-OFF at FHJC ONLY ON Monday & Tuesday
December 9 & 10, 2024**

Please drop-off only during regular FHJC building hours, via the 69th Road entrance, near the elevator.

Questions? Email sisterhood@fhjc.org



Coffee house

February 8, 2025

Watch for Details

MEN'S CLUB

David Snyder, Men's Club Presiding Officer, November-December

We have had a busy few months of fun, hard work and camaraderie. On Sunday, September 22nd, a glorious fall day, 25 of us headed to the **batting cages & miniature golf course**. Some found it easier to hit a 50-mile an hour fast ball; others hitting a little ball into a slightly larger hole. But everyone had a good time, and we thank Gary Weil for making it happen.

The Men's Club, under the leadership of Stephen Markowitz, along with Sarah Markowitz, assisted with a Chesed project to support the Queens Jewish Community Council's (QJCC) annual **High Holiday food distribution** hosted by FHJC. On Wednesday, September 25th, and Sunday, September 29th, 39 congregants joined in preparing and distributing food packages for approximately 360 families. A special shout out to the FHJC Religious School volunteers. Everyone joined together with volunteers from QJCC, Met Council, and middle schoolers from Silverstein Hebrew Academy to accomplish this task. Yasher Koach to all of you for donating your time, putting your backs into the task, and working cooperatively to turn 14 pallets of food into individual packages for distribution to QJCC's clients.

At the conclusion of services on the first day of Rosh HaShanah at FHJC, **chocolate bars** were distributed to congregants, compliments of the Men's Club, to usher in a sweet new year. Jason Dunkel organized the troops to wrap and distribute the chocolate bars. Thank you to Jason and his supporting cast. A special shout out to Moreh Dov and all the Kita Chet (8th grade) students who helped.

Sunday, October 13th, was **Sukkah decorating at FHJC**. Men's Club members (including Hal Berkowitz, Lee Elovitch, Mitchell Frank, Stephen Markowitz, and David Snyder) joined with others to hang the decorations and provided the pizza and snacks for everyone to enjoy after our hard work. Special thanks go to Jacob Stone for coordinating Sukkah decorating.

Speaking of Sukkahs and Sukkot, by the time you read this, the Men's Club will have held its annual **Barbecue in the Sukkah**. If you were not able to attend, you can look forward to a brief description of the good food and fun in the next edition of the Message.

The fun and camaraderie of Men's Club continues in the month of November and beyond. We will hold a **Membership Meeting** on Wednesday, November 20th: all Men's Club members are welcome to join in the fun and excitement as well as to contribute their ideas for creating new and revitalizing tried-and-true Men's Club activities.

Looking further into the future, Men's Club will host a **Family Havdalah Night** on January 11th. The annual **Coffee House** will be held on Saturday night, February 8th: this event showcases amazing performances by many members of our congregation as well as all the coffee you can drink! The next morning, Sunday, February 9th will be the annual **World Wide Wrap**, chaired by Dan Korb. Whether you put on tefillin every day or have not yet engaged in this mitzvah, this event is fun and meaningful for all.

If you are interested in joining Men's Club, renewing your membership or, if you are a paid-up member of the FHJC Men's Club and would like to become more involved in planning events, let us know at MensClub@FHJC.org.



Thank you to all the volunteers who gave of their time to assist QJCC with their High Holiday food distribution chesed project at FHJC. Everyone's participation in this important mitzvah is greatly appreciated by the organizations involved and especially by the recipients.

Acknowledgements

PULPIT FUND

Felicia & Ben Leeman – in honor of **Deborah Witlin** being recognized for all her hard work at FHJC
Senta Baum – in honor of **Lisl Topper's** 100th birthday
Sue & Fred Levine – Shana Tova to **Rabbi & Robin Skolnik**
Sue & Fred Levine – in gratitude to **Rabbi Graber** for making a shiva call when **Fred's** sister passed away
Esther Feldman – in gratitude to **Jeff Bochner** for his help and his kindness
Esther Feldman – in gratitude to **Judy Beizer** for honors received
Gail Port – in gratitude to **Judy Beizer** for honors received
Monica & Ezra Lagnado – in gratitude to **Judy Beizer** for honors received
The following people have made a donation in memory of **Rabbi Graber's** grandmother, **Shirley Graber**:
Irene & Ron Sternberg
Marian & Martin Krasilovsky
Fran & Zev Spiro
Marcia Kane Hittner & Ellis Hittner
Esther Feldman
Gail Port

Irene & Ron Sternberg – in memory of **Teri Goffner's** brother
Irene & Ron Sternberg – in loving memory of **Temma & Al Kingsley**

The following people have made donations in memory of **Temma Kingsley**:

Pauline Clements
Alicia Murray
Senta Baum
Jack Fruhling & Regina Porter
Marcia Kane Hittner & Ellis Hittner
Joyce & Michael Wechsler
Debra Green
Alan Ruben
Risa Doherty
Esther Feldman

Esther Feldman – in memory of **Elias Strausser's** 50th yahrzeit

Monica & Ezra Lagnado – in memory of **Al & Temma Kingsley**

Joanne & Haskell Klaristenfeld – in memory of **Al & Temma Kingsley**

HAZZAN'S MUSIC FUND

Laurie Lax & Eric Kober – in gratitude to **Judy Beizer** for honors received

KIDDUSH FUND

Elaine & Carl David – in honor of the naming of **Dolly Mae Newman**

Gail Port – in honor of **Steven Goffner's** birthday

Marcia Kane Hittner & Ellis Hittner – in honor of **Lisl Topper's** 100th birthday

Elaine & Carl David – in gratitude for all the wonderful support they received after **Elaine's** accident

Hilda & Rick Chusid – in honor of **Gail Port** being chosen as Kallat Bereshit

Hilda & Rick Chusid – in honor of **Stephen Markowitz** being chosen as Chattanooga Torah

Monica Lagnado – in gratitude to **Judy Beizer** for honors received

Monica & Ezra Lagnado – in gratitude to **Judy Beizer** for honors received

Alan Kirschner & Susan Moskowitz – in gratitude to **Judy Beizer** for honors received

Alan Kirschner & Susan Moskowitz – in honor of **Stephen Markowitz** being chosen as Chattanooga Torah

Esther Feldman – in memory of beloved husband, **Ted Feldman** (yahrzeit)

YOUTH ACTIVITIES

Judy & David Zipkowitz – in honor of the **Kober/Lax** daughter's wedding

Helaine & Andy Bass – in honor of the baby naming of **Dolly Mae Newman**

Judy & David Zipkowitz – in honor of the baby naming of **Dolly Mae Newman**

Rita & Michael Lieberman – in memory of **Rabbi Graber's** grandmother, **Shirley Graber**

Cheryl & Steven Topal – in memory of **Rabbi Graber's** grandmother, **Shirley Graber**

The following people have made donations in memory of

Temma Kingsley:

Cheryl & Steven Topal
Dorothy, Tikva, Hanna & Zahava Mahlab
Marcia Baskin
Miriam Weintraub
Gail Port

MAZEL TOV



Henry Greenbaum Bar Mitzvah November 9, 2024

Henry is a student at Russell Sage, involved in many extracurricular activities, and is very academically talented. He is very good at volleyball, soccer, and basketball, and has participated in said sports. He plays the violin, and is very involved in it. He is a current player for a soccer team in FHYAA. He really enjoys soccer, and he loves music as well.

...to those in our Center family who are celebrating a simcha:

to Leah & David Greenbaum on the occasion of the Bar Mitzvah of their son, Henry

to Lisl Topper on occasion of her 100th birthday

Hamakom Y'nahem המקום ינחם

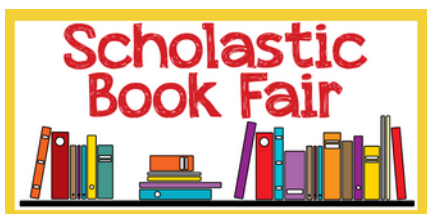
We mourn the loss of our dear Center member:
E. Temma Kingsley

...may God grant comfort and consolation to those
who have lost a loved one.

to Rabbi Daniel Graber on the loss of his dear grandmother,
Shirley Graber

to Maureen Dunkel on the loss of her dear father,
Richard Artman

to Michael Rosen on the loss of his dear father, Morris Rosen
May their memory be for a blessing.



FHJC BOOK FAIR

Sunday, December 8

9:30 AM - 3:30 PM

Monday, December 9

(Nursery Only)

9:00 AM - Noon

FHJC Heller Ballroom



OPEN GYM

SHABBAT AFTERNOONS FUN
IN THE FHJC GYM
STARTING NOVEMBER 9TH

TODDLERS TO 5TH GRADE
1:00-4:00 PM

6TH GRADE AND UP
4:00-6:00 PM

Please note that this is not a drop off
event. All children must be accompanied
by a caregiver at all times.



KIDDUSH SPONSORSHIPS

Thank you to the following individuals for
sponsoring a congregational Shabbat Kiddush in
September & October

September 21, 2024- Fall Simcha Kiddush

Sarah and Stephen Markowitz
Debra and Gary Weil
Dorrie and Hal Berkowitz
Alyssa and Howard Pollack
Nancy Grey and Mark Berman
Candice and Carl Koerner
Maureen and Jason Dunkel
Teri and Steve Goffner
Felicia and Ben Leeman

September 28, 2024- Baby Naming Kiddush

Bochner and Newman families

October 17, 2024- First Day of Sukkot Kiddush

Dorothy, Tikva, Zahava, and Hanna Mahlab (sisters)

Friday October 25, 2024-Kiddush

Gail Port
Sarah and Stephen Markowitz
Azi Graeber and Bentzi Rosengarten
Larry Warmflash



Saturday night, November 2,
FHJC was treated to VINYL
CUT - music of the 60's and
70's. What a great night of
rock n' roll!





Happy, healthy and sweet

NEW YEAR 5785

Rabbi Daniel Graber, Zev & Sivan
Hazzan Randall and Emily Levin, Henry and Michael
Rabbi Gerald and Robin Skolnik,
Rabbi Hillel and Rabbi Sharon Barr Skolnik, Dafna, Liav and Hadar,
Rabbi Yonatan Warren and Leora Skolnik, Calanit and Meirav,
Adam Dicterow and Talya Skolnik, Matan Skolnik
Anna Grosz, Michelle, Alan, Rachel and Daniel,
Diane and Michael, Max, Rebecca, Nathan and Noah, Kenneth, Andrea and Lauren
President: Gary and Rae Kerzner
Executive Director: Deborah and Jacob Gregor, Dan, Rachel, Violet, and Miri
Early Childhood Director: Lynn and Michael Fisher, Zoe and Zachary
Director of Religious School: Silvia and Rabbi Manes Kogan, Daniela, Ilan & Abby
Office Manager: Laurie and Roy Worthman, Michael, Courtney and Miles

THE ABRAMS FAMILY
HELAINE AND ANDY AND FAMILY
BARBARA BERNSTEIN AND FAMILY
JANE & STANLEY BLUM AND FAMILY
DEBBIE & JEFF BOCHNER, NICOLE, ADAM, JACK & LAYLA
MALITZ, AMY, JARED & MILES & DOLLY NEWMAN,
SANDRA ZALBE
LOTTIE BURGER AND FAMILY
CAUDLE ZIEGELBAUM FAMILY
NANCY, RICHARD, JACOB, AND ABBY CHASE
BONNIE & KEITH CHERNIN
ROBYN & LAUREN CIMBOL,
MICHELLE, OFIR,
EREZ YAHIEL MAZOR
MARLA, JORGE, DAVID, AND SAMSON CORNEJO
NORMAN & REBEKAH FASSLER & FAMILY
DIANE, LEONARD, MATTHEW, AMY, ELLA,
AND LILY FOGELMAN
HELAINE & JOE FOX, JOSH & JILL, STEPH & ALEX & ZOEY,
SABLE & ARI FOX, & MAYA SLOAN BRANOVAN
THE BLOCH GOLAN FAMILY
ELLIS & MARCIA KANE HITTNER
BARBARA & JERRY KLIBANOFF AND FAMILY
CATY JARRAT KOATZ
CANDICE & CARL KOERNER AND FAMILY
BETTY & DANIEL KORB
MARIAN & MARTIN KRASILOVSKY & FAMILY
LAX/KOBER/PERNICK FAMILY
FELICIA, BEN, JESSICA, & JOSH LEEMAN,
REBECCA LEEMAN & MAOR GORDON-GUTERMAN

RANDI ZWICK-MARKS, MICHAEL & ELIANA MARKS
RITA & MICHAEL LIEBERMAN, JASON & RACHEL,
DYLAN & LUKE LIEBERMAN, HARRIS, JULIE, GEMMA, STELLA &
TESSA LIEBERMAN, SHARON & SEAN ELLMAN & LEVI
VALERIE & JACK LEIBLER & FAMILY
SUE & FRED LEVINE
TIKVA, ZAHAVA, HANNA, & DOROTHY MAHLAB
MR. & MRS. OSKAR MATZNER & FAMILY
ANITA MILLER
ROZ OKUN & FAMILY
ALYSSA, HOWARD, MADISON, HAILEY & MELISSA POLLACK
PAULINE, MARK, MELISSA, ROBBIE, ERICA,
MAX & REESE RAPHAEL
FRED & WYNN RESNICK & THE RESNICK FAMILY
AUDREY LOU SEVIN AND FAMILY
LISL TOPPER
DEBRA, GARY WEIL, LAVEY & ALEXA, AARON, AND TSVI WEIL
MICHELE, DOUG, ZACHARY & DYLAN WEINER
MIRIAM WEINTRAUB
EVA KELEN-WEISS & FAMILY

לשנה טובה





Kehilat Yeladim

A new Shabbat program
for children ages 8 to 12

Join Morah Marcy Mirkin
for an hour of
prayer, singing, and activities.

Saturdays – 11 am to 12 pm

- November 9th
- December 14th
- February 8th
- March 15th
- April 5th
- May 3rd

Save the dates!



For more information contact
rsoffice@fhjc.org

ONGOING EVENTS

Sundays at 9:25AM: Yoga with Lorain. Email Lorain for details at LLSW@AOL.COM.

Monday at 6:30PM: Parasha Study with Rabbi Graber

Wednesdays at 8:00PM: The FHJC Watch Party - We are watching
"Only Murders in the Building" Season Four (4)

Wednesdays at 6:25PM: Yoga with Lorain. Email Lorain for details.

Friday morning – Pilates: 9:30 mat class (bring your own mat); 10:40
chair class. Both sessions meet in the Heller Family Ballroom.

Once a Month on Tuesdays at 8:00PM: Yiddish Conversation Group.
Join us for a bit of *mameh loshen*.

See the FHJC Calendar for links to these events.



On Sunday, Sept. 22, a gloriously beautiful day, the FHJC Men's Club sponsored an outing to Five Towns Batting Cage and Mini golf. Twenty-three members of our community attended and, from all reports, had a great time!



On Sunday, September 29, volunteers helped to pack Rosh Hashanah packages for the QJCC High Holiday food distribution chesed project at FHJC. Everyone's participation in this important mitzvah is greatly appreciated by the organizations involved and especially by the recipients.



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