



המרכז היהודי ד'פורסט הילס

Message

FOREST HILLS JEWISH CENTER

January-February 2024 /Tevet-Sh'vat-Adar I 5784/ Vol. LXXIX No. 3

Save
the
date

**FHJC Annual Journal Dinner Dance
Honoring Romi Narov
FHJC Immediate Past President
March 2, 2024**



**SAVE THE DATE
SCHOLAR-IN-RESIDENCE**

**February 9-10, 2024
Rabbi Dr. Noah Bickart**

Rabbi Dr. Noah Benjamin Bickart holds the Jack, Joseph & Morton Mandel Chair in Jewish Studies at John Carroll University in Cleveland. Born and raised in Washington DC, he first developed a serious connection to Jewish life and learning at Adas Israel. He holds degrees from the University of Chicago, Harvard, and the Jewish Theological Seminary of America. After a postdoctoral fellowship at Yale, he began teaching at John Carroll in 2018. He lives in Beachwood, Ohio with his wife Nadia Kahn and his two children, Meir Zeev and Rina Hana.

Join Dr. Bickart for presentation and discussion on "The "Lord's Prayer" in Context: Ancient Jewish Prayer in The Dead Sea Scroll, the New Testament and Rabbinic Literature" and "Lashes Of Fire: A Talmudic Metaphor For Power." Watch for details to register and sponsor Shabbat Dinner and Kiddush Luncheon. FHJC's Scholar-in-Residence Program is made possible through the generous support of the Sevin family, in loving memory of Malvin Peace Sevin.

**The Forest Hills
Jewish Center
presents**



SUNDAY, FEBRUARY 4, 4:00PM

\$30/pp

\$20/pp — 13 years and younger

Click here to purchase tickets





FROM THE RABBI'S STUDY

Rabbi Daniel Graber

Dear Friends,

In the chilly, sometimes snowy, New York midwinter, we annually celebrate Tu BiSh'vat as a holiday of planting trees. It is difficult to imagine grabbing a shovel and planting seeds when the ground is still frozen! But Tu BiSh'vat is not just about the planting, its about the growth process as a whole.

The Babylonian Talmud asks why the month of Sh'vat, bridging January and February for 2024, is the right time for this "New Year for the Trees."

It then answers, "R. Eleazar said in the name of R. Oshaia: Because by then the greater part of the year's rain has fallen and the greater part of the cycle is still to come." (Rosh Hashanah: 14a)

At this point, the rain which the trees needed to absorb has fallen and the tree's roots have taken in the necessary nutrients for the trees to grow. Rashi describes it as the time when the "sap rises" through the tree so that the fruit can ripen. In the middle of winter, the once green and fragrant tree stands shorn of its beauty and appears to be dead. Tu BiSh'vat comes and we think of the sap flowing beneath the bare bark, rising slowly from the roots, nurtured by deep stores of water. We know that the end result is new life in the spring. The bare branch and the blooming new leaf are part of the same cycle of growth.

Human beings are very much like trees in that we too go through periods of growth and renewal, and those periods can be in cycle with stagnation and dormancy. When we feel stuck in a rut, paused on our path, it is important to remember the "rains" which we have to draw on, our families, our friends, our communities, our past experiences that brought us forward to this moment. We can tap into these reserves of life-giving sap to move upward and help us stretch our branches up so that we continue to grow.

May 2024 be a year in which we feel connected to our roots so that we can branch out!

Bivracha - with blessings,

Rabbi Daniel Graber



FHJC BIKUR CHOLIM

Bikur Cholim is working and helping our membership when needed. If you need a visit or phone call or know someone in need please email Hazzan Levin (rlevin@fhjc.org) or Rabbi Graber (rabbie@fhjc.org) or Debbie Bochner (Debbiebochner@gmail.com)

If you would like to have someone on the *misheberach* list please call Laurie Worthman in the center office 718-263-7000



The Message USPS 340-300 Forest Hills Jewish Center, 106-06 Queens Boulevard, Forest Hills, NY 11375-4248. 718-263-7000.

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NOTES FROM THE HAZZAN

Hazzan Randall Levin

Rabbi Abraham Joshua Heschel noted that rather than imitate the magnificent Cathedrals all around them, the Jews of Christian Europe instead built “bridges leading from the heart to God” – the prayers of our ancestors. The blueprints of those prayers are contained in our liturgy: the *Siddur*, the *Machzor*, the Haggadah, *Piyyutim*, *Selichot*, and *Kinot*. These prayers draw upon the language of our Bible, imbued with the insight of our sages, and “adorned with the piety of thirty generations.” The Siddur, in particular, is testament to the genius of our forebears. It serves as both instruction to, and inspiration for, the individual worshiper and assembled congregation in communicating with God. The Siddur further preserves the historical experience of the Jewish people, serving to chronicle our memory of collective triumph, and also our memory of national defeat, exile and suffering.

The most notable such memory recorded in the Siddur is, of course, *y'tsiyat mitzrayim*, our coming out of Egypt and our passage from slavery to freedom. This seminal moment of our sacred mythology predominates our liturgy, not only at Passover, but all year round. We reference the Exodus explicitly during our daily prayers in *Pesukei D'zimra* (verses of song), during the Shema and its blessings, and during the Shabbat evening Kiddush, when we affirm aloud that we are commanded to observe the Sabbath as a remembrance of our redemption from slavery.

In a few weeks, we will read in the Torah from *parashat Beshalach*, in which the Israelites, lead by Moses and Miriam, celebrate in song upon crossing the Red Sea. When we read these passages, referred to as *Shirat Hayam*, we do so in an explicitly responsorial manner (there is even a debate in the *Gemara* as to the precise manner in which these verses should be chanted). And, according to the *Zohar*, one who sings the *Shirah* with the correct *Kavanah* will be rewarded by also singing the praises of miracles in times to come.

The common Ashkenazic chant for *Shirat Hayam*, known as the shira melody, is considered to be the oldest melody in our rich musical tradition, and it bears a striking resemblance to the Sephardic melody used in the French, Italian, Portuguese and Moroccan traditions as well. Like the textual references to the Exodus itself, the shira melody is used in a striking number of places in our ritual tradition, including elsewhere in the cantillation, in the Friday evening nusach, in the wedding service, and even in the short confessional on Yom Kippur. The textual connection is not always apparent, but each time the melody is employed it is done as a celebration of arriving from one state of being to another, or upon the arrival at a new stage of existence along a journey. Our inherited musical tradition seems to understand that the use of a

single melody across various texts (referred to as melodic contrafact) works because, in the words of Andrew Bernard, “music triggers emotional associations that bind worshipers to the significance of the moment and, simultaneously, to each other.” Thus, our common experience of music can transcend the superficial reading of the text itself. Through music, we can experience the same joy (indeed redemption!) in hearing the reader complete a section of our sacred text that we feel when celebrating the union of a new couple. We can fully connect the delight of Shabbat with the celebration of Moses and Miriam at the Red Sea. In the simplest terms, the shira melody signals a moment of rejuvenation and rebirth.

As we journey together through these winter months, I want to call attention, with pride, to the many musical moments happening at the Forest Hills Jewish Center. This month, we will have the Men’s Club-sponsored Coffee House (January 27th). This fun evening is a wonderful opportunity to hear music, mingle with other congregants, and drink “coffee.” Just a few weeks later, on February 4th, we will welcome our congregant Mike Boxer and his world-renowned Jewish a capella group, Six13, for a very special concert that will be sure to delight the Forest Hills community. Please come, and bring a friend! Six13! Our adult chorus, Nagilah, continues to prepare selections of new and classic Jewish choral music on Sunday mornings. If you enjoy singing, share your talents and become a part of this wonderful group of musical congregants. Lastly, stayed tuned in the coming weeks for more information on a special concert I will be giving in April. I look forward to seeing all of you at one or more (or all!) of these opportunities to experience beautiful music together.

B’simcha v’shira,
Hazzan Randall Levin

Coming Soon

2024 World Wide Wrap Sunday, February 11, 2024





FROM THE PRESIDENT

Gary Kerzner

The Voices Around Us

At times I like to stop, take a deep breath, and enjoy a bit of silence. A sea of voices surrounds us each day, vying for attention, from the moment we rise to the instant our heads hit the pillow, and it's easy to feel overwhelmed. Being tuned in to the ongoing war in Gaza and the many sources providing daily (even hourly!) updates on the *matsav* (situation) can draw your attention and make it seem like a must-hear or must-read you simply can't ignore. There are also voices, closer to home, that can frighten us with the intensity of their ill feelings and vitriol – such as we heard recently in McDonald Park from a small band of pro-Palestinian demonstrators. Fortunately, there are other voices, equally compelling, that bring a measure of comfort and moments of peace. One such voice came from our members – adults and children – chanting the blessings and singing familiar Chanukah songs at our communal menorah lighting ceremony on the sixth night of the holiday. Other voices that speak to the Jewish neshama (soul) and remind us of the millennia-long continuity of our people are heard each week in Kabbalat Shabbat and Shabbat morning services. The sweetest voices of all come from our children as they chant the Ashrei prayer and lead us in Ein Keloheinu and Adon Olam. It's our responsibility to ensure their voices continue to be heard in shul and it will be their responsibility to ensure the voices of future generations continue to be heard there, too.

Gary Kerzner, President

FHJC Men's Club Coffee House

**FHJC Men's Club is proud to announce the return of the famous
FHJC Coffee House with performances from our members.**

Join us for an evening of fun and song, skits, and more along with snacks, coffee, and BYOB!

Saturday Evening, January 27, 2024 | 7:30 PM

Men's Club/Sisterhood Members

\$20 Adult [12+]

\$10 Child

Family Pack 2 Adults/3 children \$50

NON Men's Club/Sisterhood Members

\$25 Adult [12+]

\$10 Child

Family Pack 2 Adults/3 children \$60

[Click here to RSVP](#) and for payment information

For information contact Hal Berkowitz redzonehal@aol.com or 917 509 7351

ADVANCE PAID RESERVATIONS ARE REQUIRED. ABSOLUTELY NO WALK INS!!

EDUCATION AND ENGAGEMENT

Jessica Braginsky

Religious School Meeting the Moment

A few weeks ago I attended a portion of a conference run by The Jewish Education Project called "Meeting The Moment: Israel + Jewish Peoplehood Education in a Time of War." It was designed to support tween and teen educators in light of the monumental challenges facing Jewish learners today - the war between Israel and Hamas, the dramatic uptick in antisemitism worldwide, and the anxiety that accompanies all of it.

One workshop was led by the organization M Squared. It analyzed data from a new questionnaire that is gathering data for the field of Jewish education about educating tweens and teens after October 7. About 93% of educators from diverse settings believe that we are in a critical historical moment for the Jewish people. Around 80% felt that they had a critical role in helping learners grapple with it.

The survey went on to ask educators to name the big issues and questions that the current situation in the Jewish world (in Israel and beyond) might be evoking for their learners. The top 4 were the dynamics of: facts and narratives; safety and fears; hope and despair; and solidarity and fragmentation. Here is how we are addressing these issues at the Forest Hills Jewish Center Religious School.

From the outset, we have fostered an open environment where students could ask questions and check facts. We have had opportunities as a whole school and in the classrooms to review the news and to make sure that students are getting factual information from trusted sources and not relying on rumor, friends or social media.

Forest Hills Jewish Center has made a huge commitment to keeping our students, and all those in the building for any reason, safe. Our friendly

and attentive security guards are present and visible reminders that there are adults who care for the security of the students. We have stressed, especially with our younger learners that FHJC is a physically safe place for them. Beyond that, the teachers in the Religious School have been doing what they do so well - creating safe spaces for the students to share their fears and concerns, to discuss the antisemitism that they encounter, and to feel supported.

Hope is at the center of much of what we do now at Religious School. This Chanukah, we took the opportunity to focus on the lessons we learned from challenges in our past. Our older students reviewed the story of the Maccabees and the difficulties that they faced. Then they discussed the challenges that they as Jews face today. Through art, cartooning and drama they expressed how we can use Jewish values meet these challenges together. To finish our program, students wrote how they would spread their light this Chanukah. Students lifted up "courage," "resilience," and "unity" as values we could use to meet the current moment.

Our minyan has been a key component in fostering Jewish solidarity. From reciting prayers for Israel, to highlighting themes of Zionism, peace and release of captives in prayers that students already know, to singing Hatikvah at the end of minyan every Sunday, we link our students to the traditional wellsprings of Jewish strength and identity. Our 5th grade with Moreh Josh Altman now recites a prayer for Israel before class every Sunday. Israeli dance with Dancing Danny and especially music with Morah Marcy Mirkin play a large part in connecting our students with Israel and the Jewish community. While it is undeniable that the world is a scarier place for Jews since October 7, the message of Am Yisrael Chai can be heard loud and clear at Forest Hills Jewish Center.



Nagilah The Chorus of Forest Hills Jewish Center

We meet Sunday mornings at 9:00AM
Don't read music? Don't worry!

Voice memos are provided for every selection!
Contact [Heidi Nelson Rolnick](#) for more information.



NEWS FROM NURSERY SCHOOL

Lynn Fisher

Winter is not just a season of chilly winds and falling snowflakes; it's also a great time to instill values of compassion and empathy in the hearts of our littlest learners. As educators in a Jewish early childhood setting, we have a unique opportunity to cultivate a sense of kindness that goes beyond the winter season. Here are some "Snowflake Moments" that focus on nurturing empathy among our students.

Much like snowflakes, each child is unique with their own set of experiences, emotions, and perspectives. Preschoolers are as intricate as snowflakes, representing a beautiful diversity that sets each of them apart. Just as no two snowflakes are alike, our little ones flourish with their distinct curiosities, interests, and talents. Recognizing and celebrating this individuality lays the foundation for empathy. As educators, we can foster an inclusive environment where every child's story is valued, creating a sense of belonging that extends beyond the classroom.

Winter is a time when acts of kindness can be seamlessly woven into daily routines. Whether it's sharing warm gloves with a friend or expressing gratitude for all that we have, these acts become opportunities to teach empathy. By integrating Jewish values of tzedakah (charitable giving) and gemilut hasadim (acts of loving-kindness), we can help our young learners to understand the impact of their actions on others.

Chanukah provided us with a meaningful backdrop for teaching empathy. Beyond the traditional lighting of candles, and talking about overcoming

adversity, we designed activities that involve giving back to the community. Collecting toys for children who "have less than us" not only imparts the spirit of Chanukah but also instills a sense of responsibility and empathy in our children.

Inviting even our littlest ones to reflect on their daily interactions such as talking about moments where they felt warmth or experienced challenges helps them develop emotional intelligence and empathy. This allows them to recognize and understand their own feelings as well as those of their peers.

During library, we share stories of kindness passed down through generations allowing the children to gain insights into the impact of empathy on building strong and supportive communities. Winter stories, especially those with intergenerational themes, nurture empathy.

As Jewish early childhood educators, we play an important role in shaping the character and values of our littlest learners. These "Snowflake Moments" help us teach empathy, compassion, and kindness. By integrating these principles into our curriculum, rituals, and celebrations, we contribute to the development of compassionate and empathetic members of our community. Just as snowflakes collectively form a beautiful landscape, our children, with their distinctiveness and shared community, contribute to the radiant tapestry of our preschool community.



Let's share a Shabbat experience for tots - seven year-olds and families.

Songs, stories and tools to manage stress, build focus and foster gratitude with a goal to growing resilience and optimism in your child and your family.

**11:30 AM-12:15 PM
January 6, 20, February 3**



**Come Celebrate with Friends
Singing, dancing, praying & story telling with
Morah Riki.**

Shabbat treats and grape juice for all!

**10:45-12:00 in the Crystal Room
January 27, February 10**



ADULT EDUCATION

Judy Gostl and David Snyder



The secular year starts with the **History Readers Book Group** meeting on **January 4**. The book this month is *The Jews of Spain: A History of the Sephardic Experience* by Jane S. Gerber. We are pleased to see a lot of interest in this book and look forward to our discussion about it on January 4, 2024, at 8:00PM on Zoom.

Josh Lowy is teaching on Shabbat after the Kiddush in person and on Zoom. **Save January 20** when Josh will teach *Human Consciousness, Artificial Intelligence, and the Future of Humanity*. This is a discussion of the origin and development of consciousness in the brain, the expansion to Artificial Intelligence and its ramifications for society. The discussion will reference connection to religion and the divine. A science background is not required. **To RSVP click [here](#).**

On **Sunday, January 28 at 10:00 AM Lenny Picker** will be interviewing Assistant Professor of Religion and Program in Judaic Studies at Princeton University, Liane Felman, about her book, *The Consuming Fire: The Complete Priestly Source, from Creation to the Promised Land*. In this book she explores what the Chumash would look like if the only version of the sacred texts were the passages ascribed to the priestly source by biblical scholars. Watch for the flier for the full description of the premise of this book. **Click [here](#) to register and receive the link.**

Azi Graeber is next on our calendar. His topic is *Major Rabbinic Disputes in European Jewish History*. Eastern European Jewish history is replete with rabbinical feuds. Sometimes these quarrels took place by letter or at the pulpit, other times in the streets (including literal stone-throwing at times). In one particularly dramatic and drawn-out war of words, a prominent rabbi and his followers accused another of allegiance to notorious false messiah Shabbaetai Zevi. Competition over communal territory even led to the occasional riot. In this survey of famous rabbinic rumbles, we will dive into several such examples from the 17th through the early 20th centuries. **Save Tuesday, February 13 at 8:00PM for the Zoom.** Watch for the flier!

The Hebrew Literature Group will meet on **February 15** on Zoom. The topic this month is *Magash Hakesef, The Silver Platter*, by Natan Alterman, a famous poem written in 1947, when the sacrifices that would be necessary to found a state became all too evident. It is a theme that resonates in our time. **Click [here](#) for the Zoom link.**

Adult Education is also looking forward to a full and exciting program for the Spring months. Planning has already begun for the following year. Talk to David and Judy about your ideas for next year. It is never too early to plan.



HEBREW LITERATURE GROUP

Mitchell Frank

Our theme for the present year is *Poems of Resistance and Hope*. We have by now had two meetings on this theme. In the first, we focused on *HaTikvah* - Israel's national anthem; in the second, we read "*Birkat Am*" by Hayyim Nahman Bialik, which was at one time a contender for Israel's national anthem. In each meeting, a second text or set of texts from antiquity was looked at together with the modern text.

We will meet next on **Thursday, February 15th at 5:30 pm**, on Zoom. Our main text will be "*Magash Hakesef*," the "*Silver Platter*," by Natan Alterman, a famous poem written in 1947, when the sacrifices that would be necessary to found a state became all too evident. It is a theme that resonates in our time.

In the Hebrew Literature Group our texts are in Hebrew, but are accompanied by English translation, and discussion is in English. Join us!

Mitchell Frank





MEN'S CLUB

Hal Berkowitz

In honor of the late Scott Sharinn, Men's Club is pleased to be sponsoring **Havdalah Night** in his memory. Havdalah Night was a pet project of his to bring children and their parents to shul to close Shabbat. Scott died suddenly in 2021, leaving behind his teenage son, Ashton, whom he raised as a single parent. May this event be a blessing and a wonderful memory. Please come and join in this celebration of Havdalah, dinner, and a choice of movies: "Encanto" or "You Are SO Not Invited to My Bat Mitzvah."

Men's Club is presenting the revival of **Coffee House** in person! **Saturday night, January 27, at 7:30PM.** Come and watch as members of our synagogue — and our clergy! — sing and show off their instrumental skills. Men's Club looks forward to doing the annual closing number, and you don't want to miss Heidi's Listserv Lament, which is one of the highlights of this evening. **Please make your registration [here](#)** and bring your friends and family.

Join Men's Club on the morning of **Super Bowl Sunday, February 11, 2024, for World Wide Wrap.** This will be our first wrap since the pandemic. After morning services will be a breakfast and learning session with our clergy.

Please support FHJC's Men's Club by becoming a member; our dues are \$40.00.

Hal Berkowitz
Interim Men's Club President

Shabbat Kiddush at FHJC

FHJC holds a weekly congregational kiddush, starting immediately after Shabbat Musaf services. When there is a simcha or other special event, this is typically a seated luncheon in the Heller Ballroom; on other weeks, we serve light refreshments in the Crystal Room. If you can contribute time and effort, please consider volunteering with the Kiddush Committee. Many hands make light work.

If you can contribute funds to sponsor a kiddush in honor of a simcha, either individually or as part of a group of co-sponsors, there is no minimum, and we can work with any budget. For reference, a luncheon with bagels, cream cheese, tuna salad, egg salad, desserts, etc. costs about \$1,200.

Contact Jonathan Kastin to sponsor, to volunteer, or for any questions:
jkastin@mac.com or 917-789-0490. See our website at: www.FHJC.org/kiddush

Thank you to the following individuals for sponsoring a congregational Shabbat Kiddush from December through January. A list of sponsors will be distributed for each event.

- December 2: Lillian and William Regen in honor of the bar mitzvah of their grandson, Ben Regen
- December 9: Chanukah / Special birthdays and anniversaries
- December 23: Fran Spiro, in honor of Zev's birthday
- January 20: Jay Luger in honor of his 80th birthday
- January 27: Sisterhood Shabbat



SISTERHOOD

Laurie Lax, Presiding Officer, January/February

I am serving as the Presiding Officer of Sisterhood for the months of January and February 2024. I have the pleasure of working with a very energetic and creative group of women on the Sisterhood Board, who are generating an abundance of wonderful programs for the FHJC Sisterhood and larger shul community. Highlights of recent programs include a book talk with author, Maggie Anton, and "Cooking with Sephardic Spices", with our very own culinary expert, Benita Gayle-Almeleh.

Our January and February schedule is quite busy with special programs. We are looking forward to "**Challah Bake**" with Amy Newman on **Sunday, January 21 at 4 pm**. **Sisterhood Shabbat** will take place on **January 27**, including an informal kiddush lunch to follow the service. On **Tuesday, February 6 at 8 pm**, **Deborah Ball Witlin, Attorney at Law** will conduct a program on wills, estate planning, healthcare proxies, and power of attorney. Finally, the **BQLI Region of Women's League** is sponsoring a health program on Zoom: "Optomizing Women's Cardiovascular Health: "A Glimpse of the Present and Future," presented by Dr. Ramanak Mitra from Northwell Health. Details to follow.

We have many ongoing activities, including **Daytime Readers**, who will meet next on **January 25 at 10:30 am**, reading: *Olga Dies Dreaming* by Xochitl Gonzales. **Yoga with Lorain** is meeting regularly on **Sundays** and **Wednesdays**. We are also hoping to begin a **Pilates** class, with a demo class scheduled for **Tuesday, January 9 at 6:30 pm**. Look for the flyer and interest survey. Our very successful drive for the Transition Center for women victims of domestic violence, took place in December, and there will be more drives planned in 2024.

Please continue to support Sisterhood by participating in our activities and by becoming a Sisterhood member. Do you want to become a member of the Sisterhood Board? Talk to our Sisterhood Presidium members: Judy Gostl, Rae Kerzner, Laurie Lax, and Debra Weil. Any questions? Contact us at Sisterhood@FHJC.org.

Laurie Lax, Presiding Officer

Join FHJC Sisterhood & School Board for a Challah Bake

with Amy Bochner Newman

Sunday, January 21, 2024 | 4:00PM - 6:00PM | Crystal Room

\$36 per person (age 11 to 99)

\$18 per person (age 10 and younger)

\$75 maximum for a parent and children

Join with FHJC Sisterhood and the FHJC School Board for a Sunday afternoon making challah. We'll provide everything you will need to make the challah dough.

Guided by Amy's expert instruction you'll make the dough, learn how to braid the loaves, and go home with a challah ready to pop in your oven. There will be raffles and door prizes. There will be small snacks during the time when the dough is rising.

You are welcome to bring your own wine.

\$5 of your admission will go to support American Friends of Neve Hanna <https://afnevehanna.org/>

To register to attend this event click [HERE](#)



Thank You

תודה רבה

2023–5784 KOL NIDRE APPEAL TODAH RABAH LISTINGS

THANK YOU FOR YOUR GENEROUS SUPPORT OF THE KOL NIDRE CAMPAIGN 5784

We wish to express our deepest appreciation to everyone who contributed so generously to our 2023–5784 Kol Nidre Campaign. A number of donors have chosen to remain anonymous and we have done our best to respect those requests. If your name is not here and should be here, please let us know. We will correct any mistakes and publish a notice of correction in the next *Message*.

Even if your name is not here, it's not too late. We'll be happy to say *todah rabah*—thank you in the next *Message*.

The responsibility of ensuring the viability of our shul for future generations now falls upon us. We hope that every member of our shul will join us in this important mission so we can reach our goal of 100% participation.

Gary Kerzner, President and the members of the Executive Board:

Mitchell Frank, Richard Chase, Zach Wichter, Debra Weil, Preston Forman, and Suzanne Vick

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 L. David & Rana Silver
 Lisl Topper
 Rena Wirshba

Other

Nira Avidor
 Michael D. & Sharon Victoria Azizollahoff
 Harold & Dorrie Berkowitz
 Arthur Cader
 Pauline Clements
 Ms. Bonnie Dassa
 Marvin & Evelyn Deluty
 Harris A. & Roberta Drusin
 Jason & Maureen Dunkel
 Lee Elovitch
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 Martin & Melanie Topol
 Jonathan & Suzanne Vick
 Aaron Weil
 Doug & Michele Weiner
 Mark & Mindy Weinblatt
 Mr. & Mrs. Zeev Zamir

Life Cycles

Mazal Tov מזל טוב

...to those in our Center family who are celebrating a simcha:

to Lillian & Bill Regen on the Bar Mitzvah of their grandson,
Ben Regen, son of Amy & Joey Regen

to Jay Luger on the occasion of his 80th birthday

to Melissa & Justin Tessler on the baby naming of their daughter,

Marty Joy

Hamakom Y'nahem המקום ינחם

...may God grant comfort and consolation to those
who have lost a loved one.

to Ron Amram on the loss of his dear father, Rafael Amram

to Shira Boxer on the loss of her dear mother, Rochelle Axelrud

to Ilana Altman on the loss of her husband, William (Bill) Altman

to Ariel, Denh, Aliza, and Joshua on the loss of their father,
William (Bill) Altman

We mourn the loss of our dear Center member:

William (Bill) Altman

May his memory be for a blessing memories be for a blessing



Sisterhood Daytime Readers

Thursday, January 25, 2024
10:30 AM (ZOOM)

Olga Dies Dreaming by Xochitl Gonzalez

In this debut novel, a blazing talent tells the tale of a status-driven wedding planner grappling with her social ambitions, absent mother, and Puerto Rican roots.

Click [here](#) to register & receive the Zoom link.



ONGOING EVENTS

Sundays at 9:25AM: Yoga with Lorain.

Monday at 8:00PM: Parasha Study with
Rabbi Graber

Wednesdays at 4:45PM: The FHJC Watch
Party

Wednesdays at 6:25PM: Yoga with
Lorain.

See the [FHJC Calendar](#) for
more!

Acknowledgements

PULPIT FUND

Alyssa & Howard Pollack - in gratitude to **Rabbi Graber** for his help when **Howard's** mother passed away

HAZZAN'S MUSIC FUND

Alyssa & Howard Pollack - in gratitude to **Hazzan Levin** for his help when **Howard's** mother passed away

KIDDUSH FUND

Felicia & Ben Leeman - in honor of the Bar Mitzvah of **Lillian & Bill Regen's** grandson, **Ben Regen**

Esther Feldman - in gratitude to **Judy Beizer** for honors received

Ezra Lagnado - in gratitude to **Judy Beizer** for honors received

Laurie Lax - in gratitude to **Judy Beizer** for honors received on the yahrzeit of her father, **Dr. Melvin Lax**

Eric Kober - in gratitude to **Judy Beizer** for honors received

Laurie Lax - in gratitude to **Judy Beizer** for honors received

Roz Okun - in memory of **Ron Amram's** father **Rafael Amram**

YOUTH ACTIVITIES

Judy & David Zipkowitz - in honor of **Zev Spiro's** birthday

Judy & David Zipkowitz - in honor of **Matt Beizer's** special birthday

Judy & David Zipkowitz - in honor of **Pauline Raphael's** special birthday

Judy & David Zipkowitz - in honor of **Al Kingsley's** special birthday

Judy & David Zipkowitz - in honor of **Andrew Witlin's** special birthday

Alissa Reicherter - in honor of **Emily, Jesse, Caleb & Micah Goldberg**-in gratitude for being such generous, caring friends

Monica, Ezra, Caroline & Evelyn Lagnado - in memory of **Jenny Friedlich** (19th yahrzeit)

Nancy Nisselbaum - in memory of **Ron Amram's** father, **Rafael Amram**

Helaine & Andy Bass - in memory of **Martin Mayblum**

JACK VOGEL FUND

David, Cary, Beth, Hal, Lance, Alan, Jamie & Jordan - in memory of their beautiful mother & grandmother, **Elaine Vogel**, on her first yahrzeit

FOREST HILLS JEWISH CENTER

Award Winning Nursery Program

Our educational methods encourage children to become confident, independent, responsible, and creative thinkers, as well as help them develop interpersonal skills that support the productive years of learning that lie ahead.

TODDLER PROGRAM

Through our rich Judaic curriculum, children participate in exploratory activities that use all their senses to experience their world through a play-based environment. They will begin to develop communication, social, physical and problem-solving skills.

Early Drop-Off and Late Pick-Up Options Available

Children in our Toddler/3K programs have priority in our 3K/Pre-K for all programs.

Nursery School Registration is soon upon us for the 2024-2025 School Year

Watch for Summer Camp 2024 Registration!

Please contact Lynn Fisher at (718) 263-7000 ext. 220 or nursery@fhjc.org

Catch the Early Bird Specials!

www.fhjc.org/nursery-school

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f 718.268.4823
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