

# המרכז היהודי ד'פורסט הילס Message

September-October 2022 / Elul-Tishrei-Heshvan 5782-5783 / Vol. LXXVIII No. 1



# FHJC Kol Nidre Campaign 5783 Join Us On Our Journey

# SCHEDULE OF SERVICES FOR THE HIGH HOLIDAYS

#### **ROSH HASHANAH:**

Erev Rosh Hashanah, Sunday evening, Sept. 25:

6:30 PM, Little Synagogue

Rosh Hashanah Day One, Monday, Sept. 26:

9:00 AM, Main Sanctuary; 6:30 PM, Little Synagogue

Rosh Hashanah Day Two, Tuesday, Sept. 27:

9:00 AM, Main Sanctuary; 7:20 PM on Zoom only

KOL NIDRE AND YOM KIPPUR:

Kol Nidre, Tuesday, October 4:

6:15 PM, Main Sanctuary

Yom Kippur, Wednesday, October 5:

9:30 AM; 4:30 PM, Main Sanctuary

It requires an act of faith to embark on a journey whose end point is not yet totally in focus. Of course there's risk but often the risks of inaction are greater. Forest Hills Jewish Center is now at a point where the dreams we've pondered for so many years are becoming reality, but the exact shape of the reality is still a bit fuzzy. Just as we are planning our move to an interim location and leaving the home we have known for three-quarters of a century, we are also recognizing more than 40 years of service that Rabbi Skolnik has dedicated to FHJC, as we count the days of this, his last year as Rabbi of our shul.

So, we are all taking a journey together, our destination is FHJC Version #2 (or maybe it's actually #3, being as our current home was not our first). The responsibility that we have is huge – we are building the center of Conservative Judaism that will serve our community for generations to come. We need each and every one of you, our members, to be part of this journey in order to ensure a successful outcome.

The Kol Nidre campaign this year marks a very momentous time in the long and storied history of FHJC. Our motto, "Honoring Our Tradition, Building Our Future" has never been as true or as relevant as it is now. Please, participate in the Kol Nidre appeal to limit of your ability and help us navigate our shul to a safe and strong new home.

Shana Tova U'Metukah.

Romi Narov, President
And the members of the Executive Board:
Rabbi David Cavill, Richard Chase, Eric Kober, Carrie Leifer,
Robert Samuel and Debra Weil



#### FROM THE RABBI'S STUDY

#### Rabbi Gerald C. Skolnik

#### Coming Around Again...

As we move inexorably towards Rosh Hashanah and Yom Kippur, I can't help but recall a great lyric by singer/songwriter Carly Simon that seems particularly appropriate to me right at this moment... I know nothing stays the same, but if you're willing to play the game, it could be coming around again.

The song was written for the movie "Heartburn," and it spoke to the possibilities of renewal and discovery of new love even in the aftermath of pain and disappointment.

This season of the Jewish calendar year is all about that theme. No matter what we do, or how hard we might try to avoid the inevitable, Tishrei is replete with holidays that are "coming around again," some extraordinarily somber, others celebratory, all bringing us together with friends, family and strangers seeking another chance to "get it right."

Admitting that we might have what to improve on in our personal and professional lives is not an easy task. Even the most sincere desire to change ourselves will encounter resistance, because it requires confronting aspects of ourselves that we aren't particularly fond of. Owning our inadequacies is painful, because the kinds of inadequacies that most of us suffer from are all too predictable- too human, if you will.

It hurts to open our hearts to true vulnerability, but as her lyrics unfold, Carly Simon herself observes that there's "more room in a broken heart." She had known the painful collapse of her marriage, and while the song was written for the movie, it mirrored her own experience, and the possibility of allowing herself to consider that she could fall in love again.

As I understand it in its traditional sense, that's what *T'shuva* is all about. It may be hard to forgive ourselves for instances in which we fell short of our own expectations or needs, but one thing that we are taught is that God never tires of "falling in love with us again." That's what describing God as an *El Rahum v'Hanun* is about... a merciful and compassionate God. We may despair about ourselves and our potential to change, but Rosh Hashanah and Yom Kippur are all about God "coming around again," if you will. God never gives up on us. Nothing stays the same... except for God's love.

In advance of the holidays, please know that Robin and I, and our family, wish all of you, and your families and loved ones, a year that will be blessed with good health, happiness and peace... and the warm and reassuring awareness of God's love. We are never beyond repair.

Rabbi Gerald C. Skolnik

#### **De-Stress with FHJC**

Mondays, 5pm via Zoom



Warm company and professional support from Dr. Mitchell Frank and Ariela Frieder, M.D.

Come share your concerns and hopes. See the FHJC listserve for the link.



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#### **NOTES FROM THE HAZZAN**

#### Hazzan Randall Levin

There is a debate in the Talmud regarding why the repetition of the Amidah was introduced. The Talmud teaches that reciting the amidah is incumbent on every member of the congregation, and that the recitation of the communal prayer leader would fulfill the obligations of those who were not familiar with the prayers. Rabban Gamliel, however, taught that the prayer leader exempts the entire congregation from their obligation, including both those who are familiar with the prayers and those who are not. At the heart of this debate is the essence of communal prayer. For Gamliel, the essence of saying the prayers aloud clearly was not merely just fulfilling a statutory requirement, but rather more about our need to pray together as a group. In this sense, the Hazzan is not acting as a priest who recites a magical incantation that will resolve the legalistic question of whether one has fulfilled some halachic obligation, but is instead acting as an emissary of the congregation: a representative who will help us fulfill our need to commune with the divine in a public service. The majority opinion does not, however, agree with Rabban Gamliel that one who is knowledgeable may also be exempted from saying the statutory prayers by merely responding "Amen" to the Hazzan's prayers. Those who are able are obligated to say the prayers for themselves before the Hazzan leads prayer on behalf of the community. The notable exception to this rule, though, is on the High Holidays, where our tradition holds that even one who is knowledgeable can have his obligation fulfilled by the Hazzan's communal recitation and, indeed, that one's individual prayers are, by themselves, not sufficient in fulfilling his or her obligation.

The main reason given for this difference is that at the High Holidays the service is longer and therefore fewer people can be expected to know the prayers. To be sure, the liturgy is far more complex on Yom Kippur than at a weekday maariv service. But the reason for this shift in priorities speaks more to the nature and urgency of our prayers at this time of year. On the High Holidays, the communal nature of prayer, by necessity, takes precedence over one's individual prayers. Our need to forgive, and to be forgiven, cannot be achieved in the context of our own individual supplications. We come together to take part in a public exercise of communing with the divine, cultivating compassion within us for each other and, ultimately, for ourselves.

Emily, Henry, Michael and I wish you a very sweet and happy New Year!

Hazzan Randall Levin



#### JOIN US FOR TASHLIKH -Monday, September 26

Please join your Forest Hills family and friends in the Rosh Hashanah tradition of Tashlikh in the late afternoon after services on the first day of Rosh Hashanah, Monday, September 26th at 4:30 PM.

Tashlikh takes us outdoors into the realm of nature as we take part in the symbolic ritual of casting off our regrets from the previous year and looking forward to the New Year. Tashlikh takes place by a body of water where we throw away breadcrumbs to symbolize our sins.

We will meet at Flushing Meadows Park, right off Jewel Avenue. This is a wonderful event for all ages and especially for families.



#### THE PRESIDENT'S PEN

#### Romi Narov

Labor Day usually marks the end of summer and the sharp transition from the relaxing to the busy. This year, however, the transition is more gradual. Labor Day coincided with the first week of Elul. This means that we can transition a little more leisurely into the High Holiday season. For me, it makes all the difference!

As you all are very much aware, we at the Forest Hills Jewish Center are also experiencing transition. The sale of our building has been approved by the Attorney General, and we are now in the process of finding first a temporary location that serves our needs, while at the same time working on identifying a location for our future new home. As we go through this process, we are cognizant of the fact that the Forest Hills Jewish Center is a community and not a building and we need to place the emphasis on serving the needs of our community now and into the future.

We are also experiencing a transition of leadership. Rabbi Skolnik, who has been our spiritual leader for the last 40 years, has announced his retirement at the end of June 2023. This High Holiday seasons is the last one that we will observe and celebrate with Rabbi Skolnik at the pulpit. The Rabbi Search Committee has been hard at work speaking with

groups of members to help define our goals as we begin a search for our next Rabbi, who will hopefully emulate the longevity of service we have experienced with Rabbi Skolnik.

Our goal is to make all these transitions as painless as possible. Debbie Gregor our executive director is devoting a very large part of her time to this, together with many unwavering volunteers, whose help is priceless, literally and figuratively. It is a journey. We need all of you to come with us on this journey!

I hope that the new year brings you all health and happiness and that we can finally return to life as we knew it before March of 2020.

Wishing you all a Shana Tova U'metuka. Romi Narov



#### Saturday Night, September 17, 2022

PRESENTATION	PRESENTER	EASTERN
Welcome, Introduction and Havdalah	Rabbi Jacob Blumenthal	8:00 PM
A Taste of Selihot	Rabbi Chaya Bender	8:15 PM
Returning to Spiritual Wholeness	Rabbi Pamela Barmash	8:45 PM
Outside of Communal Prayer		
To Stand or Not to Stand?	Rabbi Leandro Galanternik	9:15 PM
Holding on in the Midst of a Shipwreck	Rabbi Beth Naditch	9:45 PM
Sinners Anonymous:	Rabbi Gerald Skolnik	10:15 PM
Is Sinning a Remediable Condition?		
God's Blessing as a Source for	Rabbi Hazzan Lilly Kaufman	11:00 PM
Our Spiritual Work		
Sifting Through the Trash:	Rabbi Margie Cella	11:45 PM
A Study of Psalm 27		
The Music of Selihot	Rabbi David Bockman	12:30 AM
and the Yamim Noraim		
Ahavnu, Beirakhnu: New Versions	Rabbi Peretz Rodman	1:00 AM
of the Viddui from Israel		

For more information, visit: tinyurl.com/SelihotInfo2022









FHJC Nursery & Pre-K teachers gathered to prepare for the year ahead.

#### **NEWS FROM NURSERY SCHOOL**

#### **Lynn Fisher**

As we enter our new school year and prepare for 5783, the Early Childhood staff spent time reflecting on our past as we cross the bridge and focus on our future. As you know by now, our Early Childhood Program follows the belief that play is the foundation of learning, creativity, self-expression and problem solving. It's how children work through life and make it meaningful. "Play is foundational for bonding relationships and fostering tolerance. It's where we learn to trust and where we learn about the rules of the game. Play increases creativity and resilience, and it's all about the generation of diversity—diversity of interactions, diversity of behaviors, diversity of connections." - Isabel Behncke, Field ethologist and Primatologist.

Our educators understand that children learn how to interact and engage with others through play and thereby come to know more about themselves and the world. As we know, play provides an opportunity to release energy, build confidence and self-esteem, unleash creativity and self-regulate. It is a means of expression, enjoyment and even physical activity.

We look at our Early Childhood Program through different lenses. Through the lens of Journey (in Hebrew, Masa) we look forward to where the children are heading, but we must also remember to look at where they are coming from and what they bring with them. This is the same for us as educators. Our journey changes from year to year. We must remember that our toddlers from last year who have journeyed across the bridge to 3K are still toddlers. They will slip back to the beginning of their bridge throughout the year as they continue and journey forward.

The FHJC Early Childhood Program staff journey together each year, collaborating and working together as a team in each classroom by creating a culture of warmth, honor and respect. They are dynamic places to wonder and explore and are collaborative and safe.

This year more than ever, I am encouraging play for the staff, at work, to develop a more relaxed, focused, creative and fully engaged learning community. This will ready us to share our passion and expertise, communicate effectively, and learn and transform together. Ready, set, play!

Lynn Fisher



See below for special code for FHJC members to participate at no charge!

We are excited to announce the full year of ScholarStream learning in 5783! Beginning in August and spanning all the way up to Shavuot, Conservative Movement seminaries and institutions are partnering to offer seven series that will bring our community face-to-face with the brightest and most engaging scholars our movement has to offer.

#### Series #1: Elul: A Journey Toward Repentance

Wednesdays, August 31 and September 7 at 12 PM ET, Wednesdays, September 14, and 21 at 8 PM ET

#### Series #2: What's Your Burning Question?

Wednesdays, October 26 and November 2, 9, 16 at 8 PM ET

Click here for the link for FHJC members to register for any of the seven ScholarStream series offered this year, spanning August 2022 to May 2023. Coupon Code: FHJC5783 Enter this coupon code on the registration page under "Event Fees," then click "Apply." That will allow you to register for each of the series we are sponsoring at no cost. Please note that the coupon code is case sensitive.



#### **EDUCATION AND ENGAGEMENT**

#### **Jessica Braginsky**

It is curious that the word "transition" means both a change or shift from one state to another and something that links or connects one state to another. This year FHJC will be undergoing a transition, from one space and one leader to another, and this year itself is a transition. A transition presents us with both a challenge and an opportunity. We will be challenged with many decisions, and logistical difficulties. We will also have an opportunity to start fresh, reinvent ourselves and invigorate our community.

The first place to start a good transition is by taking stock of where we are now. And what better way to do this than with a practice of gratitude. After all, *Yehudim*, Jews, comes from a similar root to todah, thanks.

Last night our Religious School faculty gathered for our first evening of professional development with Rabbi Dena Klein from the Jewish Education Project. Our focus was on thriving. How can we weave Jewish values that align with what we know helps us and our students flourish with content that is essential to living a Jewish life? The value we focused on was gratitude. To explore some possibilities, we took off our teacher hats and played the part of students.

We began our lesson by studying 4 texts. The texts helped put a Jewish frame around our learning. We then playfully connected personally to the subject of gratitude and deepened that connection by sharing what we were grateful for with a partner. We looked at *brachot*, blessings, and wrote and recited our own *brachot*. We ended our evening of learning by reflecting on how we felt after practicing gratitude and how our exercise changed our understanding of the 4 texts. We then put our teacher hats back on and dissected the lesson and used our valuable learning to begin planning lessons of our own for our FHJC students.

Something I took away from our program was that placing an emphasis on teaching so that our children thrive will not only make them knowledgeable Jews, it will make them good people able to create a meaningful life for themselves. I also discovered that putting gratitude at the center of our transition will help us move from strength to strength. I invite you to share with me what about FHJC you are grateful for. I will weave it into a word cloud and share it in our next Message. Please email me at jbraginskyefhjc.org.

On behalf of myself and my family, I wish you a Shanah Tovah. May we all be granted a year of health and fulfillment. Jessica Braginsky

#### **CAHAL Update**

We are revving up CAHAL for the fall. CAHAL stands for Community, Action, Health And Lovingkindness. CAHAL will create opportunities to forge bonds between our FHJC elders or FHJC members in need of support and our families and teens with an aim to strengthen the mental health of all the participants. By matching families and teens with an elder of FHJC everyone in the relationship gains! Youth gain social connections which foster resilience. Elders can share their wisdom and gain companionship. Those needing support get a hand. And all participants will gain a much needed boost from knowing someone cares about them. CAHAL will also work with the Chesed Committee on social and community action events.

Don't be surprised to get a call from Renee Herman, our social worker, to explain more about CAHAL. We hope that you will consider participating in this exciting project either as a family or individually. We look forward to strengthening our ties to one another. To learn more about CAHAL, or to participate in the program, you can reach Renee at cahalfhic@gmail.org.



pay online. If you choose to pay by check, write "Shabbat

Dinner" in the memo line and mail to the FHJC office.



#### **ADULT EDUCATION**

#### **JUDY GOSTL & DAVID SNYDER**

As we approach Rosh Hashanah, we are working hard at creating this year's Adult Education program. All summer we have been soliciting FHJC members for ideas for our programs, and people have been sending in their suggestions.



- Lenny Picker has sent us a list of well-known authors on Jewish subjects to interview. We look forward to his interviewing two of them.
- Jay Luger plans to look at the Mendel Beillis Affair through the lens of Bernard Malamud's novel, *The Fixer*.
- Mitchell Frank is reflecting on the five Megillot that he studied last year with the Hebrew Literature group, and what they reveal about Jewish Life in the Early Second Temple period.
- Jack Gostl has been looking into the role of psychiatrists in planning the Final Solution.
- Nora Mandel, in exploring her family history, has become focused on the Baron Hirsch Fund's support for Jewish farmers in the early 1900's.

The Hebrew Literature group is delving into the Book of Job this year, and their first date will be October 13 at 5:00pm.

And this is just the start of our programs. Several of our regular volunteers have not given us their topics for this year yet, although they have expressed interest in being part of the program.

So watch for *The* Message after the Yom Tovim to get the full program with all of the dates, and watch for the individual fliers for our diverse programs.

# CHAGGIM SERVICE SCHEDULE

SUKKOT:

Erev Sukkot, Sunday, October 9 6:00 PM, Little Synagogue First Day Sukkot, October 10 9:00 AM, Main Sanctuary 6:00 PM, Little Synagogue

Second Day Sukkot, October 11 9:00 AM, Main Sanctuary 7:00 PM, on Zoom only

Shabbat Chol Hamoed, October 14 6:00 PM, Little Synagogue Shabbat Morning, October 15 9:00 AM, Main Sanctuary 6:55 PM Havdalah, on Zoom only

**Hoshanah Rabbah, October 16** 8:00 AM, Little Synagogue

Erev Shmini Atzeret, October 16
6:00 PM, Little Synagogue
Shmini Atzeret, October 17
9:00AM, Main Sanctuary
Yizkor Service

(to be determined \*)

Simchat Torah, October 18

9:00 AM, Main Sanctuary
6:50 PM, Havdalah on Zoom only

\*See Calendar

#### **HEBREW LITERATURE GROUP**



The Hebrew Literature Group will continue to meet via Zoom this coming year. Our theme will be the Biblical book of Job. Composed most probably in the early to middle phases of the Second Temple period, it famously tells the story of a good man who has been stricken with every conceivable misfortune and struggles with his concept of a good God. It has been referred to by many as one of the great works of world literature. Yet the very linguistic creativity and ingenuity of its author that has led to such praise has made for ambiguities that resist clear translation. In our sessions we will struggle to understand the author's true intentions. and we will be aided in that venture by a new, highly acclaimed, translation of Job by Professor Edward Greenstein of Bar Ilan University,

As always in the Hebrew Literature Group, texts are in Hebrew with English translation and discussion is in English. Knowledge of Hebrew is helpful but not essential. Come join us! Our first session will be on Thursday, October 13th at 5:00 pm. Please look for the Constant Contact announcement for details and Zoom link.

Mitchell Frank

#### SISTERHOOD

#### Laurie Lax, Presiding Officer, September/October

I have the honor of serving as the Presiding Officer of Sisterhood for the months of September and October, some of the most important and meaningful months of the Jewish calendar year, as we thoughtfully reflect back on 5782 and prepare for the New Year. As has been the case for the past two and a half years, we look forward with anticipation but also a bit of angst, as we try to juggle the "new normal" with an apparently ever-present Covid. I am certainly glad that we have brought back many in-person shul activities and davening. At the same time, Zoom continues to be vital, and Sisterhood has taken full advantage of the programmatic and educational opportunities it affords, allowing us to have out-of-town speakers and even a program from Israel.

Sisterhood was active in bringing programs to the shul community during the months of May and June. In mid-May, we had a very stimulating presentation and discussion led by Candice Koerner about 3 Outstanding Jewish Woman Artists. In late May, on a Sunday morning, we were given a virtual guided tour of the New ANU Museum in Tel Aviv, including a personalized tour focusing on the lives of famous Jewish "Wonder Women," highlighted in their exhibits. Finally, we celebrated the contributions of our very own Robin Segal Skolnik as our "Woman of Achievement," at the BQLI Woman of Achievement Virtual Gala. Thank you to all who supported Robin and BQLI during this event. We are enthusiastically looking forward to our fall activities including a special fall kickoff program on September 14 with The Audubon Society of New York, coordinated by our own Sisterhood member, Gail Port, who is an Audubon NY board member and Policy Committee Chair. You won't want to miss this very important program, which will address birds and bird habitats, as well as the effects of climate change on these habitats. The Audubon Society is actively working on the ground and at a legislative level to protect the environment for birds, humans, and all living things.

A portion of each reservation will be donated to Audubon NY. We anticipate many other exciting programs including a special program on women's health to be scheduled in late Fall/early Winter. Stay tuned.

We have important ongoing programs. In August, Daytime Readers met to discuss *Florence Adler Swims Forever*, by Rachel Beanland. Save the date for the next Daytime Readers meeting on October 20, where the group will discuss *The Violin Conspiracy* by Brendan Slocumb. The ongoing Transition Center Collection for women and children was held on August 23–25. Our well-attended Yoga with Lorain program, taught by Lorain Wankoff, will return in September, after an August hiatus. For all of our programs, stay tuned for our monthly newsletter "The Blast" that is sent out each Rosh Hodesh. Please continue to support Sisterhood by participating in our activities and by becoming a Sisterhood member. If there is a program that you would like to see, please reach out to us at Sisterhoodefhjc.org.

Laurie Lax FHJC Sisterhood Presiding Officer

#### Men's Club

#### Michael Seiden, Presiding Officer

#### The FHJC Men's Club invites you to the following events

Monday, Sept. 26 - Free Chocolate Bars at the end of Rosh HaShanah Services Saturday, Oct 15 - BBQ in the Sukkah - Delicious meats, salads, and drinks Sunday, Nov. 13 - Neighborhood Pub Crawl - Join us as we bar hop

Save the dates.

Keep your eyes open for details in Shabbat Shalom and on the FHJC Listserv

בה תְּכֵּתֵבוּ L'Shana Tovah tikatevu



#### MAZAL TOV TO OUR B'NEI MITZVAH



**Lotus Jaramillo**Bat Mitzvah, September 10, 2022



Lotus's first language is Spanish. She loves to swim and has taken lessons since she was 6 months old, and started ballet and hip hop when she was three. Lotus grew up in Peekaboo Daycare, her family's business, where she helped younger children and was never bored. Lotus loves all kinds of experiments and remembers mixing ingredients and creating whatever came to mind. She enjoys the art of cooking and baking for her family. During the pandemic, Lotus got two dogs and loves playing and caring for them. This past year, Lotus and her family travelled through 48 states in an RV. She was homeschooled throughout the adventure. After landing in Florida as their last state, they chose to make it their home, and Lotus started at a Waldorf School mid-year.



**Rebecca D.**Bat Mitzvah, September 17, 2022

Rebecca has been attending Forest Hills Jewish Center since she was a baby. She was a regular at Kids Kongregation and then attended Junior Congregation. She is a religious school student with a strong sense of pride in her Judaism who has attended shul regularly on Saturdays. She has volunteered to give out holiday packages to seniors as well as participated in a Purim program with the residents at the Atria assisted living facility. She was the first Ein Keloheinu maven and she's also an inductee of the Ashrei Academy. At Halsey Middle School, she has volunteered for the food drive, the toy drive and has also spearheaded the book drive. She loves to dance and sing and wants to become an actress one day.



Rachel Carchman
Bat Mitzvah, September 24, 2022

Judaism is close to Rachel's heart. Rachel has always enjoyed the sense of community she got from being part of the religious school at the FHJC. She loves hearing family stories about her grandfather who was a Holocaust survivor. She also enjoys the cycle of holidays that is the Jewish calendar. Currently she is in Israel with her family for the first time and which has strengthened her Jewish identity. She has a sister Michelle who is two years younger and who is also in Hebrew school. Michelle is living vicariously through all Rachel's pre Bat Mitzvah nerves and excitement. It's a simcha the whole family is looking forward to.



**Dylan Kessler** Bar Mitzvah, October 29, 2022

Dylan Kessler is in 8th grade at Schechter Queens where he has been a student since Kindergarten.

Dylan loves to spend time with his parents (Marcy and Todd). He also enjoys going to sleep-away camp, going to the beach and just hanging out with his friends and family. He is a kind, sweet young boy.

# Life Cycles

#### מזל טוב Mazal Tov

...to those in our Center family who are celebrating a simcha:

to Cheryl & Steven Topal on the birth of their grandson, Simon Judah Topal to Risa Matzner & Rob Samuel on the marriage her son Jacob Levine to Rebecca Evans

to Roz and Oskar Matzner on the marriage of their grandson Jacob Levine to Rebecca Evans

to Robin & Glenn Rothbort on the birth of their grandson, Benjamin Shai to Fran & Zev Spiro on the birth of their granddaughter, baby girl Spiro-Madris

to Jullie & Oscar Jaramillo on the Bat Mitzvah of their daughter, Lotus to Maureen & Jason Dunkel on the Bat Mitzvah of their daughter, Rebecca to Danielle Feldman & Fred Carchman on the Bat Mitzvah of their daughter, Rachel

to Marcy Jacobowitz & Todd Kessler on the Bar Mitzvah of their son, Dylan to Francie & Stephen Teitelbaum on the birth of their granddaughter, Liv

#### Hamakom Y'nahem המקום ינחם

...may God grant comfort and consolation to those who have lost a loved one.

to Allan Rolnick on the loss of his sister, Rochelle Rolnick to Michele Weiner on the loss of her father, Arnold Marvin Plotzky to Michael Silverstein on the loss of his mother, Myra Gray

We mourn the loss of our dear Center members:

Marcia Belgorod, Grace Schwartzberg, William Cimbol,
Andrea Novotny, George Ronai

May their memories be for a blessing



#### Help our Religious School Build New Relationships Have Fun

The Better Together program is looking for adults 65 years or older who would enjoy sharing and learning with our 6th arade students.

Together you will study the timeless wisdom of Pirkei Avot and what it can mean for life in the 21st Century. 8 Sundays 10:15-11: a.m., October-December at FHJC. (Masks and Vaccinations required)

Please contact Jessica at **jbraginsky@fhjc.org** to sign up or for more information.

Bonus: social connections help us age healthfully!



#### Parenting Is Hard - We Are Here To Help

#### In-person Facilitated Parent Partnership Support Group, Monday, 9/19 at 8:00

Parenting can be the most rewarding job a person does but it can also be the most difficult. When our children struggle, we often feel their frustration and their pain as well. Between changing world dynamics, the wake of the COVID pandemic, social pressures and ever-increasing mental health conditions, our children are faced with numerous challenges every day.

If your child is struggling in school, with friends, at home, or if they are showing signs of mental health needs, please join our new support group for parents. We'll be addressing the impact of these issues on our children and how we, as parents, can take care of ourselves while we help them work their way through.

This in-person group will have its first meeting on Monday, Sept. 19 at 8:00 pm and then continue to meet the first Monday of every month. Our facilitator is Aaron Yavelberg, a Licensed Clinical Social Worker and a teacher in our Religious School. He has fifteen years of experience working with children and families in the mental health field and is excited to lend his knowledge to the parents in our synagogue community.

### Acknowledgements

#### PHI PIT FLIND

Sarah & Stephen Markowitz - in honor of the marriage of Judy and David Zipkowitz's son Joshua to Lynn Rozkin Felicia & Ben Leeman - in honor of the marriage of Lavey Weil to Alexa Dunetz Dorrie & Hal Berkowitz - in honor of

Dorrie & Hal Berkowitz – in honor of Leonard Fogelman

**Dorothy Mahlab** - in gratitude to **Judy Beizer** for honors received

Sharon & Stephen Clements - in memory of Henry Burger

Marian & Martin Krasilovsky – in memory of William Cimbol

Tikva, Zahava, Hanna & Dorothy Mahlab
- in memory of William Cimbol

Zita & Jay Luger – in memory of William
Cimbol

Lawrence Rosenthal – in memory of Myra
Grav

Joanne & Charles Bacall – in memory of
Myra Gray

Alan & Wendy Gladstein – in memory of Myra Gray

Monica, Ezra, Caroline, Akiva, Evelyn,
Dave – in memory of Lucette Lagnado
(3rd yahrzeit)

Felicia & Ben Leeman – in memory of Arnold Marvin Plotzky

Marcia & Ellis Hittner – in memory of Lucy Goldhaber

Marcia & Ellis Hittner – in memory of Grace Schwartzberg

Marcia & Ellis Hittner – in memory of Deborah Topper

Teri & Steven Goffner - in memory of Laurie Lax's mother, Dr. Judith H. Lax

#### **KIDDUSH FUND**

Monica Lagnado – with appreciation to Dr. Judy Beizer for honors given Monica Lagnado – with appreciation to Norman Gursen for honors given

#### HAZZAN'S MUSIC FUND

Monica & Ezra Lagnado – in honor of the
Fassler family simcha
Susie Drazen – in loving memory of
Rochelle Rolnick
Laurie Lax & Eric Kober – in memory of
Myra Gray

Marcia & Ellis Hittner – in memory of Howard Kane (yahrzeit)

#### **YOUTH ACTIVITIES FUND**

Nancy & Richard Chase – in honor of Robin Skolnik being named BQLI Woman of Achievement

**Rita & Michael Lieberman** – in honor of **Robin Skolnik** being named BQLI Woman of

Achievement

Helaine & Andy Bass – in honor of the marriage of Debra & Gary Weil's son Lavey to Alexa Dunetz

Judy & David Zipkowitz - in honor of the marriage of Jacob Levine & Rebecca Evans Pauline & Mark Raphael - in honor of the marriage of Debra & Gary Weil's son Lavey to Alexa Dunetz

Bonnie & Keith Chernin - in honor of the 60th birthday of David Zipkowitz Ezra Lagnado - in gratitude to Norman

Gursen for honors received

Donations have been made in memory of **William Cimbol** by:

Monica & Ezra Lagnado
Felicia & Ben Leeman
Helaine & Andy Bass
Frederick Roden
Maxine & Samuel Friedman
Pauline & Mark Raphael

Pauline & Mark Kaphael Joanne & Haskell Klaristenfeld

Rita & Jeffrey Seward Miriam Stombler

Ann Rosenfield

Ann Kosentiela

Melissa Cohen

Zelda Zaben & Family

Erin Zagnoev

Lauren Cimbol's Friends from Brandeis

**Robin Stombler** 

Kate Zadek

Lynne & Milton Stombler
Diane & Leonard Fogelman
Rachel Burkhoff & Family

ATID

Jane F. Karlin

Jann Blitz

Marcia & Robert Waxman

Phyllis Gold & Family

Trudy Emanuel

Bonnie Bycoff & Famly

Susan & Howard Weinstein

Mindy, Nate & Moey Stombler

Phyllis & Phil Stashin

Susan & David Kaufman

Carol & Carl Hess & Family

#### YOUTH ACTIVITIES FUND CON'T

Nancy & Richard Chase – in memory of Allan Rolnick's sister, Rochelle Rolnick Joanne & Haskell Klaristenfeld – in memory of Henry Burger

Pauline & Mark Raphael – in memory of Michele Weiner's father, Arnold Plotzky

Helaine & Andy Bass – in memory of Michael Silverstein's mother, Myra Grav

Lori Abrams – in memory of Michael Silverstein's mother, Myra Gray

#### RUTH & JACK NELSON MEMORIAL FUND

Men's Club - in memory of Rochelle Rolnick

Dorrie & Hal Berkowitz - in memory of Rabbi Paul Drazen

Teri & Steven Goffner – in memory of Rochelle Rolnick

#### **JACK VOGEL FUND**

Elaine Vogel - in memory of Arnold

Marvin Plotzky

Elaine Vogel - in memory of William Cimbol

**Elaine Vogel** – in memory of a wonderful husband and grandfather,

Jack Vogel "We miss you"

Elaine Vogel – in memory of a
wonderful father, Dr. J. Savin Garber,

whom she truly misses

#### **RITA BERGER SCHOLARSHIP FUND**

**Dana Friedenberg-Storr & Family** - in honor of nephews **Jacob & Matthew** 

**Rudloph** as they embark on their collegiate journey

Lori Friedenberg Rudolph & Family – in honor of niece Leila & nephew Alfie's start of high school

Lori Rudolph & Dana Storr - in memory of their mother Cynthia Berger

Friedenberg (1st year yahzreit)

The Berger-Friedenberg Family – in memory of Julie Berger on her birthday Lori Rudolph & Dana Storr– in memory of their grandfather, Edwin Berger on his birthday

The Berger-Friedenberg Family – in memory of Henry Burger

# Happy, healthy and sweet NEW YEAR 5783

### לשנה טובה

Rabbi Gerald and Robin Skolnik,

Rabbis Hillel and Sharon Barr Skolnik, Dafna, Liav and Hadar,
Rabbi (Lt Cdr) Yonatan Warren and Leora Skolnik, Calanit and Meirav,
Adam Dicterow and Talya Skolnik, Matan Skolnik
Hazzan Randall and Emily Levin, Henry and Michael
Anna Grosz, Michelle, Alan, Rachel and Daniel,

Diane and Michael, Max, Rebecca, Nathan and Noah, Kenneth, Andrea and Lauren
President Romi Narov, Hilla, Woody, and Sam, Danielle, Jim and Grace, Michele and Jordan
Executive Director Deborah and Jacob Gregor, Dan, Rachel, Violet, and Miri
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Reuben, Joshua, Aaron and Gideon

Early Childhood Director Lynn and Michael Fisher, Zoe and Zachary
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HELAINE, ANDY, JORDAN, ILANA, ELLA, JULIA, JAMES, ISABEL

AND JACOB
BARBARA BERNSTEIN AND FAMILY
JANE & STANLEY BLUM AND FAMILY
DEBBIE & JEFF BOCHNER, NICOLE, ADAM, JACK & LAYLA
MALITZ, AMY, JARED & MILES NEWMAN
LOTTIE BURGER AND FAMILY
NANCY, RICHARD, JACOB, AND ABBY CHASE
BONNIE & KEITH CHERNIN
ROBYN & LAUREN CIMBOL, MICHELLE, OFIR, EREZ YAHEL
MAZOR

MARLA, JORGE, DAVID, AND SAMSON CORNEJO NORMAN & REBEKAH FASSLER & FAMILY DIANE, LEONARD, MATTHEW, AMY, ELLA, AND LILY FOGELMAN

HELAINE & JOE FOX, JOSH & JILL, STEPH & ALEX,& ZOEY,
SABLE & ARI FOX, & MAYA SLOAN BRANOVAN
THE BLOCH GOLAN FAMILY
ELLIS & MARCIA KANE HITTNER
RAE & GARY KERZNER
TEMMA & AL KINGSLEY & FAMILY

BARBARA & JERRY KLIBANOFF AND FAMILY
CATY JARRAT KOATZ
THE KOBER/LAX FAMILY
CANDICE & CARL KOERNER AND FAMILY

MARIAN & MARTIN KRASILOVSKY & FAMILY

FELICIA, BEN, JESSICA, REBECCA & JOSH LEEMAN
RITA & MICHAEL LIEBERMAN, JASON & RACHEL, DYLAN &
LUKE LIEBERMAN, HARRIS, JULIE, GEMMA & STELLA
LIEBERMAN, SHARON & SEAN ELLMAN & LEVI
VALERIE & JACK LEIBLER & FAMILY
SUE & FRED LEVINE

TIKVA, ZAHAVA, HANNA, & DOROTHY MAHLAB MR. & MRS. OSKAR MATZNER & FAMILY ANITA MILLER

**ROZ OKUN & FAMILY** 

ALYSSA, HOWARD, MADISON, HAILEY & MELISSA POLLACK PAULINE, MARK, MELISSA, ROBBIE, ERICA, MAX & REESE RAPHAEL

AUDREY LOU SEVIN AND FAMILY LISL TOPPER

DEBRA, GARY WEIL, LAVEY & ALEXA, AARON, AND TSVI WEIL
MICHELE, DOUG, ZACHARY & DYLAN WIENER
MIRIAM WEINTRAUB
SHELLEY, JUSTIN, ASHLEY & ETHAN WEINTRAUB
THE CAUDLE ZIEGELBAUM FAMILY





#### **SUNDAY, SEPTEMBER 18 11:00AM – 12:30PM**

As part of a series of safety awareness, the FHJC Security Committee, partnering with the NYC Health & Hospitals Corporation, will offer a seminar on Stop the Bleed.

The important seminar is designed to teach people three quick actions to control serious bleeding in an emergency. Take the course and become empowered to make a life-ordeath difference when a bleeding emergency occurs.

To register, go to <a href="https://www.bit.ly/STB\_FHJC">www.bit.ly/STB\_FHJC</a>. For more information, call (646) 823–5409.



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# Book of Remembrance

On all designated holidays when Yizkor is recited, Rabbi Skolnik will read the names of those inscribed in the Book of Remembrance.

Davora Abraham Yakov Hassid Abraham David Abrahams Madeline Abrahams Barney W. Adler Henrietta K. Adler Esther Anapolsky Samuel Anapolsky Arthur Ball Otto Josef Baruch Berthold Bear Lisa Bear Martin Bear Toni Bear Victoria Benghiat Ida Benghiat Edwin Berger Julie Berger Sol Berley Sydell Berley Jean Roberta Biegelson Sidney Biegelson Edward Birnbaum Evelyn Blum Robert Blum Abe Blumstein Rabbi Baruch Micah Bokser Kallia Bokser Rabbi Ben Zion Bokser Aaron Broder Jennie Broder Sylvia Broder Milton Bruck Ruth Bruck Henry Burger Dora Butnick Milton Butnick Irving Cahn Hugo N. Cahnman Elaine Charap Hyman Sid Citron George DePinna Marcia DePinna Abram Dykerman Alfred Dykerman Erna Dykerman Herman Dykerman Ester Dylewski Lola Eckstein Helene Falik Estelle Feiner Sonia Gurewitz Fink Abraham Obiedzinski Fink Philip Fogelman Rose Fogelman Pauline Fox

Randy Fox Sam Fox Stella Frank John Steven Fuchs Josef Samuel Fuchs Rosalie Fuchsberg Meyer Fuchsberg Dr. J. Savin Garber Svd Garber Faith Garfield Philip Garfield Benedicto Geber Marta Geber Feiga Rosa Ginsburg Albert Glazer Cecelia Glazer Clara Glazer David Glazer Gussie Glazer Arnold Glick Fannie Glick Irving Glick Max Glick Ruth Rhoda Glick Helen Goldenberg Sherry Sue Goldenberg Martin Goldman Lola Joy Goldman Celia Goldman Norman Peter Goldman Abraham Goldsmith Harold Goldsmith Mary Goldsmith Benjamin Goldstein Carl Goldstein Dave Goldstein Herb Goldstein Nettie Goldstein Rita Goldstein Cantor Isaac Gorsky Sylvia Gould Ann Grossman Cantor Erno Grosz Gertrude B. Gruenberg Jascha Gurewitz Bella Hahn Fred Hahn Celia Haims George Haims Joseph Haupt Celia F. Heiferman Cookie Heiferman (Esther Rose Signet) Solomon G. Heiferman Jean Claude Heilberg Ray F. Heitner Solomon Heitner

Anna Heller

Arthur Heller Jesse Heller Morris Heller Albert Hirsch Herta Hirsch Sybil Hyman Nathan Hyman Eva Lea Jaari Lochem Avichai Jaari Julius D. Kahn Kate Kahn Frances Kalikow Morris Kalikow Nathaniel Saul Kane Benjamin B. Katz Haskel Katz Helen F. Katz Miriam Katz Morris M. Katz Fred E. Katzner Gladys Kenner Max Kenner Herman Kingsley Marion Kingsley Henry Kletter Sophie Kohn Louis Kohn Aaron Korn Lillian Korn Fortuna Kovalsky Max Kovolick Leo Kra Adolph G. Kraus Samuel Kravitz Melanie Krieaer Abraham Krumbein Sarah Krumbein Benjamin Krumholz Henry Krumholz Jack Krumholz Mera Krumholz Rose Krumholz David Kule Eugene Kule Geraldine Kule Philip Kule Isidore Kulichefsky Jennie Kulichefsky Barbara Kupferberg Herbert Kupferberg Cantor David Kusevitsky Elaine Kusevitsky Patricia Lily Kusevitsky Harry B. Lader Helen J. Lader Murray Landau

Dorothy Lapin

Samuel Lapin

Larry Leef Mark Leef Rabbi Albert Leeman Lillian Gutman Leeman Edward Lehem Fortuna Lehem Marco Lehem Palomba Lehem Sol Lehem Charles Leibler Frieda Leibler Abraham Lerner Clara Lerner Maurice Lerner Joseph Lestz Leon Levin Charles Levy Pearl Levy Ludwig Loewenstein Margaret Loewenstein Dr. Jack London Dr. Edward Mahlab Suzette Mahlab Lionel Malamed David Maryasin Leopold Lipot Mayer Rose Guttman Mayer Theodore Mayer Michael Mayorowitz Gertrude Mayorowitz Lukacs Harry Mesard Lily R. Mesard Rabbi Amos W. Miller Hannah B. Miller Chaskel Morgenstern Irene Morgenstern Carl J. Moskowitz Charlotte Moskowitz George Moss Irving Moss Jack Nelson Ruth Nelson Abraham Okun Celia Okun Theodore Okun Harvey L. Perlstein Jeanne S. Perlstein Isidore Platkin Shep Porter Tauba Potik Yefim Potik Perla Raphael Raphael Raphael

Irwin Reich

Elayne Leef

Stephen Reich Feiga Remetier Frank E. Riesenfeld Sylvia Rolnick William Rolnick Carla Rosenblum Bromberg Carolyn Rosenblum Lubin Howard Rosenblum Jonathan Rosenblum Dr. Louis Rosenblum Lillian Rosenthal Seymour Rosenthal Sidney Roth George Rozsa Toni Pernitz Ruda Sabina Safier Simon A. Safier Gladys Salup Abraham Salzmann Elizabeth Samuel Siegfried Samuel Irving Savitz Ruth Savitz Jack Schaeffer Lillian Schaeffer Leo Schain Martha Schain Harold Schantz Elias Segal Mildred Segal Irwin Seitenbach Malvin Sevin Albert Shaw Ruth Shulim Annette Silberman Ruby Silberman David Skolnik Lillian Skolnik Edward Skornicki Natalie Skornicki Mildred F. Smith Aanes Sobel Irene Sobel Ivan Sobel William Sobel Deena Soloway Joseph Stark Katalin Stark Pearl Strauss Amy Lisa Sturm Judith Susan Sturm Ida Sumerfeld Meyer Sumerfeld Sally Tenenbaum

#### Book of Remembrance Continued

Fred Theise Leslie Ticker Marvin Ticker Max Troper Jack Vogel Laura Vogel Bessie Walker Ellen Bea Walker Joseph Walker Leon Walker Marie M. Walker Robert Walker Rose Walker Jacob Wallach Raoul Wallenberg Stanley Weg

Alfred A. Weinberg Selma Weinberg Anna Weiner Morris Weiner Isidore Weinkselbaum Jennie Weinkselbaum Jerry Weinkselbaum Walter Weintraub Herbert Weiser Milton Winograd Estelle Zafran Ira Zalbe Frieda Zielonka Harry Zielonka Abraham Zwick Dora Feldman Zwick



#### FHJC Watch Party Wednesdays, 4:45 PM

Join us as we begin with a recap of last week and end each episode with a spirited discussion!

Watch the Listserve for the Zoom link or contact <u>Jessica Braginsky</u> for more information.



FHJC Sisterhood member and Audubon NY Board member and Policy Committee Chair Gail Port will host a stimulating presentation on the mission and work of Audubon NY.

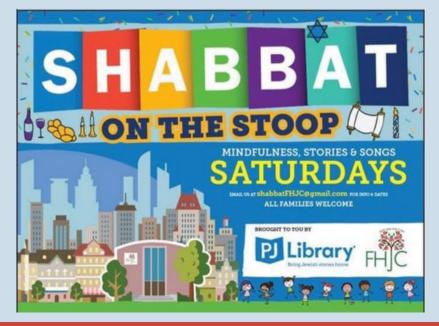
\$10.00 - Sisterhood Members

\$15.00 - Friends of Sisterhood

(\$5 of each reservation will be donated to Audubon NY)

Click <a href="https://example.com/here">here</a> to register and pay through our PayPal account, or mail a check made payable to FHJC with "Sisterhood" in the memo line.

1	2	3	4	5	
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22	23	24	25	26	2



# Coming Soon: Shabbat on the Stoop

Let's share a Shabbat experience for tots -to- seven-year-olds and families linking Shabbat, Jewish values and mindfulness.

Songs, stories and tools to manage stress, build focus and foster gratitude with a goal to growing resilience and optimism in your child and your family.

Selected Saturdays at the Queens Blvd. entrance to FHJC at 11:15 AM

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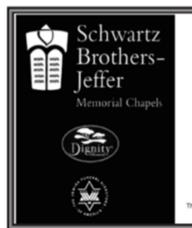
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