



המרכז היהודי ד'פורסט הילס

Message

FOREST HILLS JEWISH CENTER

September-October 2021 / Elul-Tishrei-Heshvan 5781-57812/ Vol. LXXVII No. 1



FHJC Kol Nidre Campaign 5782

**We saved a seat for you.
Come home for the holidays.**

SCHEDULE OF SERVICES FOR THE HIGH HOLIDAYS

ROSH HASHANAH:

Erev Rosh Hashanah, Monday evening, Sept. 6:
6:30 PM, Little Synagogue

Rosh Hashanah Day One, Tuesday, Sept. 7:
9:00 AM, Main Sanctuary; 6:30 PM, Little Synagogue
Rosh Hashanah Day Two, Wednesday, Sept. 8:
9:00 AM, Main Sanctuary; 8 PM on Zoom only

KOL NIDRE AND YOM KIPPUR:

Kol Nidre, Wednesday, September 15:
6:20 PM, Main Sanctuary

Yom Kippur, Thursday, Sept 16: 9:30 AM; 5:00 PM

JOIN US FOR TASHLIKH - Tuesday, September 7

Please join your Forest Hills family and friends in the Rosh Hashanah tradition of Tashlikh in the late afternoon after services on the first day of Rosh Hashanah, Tuesday, September 7th at 4:30 PM. Tashlikh takes us outdoors into the realm of nature as we take part in the symbolic ritual of casting off our regrets from the previous year and looking forward to the New Year. Tashlikh takes place by a body of water where we throw away breadcrumbs to symbolize our sins; we will meet at Flushing Meadows Park, right off Jewel Avenue. This is a wonderful event for all ages and especially for families.

We have weathered the storm and for most of us it is safe to come out again. As the New Year, 5782, is about to begin, **Forest Hills Jewish Center is opening our doors and our arms to welcome our family back home.** The time of being alone in our homes, staring at a screen and separated from our loved ones is ending and the time to return to life lived in person is returning.

We welcome you all home to FHJC. We were here throughout the pandemic, keeping religious services, Torah learning, our nursery and religious schools and a wide array of educational and social programs running, to serve our community in the ways that you needed. With safety as our first and foremost concern, we followed the guidance of medical and government professionals and gradually relaxed some of our protocols. **How wonderful it is to be together again.** For those who aren't ready to come back yet, we're still here for you on Zoom.

We faced and overcame many challenges this year brought on by Covid-19, and those challenges continue. Now we also have the added costs of preparing for a hoped-for full reopening. It's an interesting and exciting time, this return to our lives lived more in person and face-to-face, but it's also difficult and complex. To meet all our challenges, we need you now to support this shul that has been here every day of this past year for all our members, so that we can continue to do our best for you. Please support the 5782 Kol Nidre campaign to the fullest measure of your generosity.

We wish you all a sweet New Year and the blessings of good health, happiness, prosperity and peace.

Rae Theise Kerzner, Betty Korb and Carl Koerner
Kol Nidre Appeal Co-Chairs
Debra Weil, Fundraising Vice President



FROM THE RABBI'S STUDY

Rabbi Gerald C. Skolnik

Looking Ahead... Cautiously

Because every issue of the *Message* needs to be put together long before it reaches your desk, there is, necessarily, a time lag between when its material is written, and when you see it. In this case, with the Holidays so early this year and Robin and I about to leave for vacation, I am writing this at the very end of July, for inclusion in the September/October issue.

One of the by-products of spending forty years in the rabbinate is that, if you're paying attention, you can learn a few life lessons along the way. I've tried hard to do just that, and I think that the one over-arching truth that I've internalized is that only fools believe that they know what the future holds in store for them. The liturgy of the High Holidays powerfully reinforces this message, as does virtually all of rabbinic literature. One can enjoy all the blessings of life one year, and be dramatically and often painfully humbled when the next year comes around. Fortune and luck are ephemeral, as are good health and material blessings. As I've said countless times, the essential reason why our tradition obliges us to recite one hundred blessings each and every day is to remind us that even the "simple" things that we take for granted on a daily basis should never be regarded as givens. The things that matter to us most can pivot more quickly than we can imagine.

In that spirit, I want to wish you all, from what we would call in Hebrew "mikrev halev," from deep within my heart, my most sincere wishes for a 5782 that will be rich in blessings, and particularly good health. As I write, we here in New York, along with so many locations in America, are struggling with the stubborn resurgence of the COVID-19 virus because of the Delta variant. It remains to be seen how that will continue to impact our operation here, very much including our religious services. This is all so frustrating, given how hard we have worked to get vaccinated.

Right now- right at this moment- what the future holds for us all is not for us to know. All that we can do is be and act as responsibly as we possibly can, both within the synagogue, and in all aspects of our lives both personal and professional. There are no "simple" blessings; all is complex. May we all know blessings going forward, and may we strengthen each other in our resolve to make the new year the very best that it can be.

Shanah tovah! May we all be inscribed and sealed in the Book of Life for a year of good health, happiness and peace.

Rabbi Gerald C. Skolnik

De-Stress with FHJC

Mondays, 5pm via Zoom



Warm company and professional support from Mitchell Frank and Ariela Frieder. Come share your concerns and hopes. See the FHJC calendar for the link.



**It's Street Fair Time!
Sunday, September 19**

Help greet our Forest Hills neighbors and tell them all about FHJC. We need volunteers to donate one hour of their time between 9:00AM and 3:00PM at the FHJC table.

Email Richard Chase to volunteer.

The Message USPS 340-300 Forest Hills Jewish Center, 106-06 Queens Boulevard, Forest Hills, NY 11375-4248. 718-263-7000, Fax: 718-520-4369.

Website: <http://www.fhjc.org>. Affiliated with the United Synagogue of Conservative Judaism. Published bi-monthly September-June.

Subscription: \$25 per year (included in membership dues.) Periodicals postage paid at the Post Office in Flushing, NY.

POSTMASTER: Send address changes to Forest Hills Jewish Center. 106-06 Queens Boulevard, Forest Hills, NY 11375-4248.

Editorial Board: Karen L. Stein (Editor), Gerald C. Skolnik (Rabbi), Randall Levin (Hazzan), Deborah Gregor (Executive Director), Jessica Braginsky (Director of Education and Engagement), Lynn Fisher (Director, Early Childhood Education), Laurie Worthman (Office Manager). Officers: Romi Narov (President), Richard Chase (Vice President), Eric Kober (Vice President), Carrie Leifer (Vice President), Debra Weil (Vice President), Rabbi David Cavill (Treasurer), Robert Samuel (Secretary).

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NOTES FROM THE HAZZAN

Hazzan Randall Levin



An unexpected highlight of my graduate training at the Cincinnati College-Conservatory of Music was the study of classical sonata form. As a young student, far more versed in Paul Simon's Graceland than I was in Mozart's 30th Symphony, I was not always overjoyed with my coursework in "Graduate Theory and Analysis." But in studying Charles Rosen's seminal work on sonata form, I was fascinated that the emotions one feels when listening to music could be given even greater meaning through studying the large-scale musical forms.

I won't attempt get into every detail of sonata form in this small space, but the basic premise is that the music starts out as a presentation of two competing musical themes, in two different keys. Between the first and second themes is a transition that connects the two ideas, and the two different keys. A second section follows, the development, in which the ideas are broken apart into smaller parts, and then repackaged in various ways. This is often a chaotic process, in which there is considerable tension, but also often one in which some interesting possibilities are put forth. The last part, the recapitulation, is a second, full, presentation of the original two themes. In this second go around, however, the themes appear not in two different keys, but in the same key. Between the two themes the second time around appears another transition. The function of this second transition is most important because it facilitates a reality in which two originally competing ideas are hovering alongside one another as if they were meant to be heard together all along. This creates a very satisfying moment for the listener. In achieving this moment, it certainly helps if the composer has written two memorable, compelling themes. But

what makes it all work is really the transitions, and how they effectively bridge the gap between one idea and another, ultimately determining whether we will hear the two themes as being in two different tonalities or in consonance with one another. This is where the skill of a gifted composer becomes evident.

I can't help but note the connection between this musical form and the process of integrating new clergy into a community. While I am most certainly energized by the challenges of this opportunity, I am also humbled by the task. For as an ancient Midrash declares, "Kol hatchalot kashot: All beginnings are hard." Change, no matter how exciting and full of possibility, is not easy. The Holidays serve in some ways as a microcosm of this transition. There may, at times, be moments of uncertainty and insecurity, of starts and stops, of complaints, and demands to return to the old. Transitions, though, can also be a time of great creativity and of new voices being heard. Though there will likely be moments when it seems like we are singing in different keys, with your patience, understanding and help, I know that we will be successful.

I want you to know how very pleased I am to have been selected to serve as your Hazzan. To all who served on the committee, guided by Ilana Altman and President Romi Narov, I extend my sincerest appreciation. It is an honor, as well, to hold the same position held, with distinction, by my dear teacher, friend and colleague, Hazzan Henry Rosenblum. I have always held him in the highest regard and I am looking forward to his continued support and friendship. I also want to express my gratitude to Rabbi Skolnik, Deborah Gregor and Laurie Worthman for their help during the past weeks.

The Forest Hills Jewish Center is a truly warm and special community. I am most looking forward to getting to know you all, and to hearing your voices, both as individuals, and as a group. Emily, Henry, Michael and I are delighted to now call Forest Hills our home, and to be a part of both the tradition and a dynamic future. I pray that, along with Rabbi Skolnik, I will be able to serve you each in your own relationship with God, and the Jewish people, and in helping to continue the work of making The Forest Hills Jewish Center a place of learning, inspiration, transformation, connection, acceptance, and joy.

Shanah Tovah u'metuka,
Hazzan Randall Levin

Welcome

ברוכים הבאים



Welcome to the Levin family!



THE PRESIDENT'S PEN

Romi Narov

Summer is definitely still here. Temperatures outside are raging, yet Rosh Hashanah is just around the corner. Am I back in Israel? There, it is a given that the High Holidays are in the middle of beach season. No, I am definitely in New York. Through a confluence of the Lunar Jewish Calendar and Global Warming we are most definitely not wearing coats to synagogue this Holiday Season.

It is hard to believe that another year is coming to an end and a new one is knocking on our door. We are still in the throes of the COVID pandemic. For a short while earlier this year it seems like COVID loosened its hold and we actually attended Shabbat services unmasked. It was so nice to see whole faces!

We actually could see smiles and not just a barely detected twinkle in our eyes. But, alas, this was very short lived, and we are back to wearing masks. The decision to go back to masks was not taken lightly. Our goal is always to make sure that we are all staying safe and err on the side of caution. To date, as far as we know, it worked. So please bear with us.

This Holiday season will be marked by welcoming our new Hazzan Levin. He joined us, along with his lovely family, this past July and immediately got immersed in our Shabbat and weekday services, in person and on Zoom. I am looking forward to being led in prayer by him this Rosh Hashanah and Yom Kippur, his first Yamim Noraim at FHJC, alongside Rabbi Skolnik who returns from his summer vacation just in time for Rosh Hashanah.

One of the things that was sorely missed last year at FHJC was the sound of young voices in our Sanctuary. We hope this year to bring our Children's Shabbat and Holiday Programming back, starting with in-person youth services on Rosh Hashanah and Yom Kippur. I hope to see many of our young families there!

So, as we are about to begin a New Year, I hope and pray that we will soon have the pandemic in our rearview mirror and will be able to greet each other, in-person.

Wishing you all a Shanah Tovah U'metuka. A year of health and happiness!

B'shalom, Romi Narov

NAVIGATING THE NEXT NORMAL

Thursday, Sept. 23 at 8:00
Dr. Betsy Stone discusses stress, growth and parenting

Betsy Stone will discuss how the last 18 months have affected children and teens and how to support them as they transition back to in-person activities while still balancing the stresses of COVID. Our goal is to learn together and support each other so that all of our FHJC children thrive and we build on our caring community of resilient parents. RSVP [here](#).

OFFICIATING AT ROSH HASHANAH and
YOM KIPPUR SERVICES in the
RABBI BEN ZION BOKSER SANCTUARY
Rabbi Gerald C. Skolnik
Hazzan Randall Levin

Ba'al Shaharit: Matthew Beizer
Ba'al Teki'ah: Dr. Martin Topol
Ba'al Musaf: Hazzan Randall Levin

Ba'alei Keriah:
1st Day Rosh Hashanah: Dr. Rebekah Fassler
2nd Day Rosh Hashanah: Debra Weil

Yom Kippur Morning
Ira Beer

Yom Kippur Mincha
Aaron Weil

NEWS FROM NURSERY SCHOOL

Lynn Fisher



This past school year was unlike any other. Last year created new challenges. It created chaos in the world of education, as some schools did not open while others did, only to close again as COVID cases rose. Some schools went online, while some were in person — and some, like us, were both. The pressure on students, teachers, administrators and parents escalated as COVID lurked around every corner. But we focused on the idea that in dark times across history people rise up and cope — more than cope really. Our staff, students and families all demonstrated resilience, creativity and an ability to innovate.

When we first approached the idea of reopening last September, we wondered “How will this look? How will this work?” When many schools and families were choosing a remote learning model, we decided that what was important for the children and families was to be here in person all day, every day. We would be masked except when eating and we would do our best to remain physically distanced from others. We would begin our day with health and temperature checks, strengthen our home-school connection through phone calls, emails and Zooms and create our doorway conversations at arrival and dismissal outside even in the rain. We would have other limitations imposed on us that seemed, at times, undoable; with rules changing daily and sometimes hourly. We also decided to offer school with all of its benefits to the families who chose remote learning for their child. We virtually welcomed, included and connected our remote learners with the staff, children and families who were inside our classrooms. In a year that was difficult for all, we became a real-life family. Teachers, children and parents, in person and remote, we all came together, worked together and trusted each other. What a success.

As we head into another new year full of challenges that we thought would have lessened, I feel so fortunate to have the time to provide children with the most important work of childhood – play! Play benefits the children in their own unique ways. As Mr. Rogers said so meaningfully, “Play is often talked about as if it were a relief from serious learning. But for children, play IS serious learning. Play is really the work of childhood.” We didn’t just survive last year – we thrived! And now we are ready to move full steam ahead with all of the knowledge and experience we gained. Our incredible staff will come together to help our children and families through the new normal and prepared them for the next normal.

I would like to thank all of our teachers in advance for their unwavering commitment and dedication to the FHJC Early Childhood Program. Their support and professionalism is what makes this work. This upcoming school year will yet again be unlike any other. This is a time to reflect and a time to look forward. Shanah Tovah. To 5782 and beyond!

Lynn Fisher



Reflection helps us develop our understanding more deeply. By reflecting we can grow. Reflection is part of learning and thinking. We reflect in order to learn something, or we learn as a result of reflecting. Having a chance to learn from current or prior experience is a blessing.



Join FHJC for Shabbat on the Stoop

Let's share a Shabbat experience for tots-six year-olds and families linking Shabbat, Jewish values and mindfulness. Songs, stories and tools to manage stress, build focus and foster gratitude with a goal to growing resilience and optimism in your child and your family.

Starts September 18 at 11:00 AM

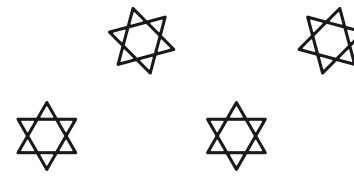
Selected Saturdays at the Queens Blvd. entrance to FHJC.





EDUCATION AND ENGAGEMENT

Jessica Braginsky



I would like to share with you my vision for Jewish education:

Judaism provides avenues through ritual, observance, values and study, that enable students and families to thrive.

- Judaism has an answer to the question “how can I lead a meaningful and fulfilling life?”

Jewish learning must touch our students’ souls.

- The purpose of learning is to spark action. Even small changes to our student’s perspectives can lead to transformative growth and change.

Every child should have a voice and choice in their education.

- As much as possible each child should be able to have the opportunity to choose to learn the way they learn best and to direct some aspects of their learning. This helps to make students feel personally invested in their learning and gives them a role in shaping and creating it rather than it being simply delivered to them.

There are many entry points to Judaism and our job is to find the one that works for each child

- Whether it’s Israel or history or prayer, we should approach our subjects from many perspectives. We can incorporate a spectrum of modalities in our teaching including visual, auditory, reading/writing, and kinesthetic learning.

Over the year, I look forward to exploring this vision with you. For this issue, I would like to focus on 2 ways the FHJC Religious School brings the first statement to life; **Shabbat on the Stoop** and **Better Together**.

This year we are inaugurating a new Shabbat program for the youngest learners in the Forest Hills community. Through a generous grant from PJ Library, a program of the Harold Grinspoon Foundation, we will be celebrating **Shabbat on the Stoop**. That’s right-- twice a month on Saturday mornings we will be putting out cushions and a banner on the Queens Boulevard entrance to FHJC and inviting all families with young children to join us for songs, stories and mindfulness rooted in Jewish values. How does this help families and young children to thrive? Shabbat on the Stoop will use Jewish values and practices to build a joyous community and build relationships between families. We can all use a friend nowadays. Plus, it will create regular opportunities for families to cultivate gratitude and awareness of the blessings around us and that is a huge step towards happiness and mental health.

<https://www.psychologytoday.com/us/blog/mindfulness-insights/201906/mindfulness-and-gratitude>.

Better Together, made possible by a generous grant, is now in its third of four years at FHJC Religious School. It is an intergenerational program that encourages teen and tween students to learn with older participants who are over the age of 65. Our wonderful teacher and facilitator, Karen Stein, uses Pirkei Avot to craft impactful interactions between students and seniors that help each group gain from the wisdom of the other and encourage our students to live the value of respecting the elderly. We are inherently social beings, thus relationships are an important part of well-being. People who maintain strong positive relationships are generally healthier and happier in life. <https://psycnet.apa.org/record/2014-29184-010>

Both Better Together and Shabbat on the Stoop incorporate Jewish values, rituals or observance. The lessons they teach give our students and families the support they need to thrive and to answer for themselves how to live a meaningful life.

On behalf of myself and my family, I wish you a Shanah Tovah.

May we all be granted a year of health and fulfillment.

Jessica Braginsky

SUNDAY, SEPT. 12

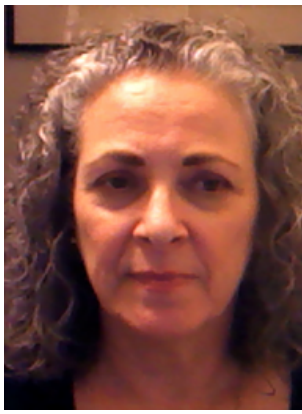
SHACHARIT ON THE BEACH

It's our First day of Religious School. Let's Make it Great!

MEET THE TEACHERS, FAMILY FUN SURFING OPTIONAL

WHEN? SURFING- 9:00 AM
SHOFAR BLAST 9:45 AM
WHERE? LONG BEACH
WHO? ALL RELIGIOUS SCHOOL FAMILIES





SISTERHOOD

Doria Kalt

It's hard to believe that the Summer has passed and here we are at the beginning of the holiday season, with Rosh Hashanah and Yom Kippur upon us.

This Summer was a busy time for Sisterhood. Although unable to meet in person, we took full advantage of Zoom to hold several wonderful events. In June, Center member Susie Spodek spoke to the group about the variety of summer vegetables available, along with some of their history and ways to enjoy them.

In July, Daytime Readers discussed *The Midnight Library* by Matt Haig. Then, David Ellis – brother of Sisterhood Treasurer Rae Theise Kerzner – shared his expertise on Jewish Genealogy and research methods for those just starting out in their search. Also in July, we took part in a de-cluttering workshop with Jamie Novack – author of “Keep This, Toss That” who shared insightful and often amusing tips on getting our homes ready for the holidays.

Finally, in August, Center member Gail Port led a Q&A with Dr. Bernice Lerner on her book *All the Horrors of War*, about her mother's experiences during the liberation of Bergen Belsen. We were quite fortunate that Ruth Mermelstein (née Rachel Genuth) was able to join us and share some of her personal memories.

Despite the holidays, Sisterhood has plenty of events coming up in the Fall. We're starting October out with an exciting program on the 5th, when Center member Fern Kershon will participate in a Q&A with author, love coach and theatrical producer Robin Gorman Newman where we will learn *How to Marry (or raise) a Mensch*. On the 7th, Daytime Readers will be discussing *Homegoing* by Yaa Gyasi, and as a continuation of our July program, David Ellis will return on October 20th to discuss using DNA in building your family tree. To round out the Fall, Susie Spodek will return on November 15th to tell us all about the delicious vegetables available to brighten our Thanksgiving tables.

Keep a lookout for more details in our Sisterhood Blast, as well as upcoming flyers and Shabbat Shalom.

Woolgatherers, Walking, Posture & Balance, and Yoga continue as in the past, after the High Holidays. Contact sisterhood@fhjc.org for information on these ongoing programs.

Our former President, Debra Weil, has stepped down. She will be very busy as the Health Education Chair of BQLI Region of Women's League. For the rest of the year, we will be led by a Presidium of Board Members. Rae Theise Kerzner will follow me for November and December.

Wishing everyone a Healthy and Happy New Year, and we're looking forward to seeing you on Zoom for the upcoming Sisterhood events until we can meet safely again in person.

Doria Kalt, FHJC Sisterhood Presiding Board Member

HEBREW LITERATURE GROUP

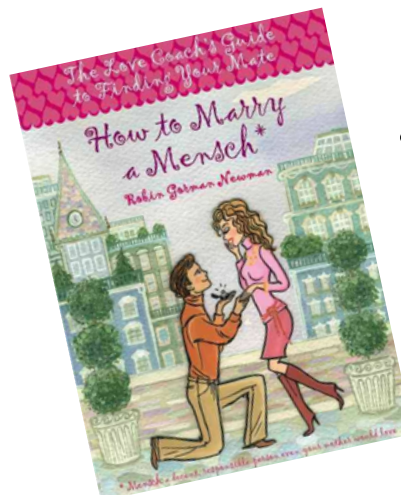
The Hebrew Literature Group is looking forward to resuming our meetings this coming year, 5782. We will continue to meet via Zoom, at the very least to start. Remote sessions might not be ideal, but those who participated last year can attest that the feeling of warm fellowship carries over in spite of the format.

Last year all our sessions involved texts that have been put to music, and we listened as much as discussed. This year (with perhaps an exception or two) we will go back to pure text. Sessions are typically a little over an hour long. Because of the brief nature of the meetings, selections are often poems, ancient and modern, but we make use of other types of texts as well.

You don't need to be proficient in Hebrew to participate. All texts are accompanied by English translation, and discussion is in English. Come join us!

Mitchell Frank

Sisterhood Presents: How to Marry a Mensch



Tuesday, October 5

Zoom in with Sisterhood and author Robin Gorman Newman to learn about marrying or raising a mensch. Be on the lookout for more details or contact Sisterhood@fhjc.org.

MAZAL TOV TO OUR B'NEI MITZVAH

Mazel
Tov!



Tess Villaruz

Bat Mitzvah, September 11, 2021

Tess has been in school at Solomon Schechter of Queens until this past spring. She will start at the Baccalaureate School for Global Education for 7th grade in September. She has been collecting book donations to distribute to kids through laundromats in Queens. (More preschool books would still be welcome!) She enjoys reading, especially Percy Jackson books, and making origami.

Charles Goldfarb

Bar Mitzvah, September 18, 2021

Charlie Goldfarb is a life-long resident of Forest Hills along with his sister Anna, (9), brother Jacob, (6) and parents Paula and Paul. Charlie first entered the FHJC as a baby frequently attending the Kids Kongregation continuing through the Religious School. Charlie attended PS303, PS196, Halsey JHS, and now the Bronx HS of Science. An all-season athlete, Charlie plays soccer, flag football, handball, and was selected as an all star, and won championships, in both basketball and baseball. In his free time, he bikes, plays piano, video games, fantasy football, poker and participates in Kadima. Charlie loves camp and has attended the CQY Explorers and Island Quest Camp for over eight years. For Charlie's mitzvah project, he volunteered at PS303Q as their first-ever student-volunteer working with the drama department to teach performance technique to younger students. After his Bar Mitzvah was canceled at the last moment in March 2020 he is glad to have the opportunity to share this special moment (finally) with his family, friends and FHJC community.



Amanda Powsner

Bat Mitzvah, October 9, 2021

Amanda is thrilled to become a Bat Mitzvah at Forest Hills Jewish Center. She has been a member since birth and had her baby naming at FHJC thirteen years ago, and attended events at FHJC through the years with her younger sister Melanie, mother Jennifer, and late father Steven. She attended FHJC for nursery school and kindergarten, and the Solomon Schechter School of Queens through sixth grade. Amanda now attends the Krieger Schechter Day School in Baltimore. She has enjoyed her summers at sleepaway camp, and when not there, enjoys cooking and baking, traveling, and all things Netflix. For her Bat Mitzvah project, Amanda will be volunteering at Weekend Backpacks, a non-profit in Baltimore committed to providing food to vulnerable, food-insecure youth in Baltimore City.



Matias Dorregaray Frieder

Bar Mitzvah, October 16, 2021

Matias Dorregaray Frieder was born in New York City on July 25, 2008. He lives in Forest Hills, NY with his parents, his older brother, Lucas, and younger sister, Catalina, and their two dogs, Bongo and Che. Matias is in 8th grade at the United Nations International School and is trilingual. While his mother tongue is Spanish, he also speaks English and he is gaining fluency in French. Matias enjoys going to school, learning and being with his friends. He is interested in math, history, Spanish, French and all things soccer. Matias is passionate about soccer and plays in a travel team as a forward. His extended family lives throughout Argentina, Peru, Israel and Mexico. Matias enjoyed travelling to visit and spending time with them before the pandemic and he is very much looking forward to spending time with them soon. Matias is a remarkable, sensitive, caring human being. He is a very good son, brother and friend.



ADULT EDUCATION

JUDY GOSTL & LISA LEVY



It is almost Rosh Hashanah, and planning is going on for the 2021-22 program year at the Forest Hills Jewish Center. Last May, in a fit of optimism, a date was chosen for The FHJC Shabbaton to be held in shul on a Shabbat. But, at this time it looks like we will have to continue to study on Zoom. We hope to have the program ready to distribute to all of you by the November edition of this bulletin.



We are adding some new programs this year. Save November 14, Sunday at 10:00AM for Lenny Picker to interview Max Gross whose novel, *The Lost Shtetl*, won the National Jewish Book Award and the Jewish Fiction Award from the Association of Jewish Libraries. This program will take place on Zoom. We are working on several other new ideas that we hope to be able to offer in the coming months.

We are sending out a call for Shabbaton teachers. Those of you who have been kind and generous enough to teach for the Shabbaton before, do you have a new topic for us this year? If you have never taught for our Shabbaton before, maybe you have a topic you would like to share with the congregation? Or do you know someone who just needs a nudge? Click [here](#) to send us your ideas.

Questions? Email [Judy Gostl](#) or [Lisa Levy](#).



SURJE: Standing Up for Racial Justice & Equity

Couldn't make it to our August training? You're invited to the second bystander intervention training with our diverse Queens community, co-hosted by FHJC SURJE and the NYC Commission on Human Rights.

"Bystander Intervention Training"

October 6th, 2021 | Time: 5:00pm | Place: Zoom, RSVP link below

Bystander intervention is built on the idea that we all play a role in creating safe public spaces for each other when we see our neighbors and community members facing bias, discrimination, or harassment. The NYC Commission on Human Rights and community partners regularly co-host bystander intervention trainings to provide New Yorkers with the tools and strategies to safely respond when they witness bias incidents and discrimination. Participants leave these trainings equipped with verbal and behavioral de-escalation strategies to non-violently intervene to disrupt hate-violence or hate speech.

The training explores the meaning of safety and solidarity, and how identity plays a role in the ways we may be targeted and the way we choose to intervene. The Commission's training was developed in partnership with the Center of Anti-Violence Education. The training is free and will be co-sponsored by several Queens-based community organizations. Let's be in dialogue with our diverse Queens community to ensure we keep each other safe!

Partners include: Queens Community House, Forest Hills Asian Association, Rockaway Women for Progress, and more!

Please RSVP at the following link: <https://bit.ly/BystanderTrainingOct6> Email with any questions: FHJC.SURJE@gmail.com

Let's keep each other safe!



Mazal Tov מזל טוב

- ...to those in our Center family who are celebrating a simcha:
- to Barbara & Alan Horton on the the occasion of the Bar Mitzvah of their grandson, Charlie Horton on April 24, 2021
 - to Jaime Villaruz and Karin Kalkstein on the the occasion of the Bat Mitzvah of their daughter Tess Villaruz
 - to Paul and Paula Steisel Goldfarb, Anna and Jacob on the occasion of the Bar Mitzvah of their son and brother, Charlie
 - to Jennifer Powsner and Melanie on the the occasion of the Bat Mitzvah of their daughter and sister, Amanda
 - to Felipe Dorregaray and Ariela Frieder, Lucas and Catalina on the occasion of the Bar Mitzvah of their son and brother, Matias
 - to Rena Wirshba on the occasion of the birth of her great-grandson, Noah Jack Wirshba
 - to Ilana and William Altman, Aliza, and Joshua, on the marriage of their son and brother, Ariel, to Denh Tuyen.
 - to Debby & Michael Seiden on the Bat Mitzvah of their granddaughter, Jordan Ariella Seiden
 - to Debbie & Jeff Bochner on the birth of their grandson, Miles Isaac Newman
 - to Sandra Zalbe on the birth of her great-grandson, Miles Isaac Newman
 - to Rebekah & Norman Fassler on the Bar Mitzvah of their grandson, Gabriel Fassler
 - to Rita & Michael Lieberman on the birth of their granddaughter, Stella Hayes
 - to Lottie & Henry Burger on the birth of their 11th great-grandchild, Stella Hayes
 - to Debbie & Jeff Bochner on the birth of their granddaughter, Layla Max
 - to Sandra Zalbe on the birth of her great-granddaughter, Layla Max
 - to Risa Matzner on the engagement of her son, Jacob to Rebecca Evans
 - to Roz & Oskar Matzner on the engagement of their grandson, Jacob to Rebecca Evans
 - to Robyn & William Cimbol on the birth of their grandson, Erez Yahel

Hamakom Y'nahem המקום ינחם

...may God grant comfort and consolation to those who have lost a loved one.

- to Pauline Clements on the loss of her brother, Frank Baigel
- to Dorita Henderson on the loss of her husband, Michael
- to Judi Silverstein on the loss of her father, Bernard Heitner
- to Debra Weil on the loss of her father, Jim Schlesinger
- to Perry Almeleh on the loss of his mother, Dorothy Almeleh
- to Martin Topol on the loss of his mother, Esther

We mourn the loss of our dear Center members:
Arlene Sacks, Edith Levine, Sidney Levine, Leah Weinkelbaum
May their memories be for a blessing



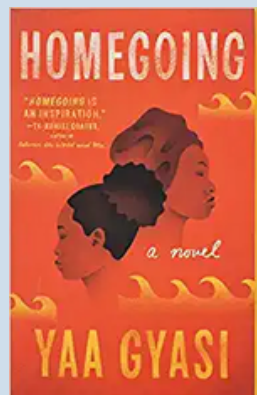
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Please contact Jessica at jbraginsky@fhjc.org to sign up or for more information.

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**Sisterhood
Daytime
Readers
Presents
HOMEGOING**

by YAA GYASI

October 7, 2021 - 2:00 PM (Zoom)

Email sisterhood@fhjc.org to receive the Zoom link.

**Sisterhood Presents:
Finding Your Roots Part 2:
DNA Wednesday,
October 20**

David Ellis will return on ZOOM to teach us about using DNA testing technology to uncover more about your family tree. Be on the lookout for more information or contact

Sisterhood@fhjc.org.

Acknowledgements

PULPIT FUND

Florence Cohen – in honor of the birth of **Robyn & William Cimbol's** grandson

Deborah Ball-Witlin & Andrew Witlin – in honor of **Rae Kerzner** being honored by the Women's League

Marcia Baskin – in honor of **Rae Kerzner** being honored by the Women's League, BQLI

Sarah & Stephen Markowitz – in honor of the birth of **Yonah & Jason Kirschner's** daughter and

Susan Moskowitz's & Alan Kirschner granddaughter, **Ahuva Yael Kirschner**

Susan Moskowitz & Alan Kirschner – in honor of the birth and naming of their granddaughter,

Ahuva Yael Kirschner

Lottie & Henry Burger – in honor of the birth of **Debby & Michael Seiden's** grandchild

Susan Moskowitz & Alan Kirschner – in gratitude to **Judy Beizer** for honors received

Ellen Cahn – in gratitude to **Hazzan Henry Rosenblum** for his kindness

Andrea Weinzimer – in memory of **Deborah Ball-Witlin's** mother, **Leona Ball**

Kenneth Mittler – in memory of **Deborah Ball-Witlin's** mother, **Leona Ball**

Donations were made by the following people in memory of **Debra Weil's** father **James**

Schlesinger:

Teri & Steven Goffner

Ellen Cahn

Marian & Martin Krasilovsky

Romi Narov

Tikva, Zahava, Hanna & Dorothy Mahlab

Risa & Michael Doherty

Joyce Pogoda Sherer – in memory of **Irwin Feldman**

Lurie Family – in memory of **Irwin Feldman**

Marian & Martin Krasilovsky – in memory of **Elsie Kirwan**

Marian & Martin Krasilovsky – in memory of **Elsie Kirwan**

Susan Moskowitz & Alan Kirschner – in memory of **Elizabeth Moskowitz's** 10th *yahrzeit*

Lottie & Henry Burger – in memory of **Pauline Clements'** brother, **Frank Baigel**

Lottie & Henry Burger – in memory of **Carl Stern**

Lisa Rich – in memory of her husband, **Michael** (*yahrzeit*)

Romi Narov – in memory of her mother, **Paula Arieli** (*yahrzeit*)

Romi Narov – in memory of her uncle, **David Avni** (*yahrzeit*)

Marian & Martin Krasilovsky – in memory of **Martin Topol's** mother, **Esther**

RUTH & JACK NELSON MEMORIAL FUND

Dorrie & Hal Berkowitz – in honor of **Rae Kerzner** being honored by the Women's League, BQLI

Dorrie & Hal Berkowitz – for the full recovery of **Barbara Williams**

Dorrie & Hal Berkowitz – in memory of **Paul Drazen**

YOUTH ACTIVITIES FUND

Donations were made by the following people in in honor of the birth of **Romi**

Narov's granddaughter, **Grace:**

Marcia Baskin

Nancy & Richard Chase

Carole Gothelf

Rae & Gary Kerzner – in honor of the birth of their grandson, **Zeke Theise Firestone**

Nancy & Richard Chase – in honor of the baby naming of **Helaine & Joe Fox's** granddaughter, **Maya Sloane**

Naomi, Mike, Anna & Joseph Landsman – in honor of the birth of **Yonah & Jason**

Kirschner's daughter, **Ahuva Yael**

Drazen Family – in honor of the Bat Mitzvah of **Liora Beer**

Pauline & Mark Raphael – in honor of the Bat Mitzvah of **Liora Beer**

Pauline & Mark Raphael – in honor of **Rae Kerzner** being honored by the Women's League, BQLI

Michael, Naomi, Anna & Joe Landsman – in honor of the birth of **Debbie & Jeff**

Bochner's grandson, **Miles Isaac Newman**

Michael, Naomi, Anna & Joe Landsman – in honor of the birth of **Debbie & Jeff**

Bochner's granddaughter, **Layla Max**

Pauline & Mark Raphael – for the full recovery of **Barbara Williams**

Pauline & Mark Raphael – in memory of **Cheryl Topal's** father, **Mel Taub**

Carol & Howard Hankin – in memory of

Cheryl Topal's father, **Mel Taub**

Megan Carroll & Jim Toole – in memory of **Irwin Feldman**

Lillian & Bill Regen – in memory of **Debra Weil's** father, **James Schlesinger**

Nancy & Richard Chase – in memory of **Debra Weil's** father, **James Schlesinger**

Pauline & Mark Raphael – in memory of

Judi Silverstein's father, **Bernard Heitner**

Helaine & Andy Bass & Family – in memory of **Leah Weinkselbaum**

Sharon & Philip Braginsky – in memory of **Leah Weinkselbaum**

Sharon & Philip Braginsky – in memory of **Debra Weil's** father, **James Schlesinger**

Toby & Allan Silvera – in memory of **Leah Weinkselbaum**

Toby & Allan Silvera – in memory of **Cynthia Friedenber**

Pauline & Mark Raphael – in memory of **Martin Topol's** mother, **Esther**

Pauline & Mark Raphael – in memory of **Jayne Goldberg's** mother

HAZZAN'S MUSIC FUND

Monica & Ezra Lagnado – in honor of **Rebekah & Norman Fassler's** grandson, **Gabriel Fassler's** Bar Mitzvah

JACK VOGEL FUND

Elaine Vogel – in gratitude to **Norman Gursen** for his kindness

Elaine Vogel – in memory of a wonderful father, **Dr. J. Savin Garber**, whom she truly misses

LEAH WEINBERG FUND

Lesley & Allen Kanter – to **Gloria Horowitz** & family remembering **Stanley**

Lesley & Allen Kanter – to **Barbara Bernstein** & family remembering **Michael**

Lesley & Allen Kanter – to **Erwin Weinberg** & family remembering **Leah**



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MEN'S CLUB BBQ IN THE SUKKAH!

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NEW YEAR 5782

לשנה טובה

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Rabbi (Lt Cdr) Yonatan Warren and Leora Skolnik, Calanit and Meirav,
Adam Dicterow and Talya Skolnik, Matan Skolnik
Hazzan Randall and Emily Levin, Henry and Michael
Anna Grosz, Michelle, Alan, Rachel and Daniel,
Diane and Michael, Max, Rebecca, Nathan and Noah, Kenneth, Andrea and Lauren
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ESTHER K. WOLBERGER AND FAMILY



Book of Remembrance

On all designated holidays when Yizkor is recited, Rabbi Skolnik will read the names of those inscribed in the Book of Remembrance.

Davora Abraham	Rosalie Fuchsberg	Julius D. Kahn	Joseph Lestz	Jack Schaeffer
Yakov Hassid Abraham	Meyer Fuchsberg	Kate Kahn	Leon Levin	Lillian Schaeffer
David Abrahams	Dr. J. Savin Garber	Frances Kalikow	Charles Levy	Leo Schain
Madeline Abrahams	Syd Garber	Morris Kalikow	Pearl Levy	Martha Schain
Barney W. Adler	Faith Garfield	Nathaniel Saul Kane	Ludwig Loewenstein	Harold Schantz
Henrietta K. Adler	Philip Garfield	Benjamin B. Katz	Margaret Loewenstein	Elias Segal
Esther Anapolsky	Benedicto Geber	Haskel Katz	Dr. Jack London	Mildred Segal
Samuel Anapolsky	Marta Geber	Helen F. Katz	Dr. Edward Mahlab	Irwin Seitenbach
Arthur Ball	Feiga Rosa Ginsburg	Miriam Katz	Suzette Mahlab	Malvin Sevin
Otto Josef Baruch	Albert Glazer	Morris M. Katz	Lionel Malamed	Albert Shaw
Berthold Bear	Cecelia Glazer	Fred E. Katzner	David Maryasin	Ruth Shulim
Lisa Bear	Clara Glazer	Gladys Kenner	Leopold Lipot Mayer	Annette Silberman
Martin Bear	David Glazer	Max Kenner	Rose Guttman Mayer	Ruby Silberman
Toni Bear	Gussie Glazer	Herman Kingsley	Theodore Mayer	David Skolnik
Victoria Benghiat	Arnold Glick	Marion Kingsley	Michael Mayorowitz	Lillian Skolnik
Ida Benghiat	Fannie Glick	Henry Kletter	Gertrude Mayorowitz Lukacs	Edward Skornicki
Edwin Berger	Irving Glick	Sophie Kohn	Harry Mesard	Natalie Skornicki
Julie Berger	Max Glick	Louis Kohn	Lily R. Mesard	Mildred F. Smith
Sol Berley	Ruth Rhoda Glick	Aaron Korn	Rabbi Amos W. Miller	Agnes Sobel
Sydell Berley	Helen Goldenberg	Lillian Korn	Hannah B. Miller	Irene Sobel
Jean Roberta Biegelson	Sherry Sue Goldenberg	Fortuna Kovalsky	Chaskel Morgenstern	Ivan Sobel
Sidney Biegelson	Martin Goldman	Max Kovolick	Irene Morgenstern	William Sobel
Edward Birnbaum	Lola Joy Goldman	Leo Kra	Carl J. Moskowitz	Deena Soloway
Evelyn Blum	Celia Goldman	Adolph G. Kraus	Charlotte Moskowitz	Joseph Stark
Robert Blum	Norman Peter Goldman	Samuel Kravitz	George Moss	Katalin Stark
Abe Blumstein	Abraham Goldsmith	Melanie Krieger	Irving Moss	Pearl Strauss
Rabbi Baruch Micah Bokser	Harold Goldsmith	Abraham Krumbein	Jack Nelson	Amy Lisa Sturm
Kallia Bokser	Mary Goldsmith	Sarah Krumbein	Ruth Nelson	Judith Susan Sturm
Rabbi Ben Zion Bokser	Benjamin Goldstein	Benjamin Krumholz	Abraham Okun	Ida Sumerfeld
Aaron Broder	Carl Goldstein	Henry Krumholz	Celia Okun	Meyer Sumerfeld
Jennie Broder	Dave Goldstein	Jack Krumholz	Theodore Okun	Sally Tenenbaum
Sylvia Broder	Herb Goldstein	Mera Krumholz	Harvey L. Perlstein	Fred Theise
Milton Bruck	Nettie Goldstein	Rose Krumholz	Jeanne S. Perlstein	Leslie Ticker
Ruth Bruck	Rita Goldstein	David Kule	Isidore Platkin	Marvin Ticker
Dora Butnick	Cantor Isaac Gorsky	Eugene Kule	Shep Porter	Max Troper
Milton Butnick	Sylvia Gould	Geraldine Kule	Tauba Potik	Jack Vogel
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Marcia DePinna	Fred Hahn	Cantor David Kusevitsky	Feiga Remetier	Marie M. Walker
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Alfred Dykerman	George Haims	Patricia Lily Kusevitsky	Sylvia Rolnick	Rose Walker
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Ester Dylewski	Cookie Heiferman	Murray Landau	Carolyn Rosenblum Lubin	Stanley Weg
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Helene Falik	Solomon G. Heiferman	Samuel Lapin	Jonathan Rosenblum	Selma Weinberg
Estelle Feiner	Jean Claude Heilberg	Elayne Leef	Dr. Louis Rosenblum	Anna Weiner
Sonia Gurewitz Fink	Ray F. Heitner	Larry Leef	Lillian Rosenthal	Morris Weiner
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Josef Samuel Fuchs	Nathan Hyman	Frieda Leibler	Elizabeth Samuel	Frieda Zielonka
	Eva Lea Jaari	Abraham Lerner	Siegfried Samuel	Harry Zielonka
	Lochem Avichai Jaari	Clara Lerner	Irving Savitz	Abraham Zwick
		Maurice Lerner	Ruth Savitz	Dora Feldman Zwick

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