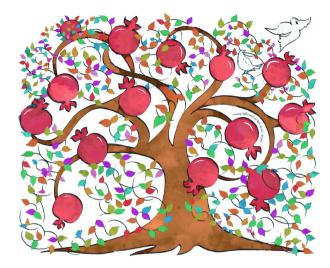


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March-April 2021 / Adar-Nisan-Iyyar 5781 / Vol. LXXVI No. 3



Mazal Tov to Rabbi Gerald & Robin Skolnik

Celebrating 40 years of Dedication & Leadership

Journal Gala on Zoom March 14, 2021 | 3:00 PM | 1 Nisan 5781

There's still time to RSVP - www.FHJC.org/Gala-RSVP

Passover is here!

See inside for...

- Candle Lighting and Service Times
- Plans for FHJC In-Person/ Zoom Services
- Preparing for Passover 5781
- The Saturday Night Seder
- How to Sell Your Hametz





YOM HASHOAH VIRTUAL COMMEMORATION WEDNESDAY, APRIL 7 - 7:30 PM

Please join us via ZOOM for our annual observance of Yom Hashoah on Wednesday evening, April 7 at 7:30PM. Our featured speaker will be FHJC Executive Director Deborah Gregor, a child of survivors whose life has been profoundly impacted by her family's experiences.

We will also be lighting memorial candles virtually, and reciting El Maleh Rachamim and joint Kaddish.

With each passing year, this program becomes increasingly important. Please honor those whom we lost by spending the evening with us. Please see FHJC website and calendar for Zoom link.



FROM THE RABBI'S STUDY

Rabbi Gerald C. Skolnik

Looking Back, Looking Forward...

With Purim behind us and Pesah very much in our sights, this time of the Jewish calendar year always generates mixed emotions. No one anticipates the physical preparation for Pesah with any too much joy, though we all know that the celebration of that holiday is one of the most joyous times for us, as families and as a community. And, of course, immediately following Pesah, we encounter the perennial challenge of observing Yom HaShoah, and, the following week, Israel's Independence Day on Yom Ha'Atzma'ut.

All of this is true, and it would be true in any year, under any circumstances. And yet, paraphrasing the language of the Haggadah, we are obliged to ask why is this year different from all other years?

The answer, of course, is that we are still, both as individuals and as a community (not to mention as a country), struggling with COVID-19, and its impact on everything we do. It is almost exactly a year since this city and country first shut down. The death toll here in Queens, just miles from where we are situated, was awful and terrifying, and we were made to understand that we had no alternative but to shelter at home. The celebration of Purim last year was one of the very last things we did "normally" as a community. Shortly thereafter, like communities around the country and indeed the world, we entered into the ether world of Zoom and virtual reality. Pesah last year was surreal, as we struggled to make sense of what was transpiring all around us. I doubt that any of us, in our heart of hearts, truly thought that, a year later, we would still be struggling with so many of the same issues, particularly as regarding how safe it is to be together as a community.

I know that our regular shul-goers long to be back in the Sanctuary on Shabbat and holiday mornings. On the rare occasions when we have been back inside, how great it felt to be in each other's company, and to hear- dare I say it?- the sound of us making a joyful noise in prayer, even

with our masks on! Rest assured that the Hazzan and I want nothing more than to be back in our regular prayer locations and times, though we have learned quite well how to navigate the complexities of gathering together on Zoom. I am enormously proud of the flexibility our community has shown in dealing with all of these issues.

This year, our plan is to be in the Rabbi Ben Zion Bokser Sanctuary for the first and last days of Pesah, as well as for those dates before and after when we are celebrating a bar or bat mitzvah. We are still, however, largely maintaining our online, virtual presence on Friday evenings and Shabbat mornings, as well as weekday evenings. The reasons are simple. We still have many members who are awaiting vaccination, and many others who, even having been partially or completely vaccinated, and are reluctant to spend extended periods of time indoors together with others, despite the abbreviation of our services. Outdoors remains much safer than indoors.

Our goal as a synagogue community remains, and will always be, to maintain the health of our members, and avoid placing anyone in a situation of unnecessary risk. That will continue to be a judgement call, but one which we are making, and will make going forward, judiciously and with great care. We will continue to adapt as best we can, including, this year, creating an online communal Seder option on the first night of the holiday, with the Hazzan and me officiating.

Someday- hopefully someday soon!- we will be together again, in the same room, enjoying the pleasure of each other's company. For now, may I wish you all best wishes going forward for a Hag Kasher V'Sameah; the prospect of Spring is sweet indeed, and may our festival days enable us to appreciate the possibility- no, the certainty- of better times to come!

Rabbi Gerald C. Skolnik

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NOTES FROM THE HAZZAN

Hazzan Henry R. Rosenblum

As the snow continues to fall, paralyzing so many of us or at least confining us to our homes, I find myself struggling with the task of writing my article for this month's Message. Having just sent out the announcement that I have made the difficult decision to retire this coming August, I am filled with so many conflicting emotions. These past 10 ½ years have been remarkable, filled with many, many amazing memories shared with our FHJC family, so many friends both old and new, countless s'mahot and more than enough sad times too, wonderful High Holiday services, outstanding concerts, lectures, classes, dinner dances, our most unique coffee houses, Shabbatot and holidays, an unforgettable 10-year anniversary video celebration, special congregational Pesah sedarim, unique Zimriah evenings, and even a pandemic to just name some, and the list goes on and on.

But not a day goes by without phone calls to Rena, Dafna and Eitan, our Florida munchkins, who bring

instant smiles to our faces followed by the unspeakable frustration brought on by knowing how much of their formative years we are missing, and the overwhelming desire to just BE with them already. And so, that is what we decided to do. We know there is never a "best" time to bring things to a close but we want to reaffirm that we will only be a plane ride, a phone call or an email away. Our time here at the Forest Hills Jewish Center will end but our relationships with all of you will continue. We thank you for the past "decade plus" and for making our family feel so welcome here. I look forward to seeing you on the Zoom, eventually in the shul, and to speaking with you on the phone. We still have months of sharing ahead of us. On to Purim and Pesah!!

B'shalom, Hazzan Henry Rosenblum



THE PRESIDENT'S PEN

Romi Narov

שמחה רבה שמחה רבה אביב הגיע פסח בא

By now we have celebrated the full cycle of Jewish Holidays on Zoom. I am sure that you all remember the last time we were all together in person, no masks, no social distancing, was last Purim. A week later we had our annual gala in person and then the world as we knew it stopped.

Who thought that we will start a new cycle of holidays on Zoom? Definitely not I. But here we are in March and we are going to celebrate yet another Pesach on Zoom. While I am sure that like me, all of you can't wait to pop out of our little Zoom boxes and get back to life as we knew it, having the Zoom option made the quarantine a little more tolerable for all of us.

I for one am looking forward to this year's virtual gala, on Zoom, where we will be celebrating the 40th Anniversary of Rabbi Gerald and Robin Skolnik at the Forest Hills Jewish Center. 40 years represents a big part of our existence as a community. We are very lucky to have such stability and endurance in our leadership. It should not be taken for granted. I am looking forward to celebrating this event and cannot wait to see what the gala committee has planned for us. I hope that all of you will mobilize to make this Gala the most successful ever!!!

While we retreated to the virtual world for safety, we continue to get back to the sanctuary, from time to time, for the celebration of B'nei Mitzvot, and in doing so in as safe a manner as we know how and following the guidance from government and health experts. When you listen to our B'nei Mitzvah, you hear their heightened appreciation of what it means to become a Bar Mitzvah during a pandemic. And although their long-anticipated celebrations are different from what was previously planned, they are thankful to mark the day embraced (in person and virtually) by their family and their community.

Our lecture series this year, brought to us by our own Rabbi Skolnik, introduced us to speakers from near and far, some of whom were able to be with us because we are in a virtual world. These lectures are sponsored by the Sevin family in memory of Malvin Peace Sevin. Our

thanks are extended to the Sevin family for their generosity that enables us to create such a magnificent program.

Our Shabbaton At Home sessions continue, as are our weekly learning, entertainment and community programs. They surely keep us busy.

In a few weeks we will be celebrating Pesach, Chag H'aviv, the Holiday of Spring. I hope that you find a way to celebrate it, safely, with family and friends.

Immediately after Pesach we will commemorate Yom Hashoah to be followed by the celebration of Yom Ha'Atzmaut. As you know the Yom Ha'Atzmaut program is very near and dear to my heart. I can't wait until we can get together again and sing these beautiful Israeli songs I grew up with. Hopefully, next year. Until then we will have to stay virtual.

So, as I am writing this during yet another snow storm, I am looking forward like all of you to spring, to renewal and to fresh starts.

B'Shalom, Romi Narov



ADULT EDUCATION Judy Gostl and Lisa Levy

Shabbaton At Home has continued with an enthusiastic turnout of willing Zoomers. Josh Lowy, Jessica Braginsky, Rabbi ShimonYaakov Laxer and Rabbi Chana Thompson Shor taught in January and February. Recordings of their presentations are available on the FHJC website under the Adult Ed heading.

Nora Mandel will lead off March on Tuesday the 2nd with her intensive research into The Early Jews of Forest Hills Gardens. It is amazing what can be inspired by a brisk walk and keen curiosity. Many of us live in this neighborhood or routinely use it for our exercise walks. I know I want to learn more.

Jay Luger returns with the second part of his presentation By the Rivers of Babylon and the Destruction of Solomon's Temple. He led off the Shabbaton At Home series last December 26 and will return to complete the presentation of his research on Monday, April 26 at 8:00PM.

We conclude in May with Marcia Belgorod's discussion of The Kosher Meat Strike of 1902. In a nutshell, the wholesalers raised their prices, which in turn led the butchers to raise theirs, and the housewives on the Lower East Side rebelled successfully. It really is a great story! Save Monday May 24 at 8:00PM. This presentation had to be delayed from its originally scheduled date.

The most up-to-date information is always in the weekly online eShabbat Shalom.

Judy and Lisa

SURJE: Standing Up for Racial Justice & Equity

Looking to participate in open conversations about race and racial justice? FHJC SURJE, Standing Up for Racial Justice & Equity, has an exciting new project based on a competitive grant we recently received from the UJA. This March, join fellow congregants who were trained by Yavilah McCoy, a talented, Jewish diversity consultant from DIMENSIONS Inc. The trained facilitators come from nearly every demographic in the shul, so we can reach every member from nursery school parents to clergy. These conversations will be an open, non-judgemental space to discuss how we can make our community a safe space for all. Open to members of all ages and experiences. If interested, please RSVP using this link: bit.ly/FHJCtzedtalks Please email us with any questions at: FHJC.SURJE@gmail.com.





HEBREW LITERATURE GROUP

The Hebrew Literature Group continues to meet monthly by Zoom throughout the COVID period. We are studying poems that have been put to music, and hearing the music. Everyone can benefit, no matter your level of Hebrew proficiency. All selections are in Hebrew with English translation and discussion is in English. Our last meeting was on February 18th.

Please watch for announcements for our upcoming meeting in March. Mitchell Frank



Mondays, 1:30-2:45 PM via Zoom

Join Rabbi Skolnik each Monday on Zoom to discuss the fascinating weekly Torah portion.

See online calendar for Zoom link or click here.

Purim Day and Animal Dressup Day



100! Counting to 100, taking 100 steps, staying quiet for 100 seconds (that's hard), dressing like we are 100 years old. What a great way to celebrate 100 days in school. What a milestone for sure.

NEWS FROM NURSERY SCHOOL

Lynn Fisher

We were all so happy to leave 2020 behind us, right? We watched the ball drop and the calendar change but things didn't just return to "normal" - and really will they ever? We are faced daily with working twice as hard mundane tasks take longer, teachers are working harder than ever and need much more emotional and motivational support, our environments have changed, our community building has changed. It has been 1 year... Wow. I didn't want the focus of this article to be about stress and anxiety. We all feel it every minute of every day. I decided it would be more productive to focus on what motivates us. For me, I show up because I love teaching. Because I love the responses and inquiries that I receive from the families, staff and students that challenge me to think in new ways. For some it is because they want people to think well of them, that they are responsible. Or because it's their job - they are being paid. Maybe it's because we owe it to the families, who depend on us to love, nurture and support their children. At any one moment, any of these motives might be foremost in our minds - although for me if I really think about it, it is a combination of motives that get me to school on time and well prepared.

The stress and anxiety that I am feeling and seeing in my families, staff and students brought on by this global pandemic has changed our jobs as educators for the foreseeable future. We are therapists, health care providers, personal needs providers, maintenance workers constantly cleaning and washing hands. We are being pushed to innovate and reframe and engage. As a leader, I try to motivate and empower our teachers. Social emotional learning has always taken a front seat in our nursery programs. This year, our teachers have gained the knowledge and training they need to extend their foundation of SEL to address the stress our students are encountering now. The teachers have learned about the importance of taking care of ourselves, about meditation and how to recognize and manage their own stress and anxiety and then build on that knowledge to support our students. Some of us were more open to these ideas than others. This led me to think about what motivates someone to do something new, something out there and what motivates others to follow and continue on.

I am reminded of the story of Nachshon. Nachshon first appears in the Torah when he marries Aaron's sister. But he is better known for his courage standing at the steps of the Sea of Reeds. According to Midrash, when the Israelites were trapped between the Sea of Reeds and Pharaoh's army, seven days after leaving Egypt, Hashem gave Moses a command that seemed impossible to fulfill: "Speak to the people of Israel; they shall travel." The order was given to go forward, sea or no sea. But who would make the first move? At the time, Moses was praying to Hashem for help, Nachshon decided to take matters into his own hands and he leapt into the sea. At that moment, although each of the tribes hesitated, Nachshon's devotion and bravery became apparent. One man took the first steps into the water, with blind faith. Nachshon's name has become synonymous with courage and the will to do the right thing, even when it's not easy. Very often in life, including at work, we are put in the position to take that difficult first step. We must trust ourselves and our partners to expect that things will work out the way we intend. We all have a little Nachshon in us. We must, or we would never have been able to take on this new and uncharted school year. Nachshon's deed is a call to action. Just as Nachshon knew Hashem wanted Israel to move onward toward Sinai, so must we as educators, under no obligation to do so, move onward. We will do what we need to do. There was a sea in Nachshon's way, so he jumped in and plowed on toward his goal. The lesson for all of us is that we must stay focused on our mission and continue to plow ahead.

While 2021 will continue to test us, we are better prepared to meet these challenges with the tools we have learned. Not just in this moment, but long term.



EDUCATION AND ENGAGEMENT

Jessica Braginsky

Religious School Fosters Post-Traumatic Growth for Students

Lynn Fisher and I have been participating in a series of on-line classes called Looking Forward While Glancing Back, offered by the Jewish Education Project. The classes are an opportunity for educators to process the past year and channel growth towards a healthier and brighter 2021. The facilitator is Dr. Betsy Stone (more about her later). This series supports educators as we explore and conceptualize re-entry into a post-COVID world for ourselves, our learners, and our families.

As we move forward from 2020 through 2021, the Religious School is poised to use our inherent strengths to give our students the opportunity to process their trauma in a way that could lead to growth. The parts of the FHJ Religious School curriculum and learning environment that could foster this growth will be inherent strengths to give our students the opportunity to process their trauma in a way that could lead to growth. The parts of the FHJ Religious School curriculum and learning environment that could foster this growth will be processing our experiences from the recent past. Our Bet, Daled, Hay and Vay classes wor

Dr. Stone has centered our learning on what experts know about trauma. Her definition of trauma is: the response to a deeply distressing or disturbing event that overwhelms an individual's ability to cope, causes feelings of helplessness, diminishes their sense of self and their ability to feel a full range of emotions and experiences.

In our first class we discussed how our past year living through COVID, political upheaval, uncovering of racial injustice and violence and all that has made this year feel chaotic and stressful has led to slow-motion trauma for us all to a greater or lesser degree. Trauma changes us. It can damage us. It can also spark growth.

Research has identified certain ways that we can see post-traumatic growth. Some of these are

- Developing a new or heightened awareness of our personal strengths.
- Reprioritizing our values
- A new appreciation for life and its blessings
- Spiritual development which may coincide with enhanced religious ritual observance.
- Creativity
- Relating to others with more compassion or altruism.

One key factor in post-traumatic growth is being surrounded by a community that cares for and values those who have experienced trauma.

the Religious School is poised to use our inherent strengths to give our students the opportunity to process their trauma in a way that could lead to growth. The parts of the FHJC Religious School curriculum and learning environment that could foster this growth will be highlighted and more directly connected to processing our experiences from the recent past. Our Bet, Daled, Hay and Vav classes work particularly on Jewish values and exploring personal strengths through social and emotional learning. Our minyan and our Klei Kodesh mindfulness program promote appreciation in our students for their blessings and heighten their spirituality. Technology has been harnessed by our teachers to nurture creativity. And "chesed," compassion, is modeled by our faculty in all aspects of FHJC learning and the caring way that our teachers value each and every student.

We are also working hard to support our students' wellbeing by linking self-care and interpersonal connection with our students' Jewish learning. We have been selected as a pilot school by the Blue Dove Foundation for their Jewish Women and Girl's Summit. Using Jewish text and open conversations with peers and adults, our students in 3rd-5th grade will learn how to cope with emotional issues through open communication with both friends and the main female adult in their lives. This will be led by Dr. Betsy Stone and a parallel program for boys will be led by Aaron Yavelberg, MSW.

At FHJC Religious School we are focusing on the needs of our learners as we link Judaism's powerful message of hope, gratitude and resilience to the everyday lives of our students.



De-Stress with FHJC

Mondays, 5:00 pm via Zoom

Warm company and professional support from Mitchell Frank and Ariela Frieder. Come share your concerns and hopes. See the FHJC listsery for the link.

The Good Place Watch Party

Wednesdays, 4:30 PM via Zoom

Watch an episode of The Good Place with your FHJC friends. We begin with a recap, so you can join in even if you have never watched the show before. And if you have, it's even funnier the second time. See the FHJC listsery for the link.



SISTERHOOD
Debra Weil

There are certain dates and times that seem to serve as mileposts in one's life, both personal and public. These help us to identify significant times in each of our lives: "That was when I started High School;" "Before I was married;" "The year when we first had the Seder in the Living Room;" and so on.

March 14, 2020 is a Shabbat that delineates time into "before" and "after." That Shabbat I sat on the Bimah at the final Pre-COVID Era Bar Mitzvah at FHJC. Many of us at services that day had an awareness that we were witnessing the end of something (at least temporarily, we thought). It's hard to

remember back to a time when we all felt comfortable gathering together in shul without even thinking about it; when we could run out to the store without a mask, and not look to see how many other people were in the store already; when we went to the movies, to a restaurant, or to visit friends and relatives and spent time together leaving each other with a hug or a kiss. Now, a short 52 or so weeks later, we have become accustomed to (and even somewhat comfortable) with Shabbat services in our living rooms, seeing precious friends and loved ones in small boxes on a Zoom screen, and now would feel somewhat naked should we leave home without a mask (or even two) firmly over our noses and mouths. Even when together in person, we are nervous, maintaining our distance, and unable to see smiles, frowns, or anything other than someone's eyes. We are able to share and celebrate with friends and relatives who are far away, but haven't seen our neighbors in months.

This year on March 14th, as we celebrate Rosh Hodesh Nisan, Sisterhood is proud to be presenting a Virtual Tour of the Kotel, with representatives from Masorti and Women of the Wall, and learn about "The Kotel: A case study for Jewish Pluralism in Israel." The Kotel, reminding us of the Second Temple, is a wonderful example of how the Jewish People have found ways throughout history to adapt to external changes, find a way to maintain our tradition along with changes, so as to maintain ourselves in our ever changing worlds.

I hope to "see" you at upcoming programs and holiday celebrations.

L'shanah Haba-ah b'Yerushalayim - Next Year in Jerusalem but if not there, then L'shanah Haba-ah b'Forest Hills Jewish Center B'yachad - Next Year in Forest Hills Jewish Center TOGETHER.

-Debra Schlesinger Weil



WEEKLY ONLINE LEARNING ShimonYaakov Laxer

Our weekly Isaiah Havura continues to go strong, as we continue making progress throughout the section of the book of Isaiah known as "Isaiah's Apocalypse"! The author of this section, who might not have been Isaiah himself, is one of the most playful of poets in the TaNaKh, relishing opportunities to play around with words and sounds as he describes in vivid detail what the totality of humankind has to look forward to if we fail to rise to the responsibility of acting as the Almighty knows we can. (Spoiler alert – It's not pleasant!) The imagery is stunning, and the music of the words and sounds is captivating, taking on almost a mystical, or a magical quality at times.

Our meeting time is Friday morning from 10:15 until 11:30. All newcomers welcome! We read all texts in both Hebrew as well as English.

Feel free to reach out to me for the ZOOM link or with any questions at shimon_yaakov@aol.com.



Save the Date—Wednesday evening, April 14 at 7:30PM for our annual Yom Ha'atzma'ut Zimriyah/Song Festival, in observance of Israel's 73rd birthday!

We will sing to Israel's vitality and strength, in loving memory of Arie Avidor.

Watch for more details — we look forward to celebrating with you (on Zoom)!

MAZAL TOV TO OUR B'NEI MITZVAH



Avi Benjamin Monaco

Bar Mitzvah, March 13, 2021

Avi attended the Forest Hills Jewish Center's preschool and kindergarten, and now attends the FHJC Religious School along with his younger brother, Jonah. Avi is a seventh–grade honors student at Halsey JHS, and enjoys being a part of the Podcast and Coding Clubs. Avi is always looking for ways to help others, looking for ways he can make an impact on the world around him. Avi popped up on his first surfboard when he was about seven years old, and has enjoyed surfing with Sababa ever since! This summer, Avi hopes to return to Sababa Beachaway camp to hone his surfing and sailing skills. A HUGE MARVEL fan, Avi knows every character and loves finding out more about who they are and their motivations and powers. For his Bar Mitzvah Project, Avi set up a food drive in his building, collecting more than 650 pounds of food for City Harvest.



Elias Benjamin Frater

Bar Mitzvah, March 21, 2021

Forever boasting of the fact that he was born 3 minutes ahead of his sister, Livia, Elias is filled with anticipation and excitement as he steps onto the bimah. Along with his sister, Elias has attended FHJC Hebrew school since the first grade. He is now in 7th grade at Stephen A. Halsey Junior High School. Elias' first love, apart from his proud and exhausted family, are his cats: Massimo, Minimo and Captain Snowpants. For his Mitzvah Project, Elias raised funds for the North Shore Animal League. He has many friends in the neighborhood and enjoys playing baseball and soccer, using his scooter and biking with them. Elias has many creative outlets and utilizes all of them. We hope his keen sense of humor serves him well in the years ahead.



Livia Maya Frater

Bat Mitzvah, March 21, 2021

A baker, artist, and promising chess hustler, Livia is proud of the fact that she sometimes humiliates her brother in that game and put a temporary end to his boasting. On pins and needles awaiting her Bat Mitzvah, Livia has attended Forest Hills religious school since the first grade. She is now in 7th grade at Stephen A. Halsey Junior High School. Livia loves softball even when her team loses. She cannot wait to attend Perlman Camp in Lake Como, PA this summer. Livia has been reading a great deal on the Holocaust and her budding intellect, combined with an old soul, led her to a Mitzvah Project raising funds for Yad Vashem in Jerusalem.



Sascha Gordon-Zolov

Bar Mitzvah, April 24, 2021

Sascha is very excited to be celebrating his Bar Mitzvah at the Forest Hills Jewish Center, where he has been a student in the Religious School since Kindergarten. He is currently in eighth grade at Q300, a gifted and talented school in Astoria. Sascha is passionate about math and music. He participates in math and chess competitions at Q300 and plays piano at USDAN camp for the arts during the summer. He likes to bake with his sisters and to solve math puzzles and play chess with his grandfather. He also enjoys sports, particularly baseball and soccer. When Sascha was in seventh grade, his family spent five months in Santiago, Chile, and he had the opportunity to travel to Argentina, Uruguay and Peru. Sascha loves animals and has a special fondness for cats. He is grateful to Rabbi Skolnik, Hazzan Rosenblum and all of his teachers at the FHJC for opening up the world of Hebrew and Jewish history and culture to him.

Schedule of Services

Unless otherwise indicated, our current schedule of services is as follows:

Limud, Weekday evenings -- Zoom, 7:30 PM

Friday Kabbalat Shabbat, Zoom, See calendar

Shabbat Morning, In-Person (By RSVP), Zoom, 9:30 AM/Zoom only, 10:00 AM

Havdalah, Zoom, See Calendar

All services/ events/classes will meet on Zoom unless otherwise noted.



PASSOVER IS COMING!

Chag Sameach!

See page 13 for more information about preparing for Pesach, including this year's Saturday night seder.

~ March 2021 – Adar/Nisan 5781 ~										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
	1	2	3	4	5	6				
	17th of Adar	18th of Adar	19th of Adar	20th of Adar	21st of Adar	22nd of Adar				
	1:30pm Par'shat	2pm Sisterhood	4:30pm The Good	7:30pm Limud	10:30am Study with	Parashat Ki Tisa				
	Hashavua Study with	Woolgatherers	Place		ShimonYakov	Shabbat Parah				
	Rabbi Skolnik	7:30pm Limud	7:30pm Limud		5:34pm Candle	10am Shabbat Services				
	5pm De-stress with	8pm Shabbaton At			Lighting	6:30pm Havdalah				
	Mitchell Frank and Ariela Frieder	Home: Nora Mandel			5:45pm Kabbalat Shabbat	o.sopiii navaalaii				
	7:30pm Limud									
7	8	9	10	11	12	13				
23rd of Adar	24th of Adar	25th of Adar	26th of Adar	27th of Adar	28th of Adar	29th of Adar				
7:30pm Limud	1:30pm Par'shat Hashavua Study with	2pm Sisterhood Woolgatherers	4:30pm The Good Place	2pm Sisterhood Daytime Readers	10:30am Study with ShimonYakov	Bar Mitzvah of Avi Monaco				
	Rabbi Skolnik	7:30pm Limud	7:30pm Limud	7:30pm Limud	5:42pm Candle	Parashat Vayakhel-				
	5pm De-stress with	8pm The Kominsky			Lighting	Pekudei				
	Mitchell Frank and	Method-Men's Club			5:45pm Kabbalat	Shabbat HaChodesh				
	Ariela Frieder				Shabbat	9:30am Shabbat				
	7:30pm Limud					Services (Zoom and in Person by RSVP)				
						6:40pm Havdalah				
14 Daylight Saving	15	16	17	18	19	20				
Begins	2nd of Nisan	3rd of Nisan	4th of Nisan	5th of Nisan	6th of Nisan	7th of Nisan				
1st of Nisan Rosh Chodesh Nisan	1:30pm Par'shat Hashavua Study with	2pm Sisterhood Woolgatherers	4:30pm The Good Place	5pm Hebrew Literature Group	10:30am Study with ShimonYakov	B'nai Mitzvah of Elias and Livia Frater				
10:30am Sisterhood	Rabbi Skolnik	7:30pm Limud	7:30pm Limud	7:30pm Limud	6pm Kabbalat	Parashat Vayikra				
Rosh Hodesh Celebration	5pm De-stress with Mitchell Frank and	8pm The Kominsky Method-Men's Club		8pm FHJC Board of Trustees Mtg.	Shabbat 6:49pm Candle	9:30am Shabbat Services (Zoom and in				
3pm FHJC Gala	Ariela Frieder				Lighting	person by RSVP)				
Honoring Rabbi &	7:30pm Limud				0 0	7:45pm Havdalah				
Robin Skolnik										
7:30pm Limud										
21	22	23	24	25	26	27				
8th of Nisan	9th of Nisan	10th of Nisan	11th of Nisan	12th of Nisan	13th of Nisan	14th of Nisan				
7:30pm Limud	1:30pm Par'shat	2pm Sisterhood	4:30pm The Good	Ta'anit Bechorot	Shabbat Haggadol	Parashat Tzav				
	Hashavua Study with	Woolgatherers	Place	7:30pm Limud	10:30am Study with	Shabbat HaGadol				
	Rabbi Skolnik	7:30pm Limud	7:30pm Limud		ShimonYakov	10am Shabbat Services				
	5pm De-stress with Mitchell Frank and	8pm The Kominsky Method-Men's Club			6pm Kabbalat Shabbat	7:30pm Maariv/ Erev Pesach Gathering				
	Ariela Frieder				6:57pm Candle	8pm Candle Lighting				
	7:30pm Limud				Lighting	8pm First Seder				
28 Passover	29 Passover	30 Passove	31 Passover							
9:30am Pesach, Day 1,	10am Services	2pm Sisterhood	4:30pm The Good							
	8:05pm Havdallah	Woolgatherers	Place							
RSVP) and Zoom		7:30pm Limud	7:30pm Limud							
8:03pm Candle Lighting		8pm The Kominsky Method-Men's Club								

Schedule of Services

Unless otherwise indicated, our current schedule of services is as follows:

Limud, Weekday evenings -- Zoom, 7:30 PM

Friday Kabbalat Shabbat, Zoom, See calendar

Shabbat Morning, In-Person (By RSVP), <u>Zoom</u>, 9:30 AM/Zoom only, 10:00 AM

Havdalah, Zoom, See Calendar

All services/events/classes will meet on Zoom unless otherwise noted.



Final sisterhoodefhic.org to receive the Zoom link.

~ April 2021 – Nisan/lyyar 5781~										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
			7750	1 Passover	2 Passover	3 Passover				
				19th of Nisan	20th of Nisan	21st of Nisan				
				7:30pm Limud	10:30am Study with	10am Shabbat Services				
					ShimonYakov	8:05pm Candle Lighting				
					6pm Services, Erev 7th Day Pesach	8:10pm Havdalah				
					6:57pm Candle Lighting					
4 Passover (End)	5	6	7	8	9	10				
22nd of Nisan	23rd of Nisan	2pm Sisterhood	25th of Nisan	Yom HaShoah	10:30am Study with	28th of Nisan				
9:30am Pesach Services/Yizkor (In	1:30pm Par'shat Hashavua Study with	Woolgatherers	4:30pm The Good	7:30pm Limud	ShimonYakov	Parashat Shmini				
		7:30pm Limud	Place		6pm Kabbalat	Shabbat Me'v'ar'chim				
person by RSVP, and ZOOM)	Rabbi Skolnik	1 '	7:30pm Yom		Shabbat	Chodesh Iyyar				
8pm Havdallah	5pm De-stress with Mitchell Frank and	Method-Men's Club	Hashoah Program		7:11pm Candle Lighting	Shabbat Services (TBD) 8:05pm Havdalah				
	Ariela Frieder 7:30pm Limud									
11	12	13	14 Yom HaZikaron	15 Yom	16	17				
29th of Nisan	30th of Nisan	1st of lyyar	2nd of lyyar	HaAtzma'ut	4th of lyyar	5th of lyyar				
7:30pm Limud	Rosh Chodesh Iyyar	Rosh Chodesh	Yom HaZikaron	3rd of lyyar	10:30am Study with	Parashat Tazria-				
	1:30pm Par'shat	lyyar	4:30pm The Good	Yom	ShimonYakov	Metzora				
	Hashavua Study with	2pm Sisterhood	Place	HaAtzma'ut	6pm Kabbalat	Shabbat Services (TBD)				
	Rabbi Skolnik	Woolgatherers	7:30pm Yom	7:30pm Limud	Shabbat	8:15pm Havdalah				
	5pm De-stress with	7:30pm Limud	HaZikaron/Yom		7:19pm Candle					
	Mitchell Frank and Ariela Frieder	8pm The Kominsky Method-Men's	Ha'Atzma'ut Program		Lighting					
	7:30pm Limud	Club								
18	19	20	21	22	23	24				
6th of lyyar	7th of lyyar	8th of lyyar	9th of lyyar	10th of lyyar	11th of lyyar	12th of lyyar				
7:30pm Limud	1:30pm Par'shat Hashavua Study with Rabbi Skolnik	2pm Sisterhood Woolgatherers	4:30pm The Good Place	7:30pm Limud	10:30am Study with	Bar Mitzvah of Sascha				
7.30pm Eimaa				Trustees Mtg. 6:30	ShimonYakov	Gordon-Zolov				
		7:30pm Limud	7:30pm Limud		6:30pm Kabbalat	Parashat Achrei Mot-				
	5pm De-stress with	8pm The Kominsky			Shabbat	Kedoshim				
	Mitchell Frank and Ariela Frieder	Method-Men's			7:33pm Candle Lighting	9:30am Shabbat Services (In Person, by				
	7:30pm Limud	Club			Ligituing	RSVP and Zoom)				
						8:20pm Havdalah				
25	26	27	28	29	30 Lag B'Omer					
13th of lyyar	14th of lyyar	15th of lyyar	16th of lyyar	17th of lyyar	18th of lyyar					
7:30pm Limud	Pesach Sheni	2pm Sisterhood	4:30pm The Good	7:30pm Limud	10:30am Study with					
	1:30pm Par'shat Hashavua Study with Rabbi Skolnik	Woolgatherers	Place		ShimonYakov					
		7:30pm Limud	7:30pm Limud		6:30pm Kabbalat Shabbat					
	5pm De-stress with	8pm The Kominsky Method-Men's			7:33pm Candle					
	Mitchell Frank and	Club			Lighting					
	Ariela Frieder									
	7:30pm Limud									
	8pm Shabbaton at									
	Home - Dr. Jay Luger									

Acknowledgements

PULPIT FUND

Roz Okun – in honor of the birth of Levi Max Ellman Ellen & Mike Cogan – in gratitude to Temma Kingsley – "thank you for always being there"

Linda Alberts – in gratitude to **Rabbi & Robin Skolnik Leah Katz** – in gratitude to **Rabbi Skolnik** for being there when her mother, **Ruth Goldschmidt** passed away

Romi Narov - in memory of Murray Miller

Romi Narov - in memory of Leonard Fassler

Roz Okun - in memory of Edith Levine

Roz Feuer - in memory of Edith Levine

Lee Lampert - in memory of Edith Levine

Marian & Martin Krasilovsky – in memory of Edith Levine

JACK VOGEL FUND

Elaine Vogel – in honor of her granddaughter, Jamie Samantha Glass graduating with honors, Suma Cum Laude from Columbia University School of Social Work & Receiving her license to practice in NY. She is the daughter of proud parents Beth Vogel Glass & Alan Glass

Ruth Barnett – in memory of beloved father, Samuel
Ruth Barnett – in memory of beloved sister Hannah Barnett
(former member)

YOUTH ACTIVITIES FUND

Joanne & Haskell Klaristenfeld – in honor of the birth of Rita & Michael Lieberman's grandson, Levi Max Ellman
Joanne & Haskell Klaristenfeld – in honor of the birth of Lottie & Henry Burger's great grandson, Levi Max Ellman
Gerald Saks – in honor of the B'Nei Mitzvah of Abigail & Jacob Chase

Gerald Saks – in honor **Abigail & Jacob Chase's** grandfather, **Jerrold Berkson**

Nancy & Richard Chase – in honor of the B'Nei Mitzvah of their children Jacob & Abby Chase

Nancy & Richard Chase – in gratitude to Judy Beizer Monica, Ezra, Caroline & Evelyn Lagnado – in memory of Aron Friedlich (21st yahrzeit)

Pauline & Mark Raphael & Family – in memory of mother and grandmother, **Laura Vogel** (yahrzeit)

HAZZAN'S MUSIC FUND

Monica Lagnado – in honor of Lorain Wankoff being honored by Sisterhood

Life Cycles

מזל טוב Mazal Tov

...to those in our Center family who are celebrating a simcha: to Karen Stein and Adam Monaco on the Bar Mitzvah of their son, Avi

to Marina and Daniel Frater on the B'nei Mitzvot of their children, Elias & Livia

to Terri Gordon Zolov and Eric Zolov on the Bar Mitzvah of their son, Sascha

המקום ינחם Hamakom Y'nahem המקום ינחם

...may God grant comfort and consolation to those who have lost a loved one.

We mourn the loss of our dear Center members:

Edith Levine Murray Miller Ellen Sturm

May their memories be for a blessing



Please visit

www.fhjc.org/hametz/ to authorize Rabbi Skolnik to sell your Hametz for Passover 2021.

PASSOVER 5781, COVID-19 & THE SATURDAY NIGHT SEDER

Excerpts from Rabbinical Assembly Kashrut Subcommittee Recommendations for Passover 5781 in Light of COVID-19

A few tips to keep in mind when purchasing food for the seder:

Matzah - One is obligated to avoid hametz throughout Passover, but the obligation to eat matzah is limited to fulfilling the rituals of the first/second night seder alone. Therefore, communities should ensure that each home has at least enough matzah for each person to fulfill the obligation of אכילת מצה, eating matzah, for [each] seder. Think, basically, about one piece of matzah per person, per seder.

Karpas - Can be any vegetable. [In Israel, boiled potato is a common food for karpas]

Maror - Horseradish and Romaine Lettuce are most commonly used. If either is not available (though they should be), people are encouraged to find other bitter, earth-grown, vegetables.

Egg and Roasted Shankbone on Seder Plate - A roasted beet and rice (if consuming kitniyot) in place of the shankbone and egg. (Pesahim 114b)

Kashering/Cleaning:

This may be one area in which not much has to change, for many households. The directions are laid out in the CJLS Pesah Guide. Cleaning this year, again, may actually be a bit more difficult as many of us have been in our homes living differently than normal. But the general rule is, places must be well-searched and specifically cleaned for hametz only if it's a place for which and in which hametz is normally consumed and cooked. Furthermore, the prohibition of owning & seeing hametz applies specifically to amounts of pure hametz that is at least the size of an olive (k'zayyit). This is your yearly reminder that dirt is not hametz.

Destruction of Hametz/Bi'ur Hametz and Bittul Hametz/Renouncing of Hametz:

It is a mitzvah to search for and destroy Hametz. If cleaning is unusually difficult this year due to conditions of isolation, it is well to remember that at the end of that process we renounce "all hametz whether I am aware of it or not." If cleaning is sufficient to protect against obvious contact with hametz, we can rely on the formula of bittul (renunciation).

Please visit

https://www.rabbinicalassembly.org/story/kashrutsubcommittee-recommendations-pesah-5781 for additional recommendations and information as well as links to the **Passover Guide.**

A note on Passover that begins on a Saturday night:

When Passover starts on a Saturday night, "Erev Pesach" is stretched over three days.

- The fast/feast of the firstborn, which would normally be on Passover eve, is pushed two days earlier, so that we do not have to fast on Shabbat or Friday. So, the traditional Siyyum for the firstborn will be held on Thursday morning.
- Then, **Thursday night** is when we search for Hametz by candlelight.
- Kitchens should be completely switched over to kosher for Passover and we get rid of almost all our hametz by burning or selling it by the sixth hour of the day on Friday.

But what about challah on Shabbat?

For Shabbat meals, there are two solutions:

1. Eat hametz, but very carefully. The hametz sale document, and the way that we dispose of hametz, has a loophole for any hametz that web are planning to eat on the rest of Friday evening or Shabbat morning. We can therefore hold back enough challah for Shabbat dinner and Shabbat lunch (this is a great time for paper plates or outdoor dining). We finish eating the hametz by the fifth hour, and dispose of any leftovers by the sixth. Leftovers can be discarded--rendered inedible. At that time, we recite the "Kol Chamira" formula (normally recited when burning the hametz) that cancels any remaining hametz.

2. "Egg Matzah" is not technically considered Matzah, but is also not hametz, as it is similar to bread. So, it's possible to use two sheets of it in the place of challah, and thus be totally kosherfor-Passover.



Book of Remembrance

On the eighth day of Pesach, as on all other designated holidays when Yizkor is recited, Rabbi Skolnik will read the names of those inscribed in the Book of Remembrance.

Davora Abraham Yakov Hassid Abraham David Abrahams Madeline Abrahams Barney W. Adler Henrietta K. Adler Esther Anapolsky Samuel Anapolsky Arthur Ball Otto Josef Baruch Berthold Bear Lisa Bear Martin Bear Toni Bear Victoria Benghiat Ida Benghiat Edwin Berger Julie Berger Sol Berley Sydell Berley Jean Roberta Biegelson Sidney Biegelson Edward Birnbaum Evelyn Blum Robert Blum Abe Blumstein Rabbi Baruch Micah Bokser Kallia Bokser Rabbi Ben Zion Bokser Aaron Broder Jennie Broder Sylvia Broder Milton Bruck Ruth Bruck Dora Butnick Milton Butnick Irving Cahn Hugo N. Cahnman Elaine Charap Hyman Sid Citron George DePinna Marcia DePinna Abram Dykerman Alfred Dykerman Erna Dykerman Herman Dykerman Ester Dylewski Lola Eckstein Helene Falik Estelle Feiner Sonia Gurewitz Fink Abraham Obiedzinski Fink Philip Fogelman Rose Fogelman Pauline Fox Randy Fox Sam Fox Stella Frank John Steven Fuchs Josef Samuel Fuchs

Rosalie Fuchsbera Meyer Fuchsberg Dr. J. Savin Garber Syd Garber Faith Garfield Philip Garfield Benedicto Geber Marta Geber Feiga Rosa Ginsburg Albert Glazer Cecelia Glazer Clara Glazer David Glazer Gussie Glazer Arnold Glick Fannie Glick Irving Glick Max Glick Ruth Rhoda Glick Helen Goldenberg Sherry Sue Goldenberg Martin Goldman Lola Joy Goldman Celia Goldman Norman Peter Goldman Abraham Goldsmith Harold Goldsmith Mary Goldsmith Benjamin Goldstein Carl Goldstein Dave Goldstein Herb Goldstein Nettie Goldstein Rita Goldstein Cantor Isaac Gorsky Sylvia Gould Ann Grossman Cantor Erno Grosz Gertrude B. Gruenberg Jascha Gurewitz Bella Hahn Fred Hahn Celia Haims George Haims Joseph Haupt Celia F. Heiferman Cookie Heiferman (Esther Rose Signet) Solomon G. Heiferman Jean Claude Heilberg Ray F. Heitner Solomon Heitner Anna Heller Arthur Heller Jesse Heller Morris Heller Albert Hirsch Herta Hirsch Sybil Hyman Nathan Hyman Eva Lea Jaari

Lochem Avichai Jaari

Julius D. Kahn Kate Kahn Frances Kalikow Morris Kalikow Nathaniel Saul Kane Benjamin B. Katz Haskel Katz Helen F. Katz Miriam Katz Morris M. Katz Fred E. Katzner Gladys Kenner Max Kenner Herman Kingsley Marion Kingsley Henry Kletter Sophie Kohn Louis Kohn Aaron Korn Lillian Korn Fortuna Kovalsky Max Kovolick Leo Kra Adolph G. Kraus Samuel Kravitz Melanie Krieger Abraham Krumbein Sarah Krumbein Benjamin Krumholz Henry Krumholz Jack Krumholz Mera Krumholz Rose Krumholz David Kule Eugene Kule Geraldine Kule Philip Kule Isidore Kulichefsky Jennie Kulichefsky Barbara Kupferbera Herbert Kupferberg Cantor David Kusevitsky Elaine Kusevitsky Patricia Lily Kusevitsky Harry B. Lader Helen J. Lader Murray Landau Dorothy Lapin Samuel Lapin Elayne Leef Larry Leef Mark Leef Rabbi Albert Leeman Edward Lehem Fortuna Lehem Marco Lehem Palomba Lehem Sol Lehem Charles Leibler Frieda Leibler Abraham Lerner

Clara Lerner

Maurice Lerner

Joseph Lestz Leon Levin Charles Levy Pearl Levy Ludwig Loewenstein Margaret Loewenstein Dr. Jack London Dr. Edward Mahlab Suzette Mahlab Lionel Malamed David Maryasin Leopold Lipot Mayer Rose Guttman Mayer Theodore Mayer Michael Mayorowitz Gertrude Mayorowitz Lukacs Harry Mesard Lily R. Mesard Rabbi Amos W. Miller Hannah B. Miller Chaskel Morgenstern Irene Morgenstern Carl J. Moskowitz Charlotte Moskowitz George Moss Irving Moss Jack Nelson Ruth Nelson Abraham Okun Celia Okun Theodore Okun Harvey L. Perlstein Jeanne S. Perlstein Isidore Platkin Shep Porter Tauba Potik Yefim Potik Perla Raphael Raphael Raphael Irwin Reich Stephen Reich Feiga Remetier Frank E. Riesenfeld Sylvia Rolnick William Rolnick Carla Rosenblum Bromberg Carolyn Rosenblum Lubin Howard Rosenblum Jonathan Rosenblum Dr. Louis Rosenblum Lillian Rosenthal Seymour Rosenthal Sidney Roth George Rozsa Toni Pernitz Ruda Sabina Safier Simon A. Safier Gladys Salup

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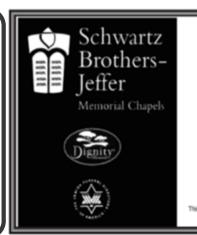
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